



MAY 1990

EDITOR: JANET ADAMSON

"The nice thing about teamwork is that  
you always have others on your side" -- Margaret Carty

#### COLE'S NOTE

##### The Sap Is Running: It Must Be Spring

In each of the past three weeks I have driven up to camp for a day or two, waiting for those warm spring days that allow each of us to walk around our campgrounds, see what damage the winter has done and make all our notes for the work crews that will be in shortly. This year I have found cold, snow, and the ground still frozen as well as the lake, and the feeling that we probably won't have a spring at all that will march right into summer. The only people who seem happy about this situation are the many maple syrup producers in our area who are having their best run in about thirty years.

I enjoy being at camp at this time since I always get together with my local neighbours and help a little bit with their syrup operations. We have everything in our area from the old bucket method to the new plastic lines and vacuum systems which suck the sap right out of the trees. There is nothing nicer on this earth than taking fresh homemade bread and dipping it into hot syrup. It's a taste I look forward to every Spring. I am then usually brought back to reality when I wake up in the morning and walk around camp and see the volume of work that has to be done and wonder how it will all be accomplished in the little time prior to the first group of children arriving on the scene.

Somehow it always seems that the last bit of maintenance work is finished as the first buses roll in. As I walk around camp looking at all the familiar sights, I begin to long for the noise of young people all over camp and I know it won't be far off. As each of you get your own camp ready, you probably have the many of the same feelings. I haven't seen any of those warm spring day yet, but I know they won't be long in coming.

See you next month!

TED COLE  
President

**LET'S  
INTEGRATE  
TOGETHER**

A big town, a Junior High School student and a young child with Down Syndrome. An unlikely friendship, right? Well, maybe 20 years ago, but in today's age friendships like this one happen every summer at Camp Reena.

In 1988, I attended Reena's new integrated camp program along with 20 other non-disabled teens, 12-15 years of age. We were introduced to the great feeling of being on a peer level relationship with disabled children our same age. It was fantastic! - a growing and learning experience for all involved. Whether it was helping a new friend tie his shoe or assisting another to participate at a specialty area, integration was the way to go.

As a camper at Reena, I was instantly hooked on this new experience. It was so rewarding, not only for myself and the non-disabled campers, but for those with special needs as well. I learned as much that summer as one can learn at school or from a book. It wasn't taught to me by the staff either. I learned just from being around the campers on a daily basis and participating in various programs with them.

Sure, I was a little nervous at first, but within just a few days I forgot about any disabilities that any of the campers may have had. I looked at it as though, "Well, any 14 year old will act that way."

If more camps would open their doors to kids with special needs, I am confident that their programs would be even more enjoyable and meaningful for all concerned. Let's integrate together!

DARREN PHILLIPSON

**CONFERENCE  
TELEPHONE  
SURVEY**

As the Steering Committee began planning the 1991 Conference, it seemed appropriate and logical to consult the membership of OCA to determine if we were in fact meeting the needs and the expectations of our members. Therefore, it was decided to do a telephone survey of approximately half of the camp members. A sincere thank you to the Directors and Regional Representatives who made these calls during March and April: Patti Thom, Liz Greenway, Mykl Greenbloom, Jessica Breski, Brian Edey, Rick Romman and John Pearse.

For the most part you told us that the Conference Committees in the past have done an excellent job of providing a worthwhile, educational event. You told us to avoid repetition and to provide new and innovative speakers and programmes. We'll do our best! You can be assured that all of your programme suggestions of topics and speakers have been passed on to the appropriate committee members.

Several of you commented that late January is not an ideal time to attend a con-

ference because Senior Staff are often busy at school and some camps do not hire their staff until later in the year. We appreciate this problem, but the reality is that to stage an event of our size with a lot of programme choices and many exhibitors, we require a large hotel. But since we are registering hundreds and not thousands, the hotels will only cater to us in their less busy time. They are not willing to give us the necessary space in late February or March, prime convention time.

We are also aware that many camp directors are teachers. May we suggest that many school boards are willing to give time off to staff to attend suitable educational events. Our programme would certainly meet the criteria. Why not give it a try?

