



# OCAsional news

VOLUME 5

MAY 1989

EDITOR: JANET ADAMSON

Men have dignity... only in so far as they share  
in the attempt to advance the common welfare. - A. Meiklejohn

## COLE'S NOTE

Well, here we are well into the month of May. By the time you read this Newsletter lots of camps will already be open for the season for all the groups that use our facilities prior to the official start of summer.

Every year about this time, I go into a semi-panic wondering how I can possibly get everything done prior to camp that I would like to and, every year, sure enough, just about everything is accomplished as we await the onslaught of hundreds of thousands of children in our care for the next few months. I guess it is the time of the opening ballgame each spring that gives me a mental slap to awaken me to the fact that there isn't long to go.

Enclosed with this Newsletter you will find a chart listing the six directors of OCA, their kindred group affiliations, their committee affiliations and the chairpersons of each committee with phone numbers.

Under the re-structuring of the Board - which is well underway - each director has specific responsibilities in certain areas. It was felt during the Operational Review that has taken place over the past few years that this breaking down of responsibility would allow for more accountability to everyone on the Board and Advisory

Council, and also more accessibility, so that the membership as a whole would have specific people that they could contact should they have a concern that they wish addressed by a committee or a kindred group. We recognize that there are a number of camps that don't readily fit into one kindred group and in fact may overlap into two or three.

If you have any concerns you should be able to contact the director who is most responsible for the group that your camp is affiliated with. For instance, Jim Blake has the responsibility for agencies and organizations. If your camp is one of the many camps in the OCA that is affiliated with a particular agency and you have a problem or you would like something addressed to the Board, then the appropriate method would be for you to contact Jim Blake directly. He will then be your spokesperson at the Board level. Similarly, Jim supervises both the standards and membership committees. You can either call Jim should you have any questions about these committees or, better yet, why not contact the committee chairs directly.

Should you wish to volunteer for a committee, all the phone numbers of the various chairs are enclosed and they would be happy to hear from you. Remember, OCA cannot function unless everyone shares in the responsibility of doing the work. If you



are not already on one of our committees, please call and volunteer. It is felt that this structure allows for a better flow of information in both directions and lets our membership have input at every level.

This is our first year with the new set-up and we are hopeful that there will not be too many hitches.

Should you have any questions, please feel free to call me. In the meantime, to those of you who are already at Camp, have a great summer. There will be one more Newsletter in June before all of us are off for the summer of 1989.

TED COLE  
President

### LET'S INTEGRATE TOGETHER!

A couple of years ago I was presented with an opportunity to pursue my career in camping with a non-profit organization in Metropolitan Toronto. At the time I was rather ambivalent about making the move, primarily because of the discomfort and uncertainty I felt around managing a 'specialized camp'. You see, this was a camp program specifically geared toward individuals with developmental handicaps. My experience had been fairly extensive in camping - day and residential setting, both the public and private sector - but I'd never been responsible for the operation of a 'special' program for children with 'special' needs.

Fortunately, I made the decision to accept the offer and opened the door to two incredible years of learning and personal growth. From living with and relating daily to campers with disabilities, some quite profound, many of my perceptions changed radically. Within a short time, I reached a level of personal comfort and understanding that I'd never approached before. I realized how so much of the personal distancing between people of varied abilities is created by those of us labeled 'normal'. Few of us get the opportunity to know the person behind the disability: to communicate with a youngster who is non-verbal, to dance up a sweat with a young girl in a wheelchair, or to share a high five on the basketball court with a

child who has Down Syndrome.

I used to be wary about accepting certain campers with special needs into 'regular' camps for the very same reasons I see and hear from Directors today. Out of their concern, they are fearful about being able to adequately meet these youngsters' needs and provide a safe environment. They are also anticipating the unknown - wondering how the other campers will react to their presence in the cabin, how to program for them as part of a group and not hold others back, whether the parents of other campers will react negatively to their participation. All of these reactions are understandable and natural. But that can be overcome through the combination of learning, familiarity and sound planning. The truthful reality for me has been that the most complex, difficult and disruptive behaviours I had to confront in over twenty years' experience occurred in 'normal' camps by 'normal' children from 'normal' homes. Our mistake has been in believing that those kids who look and sound most different will be the most difficult to supervise. Our methods of categorizing children and assessing their potential to participate in our camp programs have in many cases not been accurate.

These words are not meant to pass judgement on others' actions, but to encourage reflection and an examination of our thoughts and perceptions regarding this issue. They are also intended to help develop more openness and flexibility in Directors to perceive potential campers on an individual basis, not through the customary labels that have built up social barriers over the years.

In the coming months, representatives from the Integration Committee of OCA will continue to share their personal experiences and thoughts as well as resourceful information on integration projects. Integration is presently occurring out in our communities successfully; within school boards, municipal recreation departments and summer camp programs. We hope to share those experiences with you in the OCA'sional News. We appreciate having the opportunity to do so and welcome calls from readers who wish to explore them with us more fully.

LARRY HIMEL  
Director of Leisure and Recreation Services  
Reena Foundation



## THIS 'N' THAT

### **Congratulations to Canadian Adventure Camp!**

A Corporate Sports and Fitness Citation was presented to the Canadian Adventure Camp during a special recognition ceremony at the Sheraton Centre Hotel on Friday, April 7, 1989. Sponsored by the Premier of Ontario and hosted by the Ministry of Tourism and Recreation, Sports and Fitness Branch, this Corporate Citation is presented to corporations or sponsors who distinguish themselves through their contributions of staff involvement, funding, and/or equipment to fitness and amateur sport.

The Ontario Water Skiing Association proposed that the C.A.C. receive the citation. Skip Connett accepted the award during the ceremony when 27 corporations and/or sponsors were honoured; and attended the Sports Award banquet which followed.

### **Seneca College's Outdoor Recreation Co-op**

is probably known to all of us through the student volunteers seen in action on many fronts at the Annual Conference. Some of us know it more closely through employing students on summer (or winter) co-op work terms, or through employing graduates. Last summer, 60% of those enrolled in the program worked at OCA camps.

The program is a 'holistic' two year program aimed at developing students' personal potential and training them for work in outdoor/people related jobs. It is delivered at the rural King campus.

The flow of students into OCA camps is well-established. You might be able to contribute to the flow from camps, thus establishing a fully supportive cycle. If you have a staff member who is searching for appropriate post-secondary education you might counsel them to investigate this camp-related community college program.

**Nurses' Workshop** - The 9th OCA Workshop for health care staff will be held from May 27 at noon until May 28 at noon; the setting is Bolton Conference Centre. There will be information about AIDS, the role of the nurse, the record system and much more. Additional registration forms are available at the OCA office. Don't delay in contacting your health care staff to notify them of this opportunity!

## NEW COMMERCIAL MEMBERS:

Ancaster Outdoor Safety Inc.

P.O. Box 7426, Ancaster, Ont. L9G 4G4  
(416) 648-8216

Fox 40 (pealess) whistle, Black Fox Lanyard (neck), and "Smitty" Lanyard whistles

Gabi Music

Box 903 Station A, Toronto, Ont. M5W 1G3  
(416) 651-2024

Concerts for young audiences

Lorne Merkur & Sister

801 Eglinton Ave. W., Suite 404  
Toronto, Ont. M5N 1E3

(416) 785-0777/FAX (416) 785-6016

Custom printed & embroidered T-shirts, hats, sweats, etc.

The Nicholson Agency

11 Poplar Plains Rd., Toronto, Ont. M4V 2M7  
(416) 960-6036

Caps, T's, sweats, lapel pins, jackets, glassware, sox, shorts, etc.

The Palmer Group

2451 Dixie Road, Mississauga, Ont. L4Y 2A1  
(416) 273-6880

Wholesale distributors of food/paper/arts & crafts supplies

## **RESCUE BREATHING: 6 BASIC STEPS**

**1** Shake and shout gently.  
Shake the person to see if he is conscious. Ask, "Are you OK?" If there is no response:

**2** Call for help and tilt the head back gently, lift the chin to open the airway.

**3** Look, listen & feel. Look at the chest to see if it is rising and falling. Listen for the sound of breathing. Feel for air escaping the mouth with your hand or cheek. If you cannot see, hear or feel breathing:



**4** Pinch the nose and make a seal with your mouth on the victim's mouth and give two full breaths.



**5** Turn your head and look, listen and feel.



**6** Give a breath every 5 seconds. Continue until someone takes over from you.



Courtesy of



THE ROYAL LIFE SAVING SOCIETY CANADA



## HELP WANTED

North York-based day camp avidly seeking counsellors, specialists and senior staff. If interested please call Karen Nurit at (416) 636-1880.