We also recognize that for members in the regions, the additional cost of travel makes the total cost high. We are in the process of applying for a government grant to assist delegates would live more than 200 miles from Toronto. You will hear more about this if we are successful.

Thank you to all the members who took the time to answer the survey questions and offer your opinions and suggestions. Your input will assist us as we endeavour to make the 1991 Conference the best yet!

CATHERINE ROSS  
Co-Chairperson,  
Conference '91 Committee

## THE GREEN SCENE

How many times have you said when throwing something in the garbage that you were throwing something "out" or "away"? Unfortunately, we all now know that there's no such thing as our garbage simply going "away", and the current garbage crisis in the City of Toronto is a good example of this.

We don't even have the satisfaction of blaming the mess on anyone else, especially if we look at ourselves and see our own daily contributions to it. What about our camps? Are they also producing a lot of garbage that will end up in some landfill site that was once a natural area, or that once was productive farmland? Are our camps role-modelling to our campers ways to live in a more responsible way in terms of garbage reduction?

Recycling is an excellent habit for your camp to get into, but this must occur once waste has been produced at camp. There are many ways to reduce the amount of waste produced at camp in the first place. In previous **Green Scene** columns we have discussed composting as a way to reduce the volume of garbage going to the dump. What about all the packaging that comes with our camp supplies? At a time of year when many camps are still involved in purchasing those last-minute supplies for summer, let's take a quick look at some areas around camp where packaging and garbage can be reduced.

In the kitchen, are you ordering any pre-packaged desserts, paper or foam cups or plates, and individual servings of butter, sugar, jam, peanut butter, etc.? Are there alternative ways that would mean less garbage being trucked out of camp each week? The garbage crisis is teaching us that it is worth the extra effort involved in washing reusable dishes and putting away leftover peanut butter and jam, even in a day camp setting where drinks or lunches are the only meals served. This is a great visual message to send to our campers as we eat surrounded by our beautiful natural camp setting.

What about tripping food? Many of the major suppliers of freeze-dried or otherwise convenient packages of trip food do use a great deal of plastic and foil. Are there alternative ways of supplying tasty and easy-to-pack food for your trips? Sturdy, re-sealable food containers do not break open as easily as plastic bags, and refillable ketchup and mustard "squeezeys" are more fun to use than biting and tearing at those individual plastic wrappers anyway! Isn't it strange that we diligently "pack out" so much garbage from the wilderness areas only to end up dumping it somewhere else afterwards?

Each area at camp can be examined for the amount of needless packaging it uses. Are cleaning supplies each individually wrapped, or do they come in bulk? Is the toilet paper you stock wrapped in a lot of needless plastic, or does it

come shipped to you in a less wasteful box? Does your camp operate a tuck shop? If so, are there ways for you to reduce the amount of candy wrappers and bags that end up in the local landfill site (even if they aren't being littered all over camp)?

If you haven't already done your camp's ordering for the summer yet, then why not take a few minutes to think about the amount of packaging involved in the various alternatives from which you can choose? Granted, plastic packages and disposables do seem to make life easier and less complicated at camp. However, as shown to me by some signs I recently saw on front lawns near Orillia which read "WE DON'T WANT TORONTO'S GARBAGE", it will be a whole lot more complicated for us and our campers in the future if we do not start making some changes now. And like anything at camp, the extra effort is worth it!!!

DAVE NEWNHAM  
Chairperson,  
Environmental Concerns  
Committee

## 1990 ACCREDITATION VISITS

If the camps to be visited this summer and the accreditation visitors have not received their Visitation Information Packages by May 15, 1990, would they please notify the OCA Office at (416) 781-0525.

**10TH WORKSHOP  
FOR CAMP  
HEALTH CARE  
STAFF**

Once again, the OCA Camp Nurses Committee presents a workshop for Health Care Staff. This is a special year since it is the 10th consecutive workshop! It is being held at the Bolton Conference Centre on May 26 and 27, 1990. The program is varied and pertinent. There will be displays and speakers dealing with sports medicine, abuse issues and other current topics.

Directors! Many health care personnel would pay all or part of the registration fee. Please let them know about the workshop. Additional registration forms are available at the OCA Office.