## WHAT'S HAPPENING

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Are you  
"Calling All Your Counsellors"  
to invite them to our  
EXCITING  
INSPIRATIONAL  
EXCEPTIONAL  
EDUCATIONAL  
FUN...FUN...FUN  
1989 OCA COUNSELLOR CONFERENCE!

What a day we've got planned! BE THERE -  
Sat., May 27, 1989 - Lawrence Park College  
Institute, Toronto, Ont. Phone the  
OCA Office for more details!

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"SHARING OUR SIGHTS"

## ONTARIO CAMP DIRECTORS' WORKSHOP

June 1-4, 1989

Bark Lake, Ontario

ATTENTION PROGRAM STAFF:

There's something for everyone!

\*PROGRAMS & PROBLEMS CREATED BY A DAY CAMP  
SITE - Larry Bell

\*GAMES FESTIVAL - Rick Romman and Dave  
Paddock

\*ARE YOU PAYING YOUR STAFF ENOUGH? - Marc  
Cote

\*AN ADVENTURE IN CANOE TRIPPING FOOD -  
Carol Hodgins

\*FIRST IMPRESSIONS - Sally Moore

\*WONDERFUL WATERFRONTS - Marc Cote

\*ORIENTEERING COURSES - Mark Smith and  
Christine Kennedy

\*DEVELOPING YOUR OWN ROPES COURSE - Brian  
Lisson

There's something for everyone!  
Register Now!

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## O.C.A. Calendar of Events

O.C.A. Counsellor  
Conference.....May 27, 1989

O.C.A. Camp Nurses'  
Workshop.....May 27-28, 1989

Ontario Camp Directors'  
Workshop.....June 1-4, 1989

O.C.A. Skills  
Weekend.....June 9-12, 1989

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The 1990 Conference for Directors  
and Senior Staff

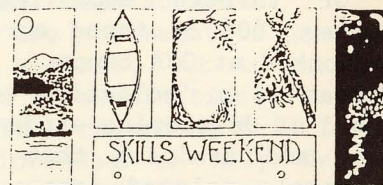
Camp...For the Time of Your Life!

January 25-27, 1990

Inn on the Park Hotel, Toronto

Plan Now! Information Available Soon!

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ONTARIO CAMP LEADERSHIP CENTRE  
BARK LAKE, ONTARIO  
JUNE 9-12, 1989

Share in a combined training  
program from various camp  
leaders in:

CANOEING SKILLS/LEADERSHIP

ECO-SKILLS/NATURE PROGRAMMING

FIRST AID/SAFETY WORKSHOP

ARTS/CRAFTS LEADERSHIP

Contact O.C.A. Office (781 0525)



ASSOCIATION DES CAMPS DU CANADA  
CONGRÉS NATIONAL 1989

**Célébration du centenaire des camps structurés pour les enfants au Canada**

Organisé par l'Association des camps de l'Ontario

Du vendredi 27 au lundi 30 octobre 1989  
au CENTRE DE CONGRÉS GENEVA PARK (ONTARIO)

**FORMULAIRE D'INSCRIPTION** • Un formulaire par délégué - Lettres carrées S.V.P.

Nom: prénom \_\_\_\_\_ nom \_\_\_\_\_

Adresse: rue \_\_\_\_\_ app. \_\_\_\_\_ ville \_\_\_\_\_ province \_\_\_\_\_ code \_\_\_\_\_

N° de téléphone: (     ) \_\_\_\_\_ Date de réception du paiement: \_\_\_\_\_ Montant inclus: \_\_\_\_\_

Camp: \_\_\_\_\_ Poste occupé: \_\_\_\_\_ Nombre d'année au camp: \_\_\_\_\_

Est-ce votre premier congrès national? Oui ☐ Non ☐ Nombre de congrès auquel vous avez participé: \_\_\_\_\_

Si possible, j'aimerais que soit mon (ma) camarade de chambre. \_\_\_\_\_ (Toutes les chambres sont à occupation double.)

Choix de sessions (Veuillez encerler chaque période.)

**samedi matin** 1 2 3 4 5

**samedi après-midi** 1 2 3 4 5

**dimanche matin** 1 2 3 4 5 6

**VOYAGE:** (Si vos arrangements ne sont pas encore déterminés, retournez cette section à une date ultérieure.)

Heure d'arrivée prévue: \_\_\_\_\_ a.m. \_\_\_\_\_ p.m. N° de vol \_\_\_\_\_ ligne aérienne \_\_\_\_\_ Aéroport \_\_\_\_\_

Je voyagerai par automobile: Oui ☐ Non ☐ Nom: \_\_\_\_\_

- La salle d'hôte de l'ACC de l'Hôtel Skyline sera ouverte de 7 h 00 à 14 h 45 le vendredi 27 octobre 1989. Si vous arrivez à Toronto très tôt, vous aurez le loisir de laisser vos bagages dans cette pièce et de visiter des amis dans la ville.
- L'autobus quittera l'Hôtel Skyline pour Geneva Park le vendredi 27 octobre 1989, à 14 h 45.
- L'autobus quittera Geneva Park pour l'Hôtel Skyline le lundi 30 octobre 1989, à 11 h 45.

Nous vous prions de faire vos arrangements selon cet horaire.

**TARIFS:** (Le prix complet comprend le transport aller-retour entre l'Hôtel Skyline et Geneva Park, les repas, l'hébergement, et tous les ateliers, cours et activités.)

**Inscriptions anticipées** (avant le 15 septembre 1989) - 210 \$ **Après le 15 septembre** - 250 \$



SI VOUS AVEZ DES QUESTIONS OU DÉSIREZ ENVOYER VOTRE PAIEMENT, ADRESSEZ-VOUS À:

**ASSOCIATION DES CAMPS DU CANADA**

1806 Avenue Road, Pièce 2 • Toronto, Ontario • M5M 3Z1 • (416) 781-4717



CANADIAN CAMPING ASSOCIATION  
NATIONAL CONFERENCE 1989

*Celebrating 100 Years of Organized Children's Camping in Canada*

Hosted by The Ontario Camping Association

Friday, October 27 to Monday, October 30, 1989  
GENEVA PARK CONFERENCE CENTRE, ONTARIO

**REGISTRATION FORM** • One form per delegate • Please print clearly

Name: First

Last

Address: Street

Apt. #

City

Province

Code

Phone: ( )

Date Payment Received:

Amount Enclosed:

Camp:

Position Held:

Years in Camping:

Is this your first National Conference? Yes ☐ No ☐

Number Attended

If possible I would like to room with \_\_\_\_\_ (All rooms are double occupancy)

Choice of Sessions (please circle one in each time slot)

**Saturday (a.m.)** 1 2 3 4 5

**Saturday (p.m.)** 1 2 3 4 5

**Sunday (a.m.)** 1 2 3 4 5 6

**TRAVEL:** (If your travel plans are incomplete, detach this travel section and return it at a later date.)

Anticipated Arrival Time: \_\_\_\_\_ A.M. \_\_\_\_\_ P.M. \_\_\_\_\_ Flt # \_\_\_\_\_ Carrier \_\_\_\_\_ Term'l

Anticipated Departure Time: \_\_\_\_\_ A.M. \_\_\_\_\_ P.M. \_\_\_\_\_ Flt # \_\_\_\_\_ Carrier \_\_\_\_\_ Term'l

I will be travelling by car. Yes ☐ No ☐ NAME:

- The CCA Hospitality suite at the Skyline Hotel will be open from 7 a.m. to 2:45 p.m. on Friday October 27th, 1989. If you are arriving in Toronto early you can drop your things and visit friends in the city.
- Bus departure from Skyline Hotel to Geneva Park Friday October 27th, 1989 at 2:45 p.m.
- Bus will depart from Geneva Park to Skyline Hotel on Monday October 30th, 1989 at 11:45 a.m.

Please make every effort to arrange your travel accordingly.

**FEES:** (Full Conference Package includes transportation from hotel to Conference and back to airport, meals and accommodation, all events, workshops and seminars).