MARY CASEY  
Chairperson,  
Camp Nurses Committee

**WELCOME  
NEW MEMBERS**

**New Affiliated Member:**

TRENTON PARKS & RECREATION  
DEPARTMENT

**New Commercial Members:**

LADD SALES AGENCY  
P.O. Box 71, Lyn, Ont.  
KOE 1M0  
(613) 342-6444  
Distributor of 12'  
Catamarans

WAUBAUSHENE MARINE  
INDUSTRIES  
45 Coldwater Rd., Box 239,  
Waubauskene, Ont. LOK 2C0  
(705) 538-2266  
Sales and service of small  
sailboats

**HELP WANTED**

**Residential Camp Nurses**

**Required:** The Ontario March of Dimes requires Registered Nurses to work at their Northern or Southern site from mid-June to the third week in August with physically disabled adults. Registered Nurses, Graduate Nurses and Nursing Assistants (holding medication certificate) are encouraged to apply. Room and board; transportation; scenic settings and competitive salary are included. Families will be considered.

Enjoy a wonderful change of pace!

For more information, contact: ONTARIO MARCH OF DIMES, 60 Overlea Blvd., Toronto, Ont. M4H 1B6; (416) 425-0501.

**Summer positions available for Seniors' Residential Program.** Contact: FAMILY SERVICE ASSOCIATION, 22 Wellesley St. E., Toronto, Ont. M4Y 1G3; (416) 922-3126. Job description is available at the OCA Office.

**POSITION  
WANTED**

Experienced Camp Director/Program Director (13 years) seeks summer position at either day or residential camp. Experience includes owning and operating his own camp. Qualified in all phases of program and administration. Twelve years teaching experience; resume upon request. Telephone: (416) 841-6641.

**ANNOUNCING . . .  
TWO GREAT  
CONTESTS!**

Need A Rainy Day Activity?

The Committee for the 1991 Conference for Directors and Senior Staff are holding a short story contest for campers. Get your campers to write a short story entitled: "Why I Go To Camp". Why not hold a contest of your own at camp and then submit the entries to our contest?! Winning entries will be presented at the Conference.

Photo Contest

Make sure you have a camera on your equipment list so your campers and staff can take lots of pictures this summer! Then get a hold of those pictures and enter them into our Annual Photo Contest. SAY CHEESE EVERYONE!

Watch for entry forms for these exciting contests in the next edition of **The OCAsional News.**

MIKE MOORE  
Conference '91 Committee



**MAINSTREAM  
OUTDOOR  
OPPORTUNITIES  
'90 CONFERENCE**

Mission: To provide a well-rounded conference focusing on outdoor recreation opportunities for and with physically disabled individuals.

Target Groups: Outdoor educators; recreation therapists; teachers; camp directors; disabled enthusiasts; and students.

Focus: To educate the non-converted concerning integration; accessibility; programs currently available; and future program opportunities.

Keynote Speakers:  
Dean Mellway, Executive Director, Canadian Wheelchair Sports Association.

John Latimer, Director and Owner of Kilcoo Camp; Committee Member, Camp Awakening.

Dates: Fri., September 28 to Sat., September 29, 1990

Location: Geneva Park Convention Centre (on Lake Couchiching, near Orillia, Ont.)

Fee: \$150.00 per person (subsidy available where appropriate)

For more information and mailing list sign-up, contact:

Camping & Recreation Dept.  
Ontario March of Dimes  
60 Overlea Blvd.  
Toronto, Ont. M4H 1B6  
Tel: (416) 425-0501  
Fax: (416) 425-0488



**ONTARIO CAMP  
DIRECTORS'  
WORKSHOP 1990**

Programming To The Future:  
A Holistic Vision

When: May 31 - June 3

Where: Bark Lake

Theme Speaker: Marjorie Booth, General Manager of Rosedale-Moore Park Association

Registrar: Kathleen Wilson, (613) 825-2394 (home); (613) 234-0018 (work).

**REGISTER NOW!** Registration forms are available through the OCA Office.

**J U S T I N . . .**

**New Affiliated Member:**

HAMILTON DEPARTMENT OF  
CULTURE AND RECREATION

**New Commercial Member:**

J & D FLANAGAN SALES &  
DISTRIBUTION  
2125 - 12th Ave. E.  
Owen Sound, Ont. N4K 5P5  
(519) 376-8407  
Distributor of: Fresh  
Produce, Meat, Poultry,  
Seafood, Grocery & Frozen  
Food

**We welcome all new members!**

**MARK YOUR  
CALENDAR NOW!**

1991 OCA Annual Conference  
For Directors, Owners and  
Senior Staff

"WE CAN MAKE A DIFFERENCE"  
January 24-26, 1991  
The Sheraton Centre,  
Toronto

Watch for your summer flyer which will highlight new features for 1991, major speakers and other important information.

**MARK YOUR CALENDAR  
NOW!**

**O C A S K I L L S  
W E E K E N D**

**OCA Skills Week-end**  
June 8-11, 1990  
OCLC Bark Lake

Key staff, committed to sharing the best of their camping experience, are volunteering their time and skills to develop better camping across all OCA member camps. There are five skill areas (streams) from which to choose

**CANOEING  
CRAFTS  
ECO-SKILLS/NATURE  
CREATIVE PLAY/GAMES  
DRAMA/THEATRE ARTS**

Contact the OCA Office

**THIS SUMMER  
YOU CAN HELP  
TO MAKE A  
BETTER WORLD**

That's the theme for this year's Counsellor Conference! With a theme like that, it could include very weighty topics: the homeless, the social revolution in Eastern Europe, peace in the Middle East, apartheid, and the greenhouse effect. But that's not exactly what we have in mind.

Camp, to a lot of people, is a chance to get away from worldly worries. Of course, all these things don't really go away for the summer. The staff and the campers all bring pieces of their personal, family, community and world problems with them; each year the issues seem to become more complex. How on earth does camp make a better world?

Every time a camper learns a new skill, makes a friend, has people around who care, learns to look at the natural world with wonder, learns how to solve a problem, and learns to understand someone who is different, each one of these moments is another building block which will help make a better world.

Camp and counselling is all about fun and adventure, silly skits and songs, games and quiet times, but in each one of these actions we have the opportunity to help people feel better about themselves and make the world a better place. With this goal in mind, we've planned a Counsellor Conference which includes action, skills,

fun, and some thought provoking topics. Though the focus is on counsellors, there will be also lots of information for senior staff, program staff and directors.

We encourage everyone to come to the Counsellor Conference on **May 26 at Lawrence Park Collegiate, Toronto**, and add lots of new tools to your "Make A Better World" tool kit!

JIM BLAKE  
Make a Better World  
Conference Committee

**OCA  
COUNSELLOR  
CONFERENCE  
1990**

**Over 40  
sessions to  
help your  
staff build  
the best  
summer yet!**

**Sat. May 26**

**Make A Better  
World,  
Counsellors  
Of Today  
Building For  
Tomorrow**

**Contact the  
OCA Office  
to Register**



Printed on Recycled Paper

**OCA CALENDAR  
OF EVENTS**

**Counsellor Conference.....**  
.....May 26, 1990  
Lawrence Park C.I., Toronto

**Nurses' Conference.....**  
.....May 26-27, 1990  
...Bolton Conference Centre

**Ontario Camp Directors'  
Workshop.....**  
.....May 31-June 1, 1990  
...OCLC Bark Lake, Irondale

**Skills Weekend.....**  
.....June 8-11, 1990  
...OCLC Bark Lake, Irondale

**1991 Conference for  
Directors & Senior Staff...**  
.....January 24-26, 1991  
...Sheraton Centre, Toronto



## HOW TO REGISTER

1. Use the Registration Form Included.  
Detach and Return to with full payment to the O.C.A.
2. Pre-register to assure a spot  
\* Architects design features limited space.
3. Be sure to call the O.C.A. office should you require additional information.
4. We welcome all OCA Members, non members and Camp Directors to this important training event. Be sure to join your staff to: "Make A Better World"



### THIS SUMMER...

Hundreds Of Counsellors will spend time with thousands of children trying to make a better world.

Join this years Counsellor Conference Hosts, the London Y's Camping Services Branch and the O.C.A., as they help to prepare todays Counsellors with the blueprint for their summer.