**Early Bird Registration** (before September 15, 1989) - \$210.00 • **After September 15, 1989** - \$250.00



PAYMENT AND ENQUIRIES TO:

**CANADIAN CAMPING ASSOCIATION**

1806 Avenue Road, Suite 2 • Toronto, Ontario • M5M 3Z1 • (416) 781-4717



# CANADIAN CAMPING ASSOCIATION NATIONAL CONFERENCE 1989

GENEVA PARK CONFERENCE CENTRE  
ORILLIA, ONTARIO

**Friday October 27 to Monday October 30, 1989**

Hosted by The Ontario Camping Association

## ***PROGRAM AT A GLANCE***

### **Friday, October 27, 1989**

- 7:30 a.m. - 3:00 p.m.** CCA Hospitality Suite for early arrivals at Skyline Hotel (Airport Strip) Dixon Road
- 3:00 p.m.** Bus departure for Geneva Park Conference Centre
- 6:00 p.m.** Light dinner at Geneva Park
- Opening Ceremonies**
- Social** Evening hosted by Ontario

### **Saturday, October 28, 1989**

- 8:00 a.m.** Breakfast hosted by Saskatchewan
- 9:15 a.m.** Plenary Session - Sandy Queen
- 10:00 a.m. - 12 noon** Workshops
1. Workshop Design - Jim Flack
  2. The Use of Humour - Sandy Queen
  3. CCA Insurance Plan - Skip Connnett
  4. New Fitness Program - PARC
  5. Staff Training - Yves Legault (French)
- 12:00 noon** Fitness Break
- 12:30 p.m.** Lunch hosted by British Columbia
- 2 - 4 p.m.** Morning Workshops Repeated
- 4:30 p.m.** The Celebration Begins - hosted by the YMCA  
Time Capsule Ceremony
- 6:00 p.m.** Dinner hosted by Alberta
- Evening program** - hosted by YMCA

### **Sunday, October 29, 1989**

- 8:00 a.m.** Breakfast hosted by Manitoba
- 9:15 a.m.** Camp Service
- 10 a.m. - 12 noon** Workshops - Continued in the afternoon
1. Project Wild - Tom Purdy
  2. Christian Values in Camping - Paul Belanger (French)
  3. Staff Training - Robin Rose
  4. Managing Conflict - Bill Goodwin
  5. Focus on the Camper - Martin Hunt
  6. Integration of Special Needs Campers - Norman Kunc/Judy McGill
- Registration is required for these workshops
- 12:00 noon** Fitness Break
- 12:30 p.m.** Lunch hosted by Quebec
- 2 - 4 p.m.** Morning Workshops Continues
- 4:00 p.m.** Fitness Break
- 5:00 p.m.** Reception
- 6:00 p.m.** Closing Banquet - hosted by the Maritimes
- Evening Program** - Billy B. Brennan

### **Monday, October 30, 1989**

- 7:30 a.m.** Breakfast for Earlybird departures
- 10:00 a.m.** Farewell Brunch - hosted by CCA Board Members
- 12 noon** Bus Departure for Airport

### **CONFERENCE REGISTRATION**

**Before September 15, 1989 • \$210.00 full conference registration**

**After September 15, 1989 • \$250.00 full conference registration**

Limited registration - Register early



FOR MORE INFORMATION PLEASE CONTACT:

**CANADIAN CAMPING ASSOCIATION**

1806 Avenue Road • Toronto, Ontario • M5M 3Z1 • (416) 781-4717



# ASSOCIATION DES CAMPS DU CANADA CONGRES NATIONAL 1989

au CENTRE DU CONGRES GENEVA PARK  
ORILLIA (ONTARIO)

**Du vendredi 27 au lundi 30 octobre 1989**

Organisée par l'Association des camps de l'Ontario

## **COUP D'OEIL SUR LE PROGRAMME**

### le vendredi 27 octobre 1989

- 7 h 30 - 15 h 00** Salle d'hôte pour les personnes qui arrivent tôt à Toronto à l'hôtel Skyline (rue de l'aéroport) chemin Dixon
- 15 h 00** Départ de l'autobus pour le Centre du congrès Geneva Park
- 18 h 00** Dîner léger au Centre
- Cérémonie d'ouverture**
- Rencontres** Soirée organisée par l'Association des camps de l'Ontario

### le samedi 28 octobre 1989

- 8 h 00** Petit déjeuner organisée par l'Association des camps de la Saskatchewan
- 9 h 15** Séance plénière - Sandy Queen
- 10 h 00 - 12 h 00** Ateliers
1. Préparation d'ateliers - Jim Flack
  2. Utilisation de l'humeur - Sandy Queen
  3. Programme d'assurance de l'ACC - Skip Connett
  4. Nouveau programme de condition physique - PARC
  5. Formation du personnel - Yves Legault (en français)
- 12 h 00** Pause-exercice
- 12 h 30** Déjeuner organisé par l'Association de la Colombie-Britannique
- 14 h 00 - 16 h 00** Suite des ateliers de la matinée
- 16 h 30** Début des célébrations - organisées par le YMCA  
Enfouissement de la capsule témoin
- 18 h 00** Dîner organisé par l'Association des camps de l'Alberta
- Programme de la soirée** - organisé par la YMCA

### le dimanche 29 octobre 1989

- 8 h 00** Petit déjeuner organisé par l'Association des camps du Manitoba
- 9 h 15** Services de camps
- 10 h 00 - 12 h 00** Ateliers - se poursuivant dans l'après-midi
1. Projet «région sauvage» - Tom Purdy
  2. Valeurs chrétiennes dans les camps - Paul Bélanger (français)
  3. Formation du personnel - Robin Rose
  4. Gestion de conflits - Bill Goodwin
  5. Attention portée sur le campeur - Martin Hunt
  6. Intégration des campeurs ayant des besoins spéciaux - Norman Kunc/Judy McGill
- Il faut s'inscrire à ces ateliers.
- 12 h 00** Pause-exercice
- 12 h 30** Déjeuner organisé par l'Association des camps du Québec
- 14 h 00 - 16 h 00** Suite des ateliers de la matinée
- 16 h 00** Pause-exercice
- 17 h 00** Réception
- 18 h 00** Banquet de clôture organisé par les camps des Maritimes

**Programme de la soirée** - Billy B. Brennan

### Le lundi 30 octobre 1989

- 7 h 30** Petit déjeuner pour le départ des lève-tôt
- 10 h 00** Brunch d'adieu organisé par les membres du conseil d'administration de l'ACC
- 12 h 00** Départ de l'autobus à destination de l'aéroport

### INSCRIPTION AU CONGRÈS

**Avant le 15 septembre 1989**, les frais d'inscription sont de 210 \$

**Après le 15 septembre**, les frais d'inscription sont de 250 \$

Le nombre de participants est limité - inscrivez-vous sans délai



POUR PLUS DE RENSEIGNEMENTS, ADRESSEZ-VOUS À:

**ASSOCIATION DES CAMPS DU CANADA**

1806 Avenue Road, pièce 2 • Toronto, Ontario • M5M 3Z1 • (416) 781-4717



O.C.A. DIRECTORS AND COMMITTEE HEADS - MARCH 1, 1989-FEBRUARY 28, 1990

DIRECTOR	KINDRED GROUP AFFILIATION	COMMITTEE AFFILIATION	COMMITTEE CHAIRS
<b>Jim Blake</b> (519) 667-3300	Agencies and Organizations	STANDARDS	<b>Barb Gilbert</b> - (416) 921-7384
		MEMBERSHIP	<b>Sally Moore</b> - (416) 222-5703
<b>Jessica Breski</b> (416) 439-6241	Religious Camps	ENVIRONMENTAL	<b>Dave Newnham</b> - (705) 457-2132
		LEGISLATION	<b>Bruce Nashman</b> - (416) 489-5104
<b>Joanne Dwhyte</b> (416) 961-8100	Special Needs	CONFERENCES	<b>Marjorie Booth</b> - (416) 922-3714 (OCA Annual Directors' Conference.)
<b>Michael Greenbloom</b> (416) 736-4443	Commercial Members	DAY CAMPING	<b>John Harder</b> - (416) 439-3104
		AQUATICS	<b>Wendell White</b> - (613) 473-2877
<b>Catherine Ross</b> (416) 491-3894	Private Camps	EDUCATION	<b>Pauline Marston</b> - (416) 488-2077
		ARCHIVES	<b>John Jorgenson</b> - (705) 789-5612
<b>Patti Thom</b> (416) 444-5144	Individuals and Affiliates	PUBLIC RELATIONS	<b>Mike Moore</b> - (416) 975-0111
		NEWSLETTER	<b>Janet Adamson</b> - (416) 485-7322
<b>Diane Blair</b> (OCA Vice Pres.) (416) 485-8288	Regional Representatives		