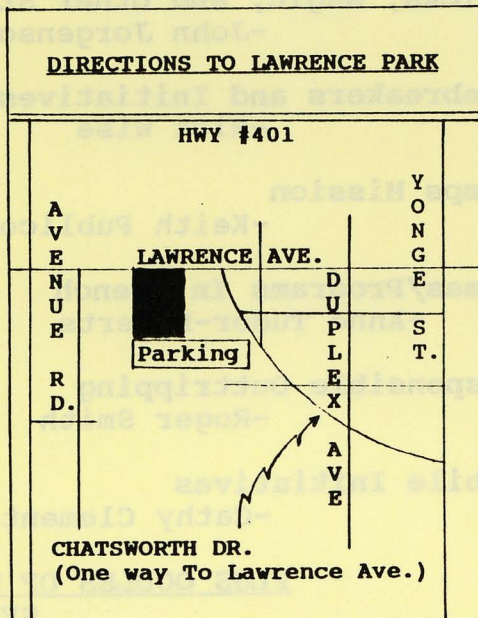
It's a fun-filled day with counsellors of today, building for tomorrow!

See You at Lawrence Park

SATURDAY MAY 26

## OUR BLUEPRINT FOR ACTION!

- 8:00 Registration
- 9:15 Welcome and General Session
- 10:15 First Session
- 11:15 Break
- 11:30 Second Session
- 12:30 Lunch and Camp Meetings
- 2:00 Third Session (90 minutes)
- 3:45 Closing General Session



### A REMINDER FROM THE FOREMAN

- \* OUR JOB SITE HAS LIMITED SPACE- REGISTER EARLY!!
- \* ORGANIZE YOUR TRANSPORT -PARKING IS LIMITED!
- \* CHATSORTH DRIVE IS A ONE WAY STREET - DO NOT ENTER IT FROM LAWRENCE AVENUE!
- \* THERE ARE NO REFUNDS AFTER MAY 26th - JOIN US!

## COUNSELLOR CONFERENCE

# MAKE A BETTER WORLD

COUNSELLORS OF TODAY  
BUILDING FOR  
A BETTER TOMORROW

**LAWRENCE PARK**  
**COLLEGIATE**  
**TORONTO**  
MAY 26, 1990



ONTARIO  
CAMPING  
ASSOCIATION

### "A BETTER WORLD"

We can make a better world, with the children of today. Make a difference in their lives, with what we do and say

We can make a better world, with the future of today. Make a difference in our lives, with the children of today.



ONTARIO  
CAMPING  
ASSOCIATION



**"MAKE A BETTER WORLD"  
Counsellors Conference 1990**

**"Counsellors Of Today  
Building For Tomorrow"**

Individual Registration Form

NAME: \_\_\_\_\_

(as it will appear on name tag)

ADDRESS: \_\_\_\_\_  
(street)

\_\_\_\_\_  
(City) (Postal Code)

PHONE: ( ) \_\_\_\_\_

CAMP: \_\_\_\_\_

Registration for the Day  
Includes all sessions & lunch

\$15 OCA Members or Camp Staff  
\$18 Non OCA Camp Staff  
\$20 Day Of Conference, May 26  
(please pre-register)

Mail this form and a cheque to:  
OCA Counsellor Conference  
1806 Avenue Road, Suite 2  
Toronto, Ontario M5M 3Z1  
(416) 781-0525

CHECK OUT SOME OF THE FOREMEN LENDING THEIR EXPERTISE  
AND SKILL TO THE COUNSELLORS OF TODAY BUILDING FOR TOMORROW

\*SOME SESSION AND LEADERS HELPING TO "MAKE A BETTER WORLD"\*

Managing Behaviour

-Don Bocking

Wellness at Camp

-S. Kate Moore

Campers with Medical Difficulties

-Cathy Hitchcock & Panel

Tricks, Magic, and other Stuff

-John Jorgenson

Icebreakers and Initiatives

-Rick Wise

Camps Mission

-Keith Publicover

Games/Programs In French

-Anne Tudor-Roberts

Responsible Outtripping

-Roger Smith

Mobile Initiatives

-Cathy Clements

Camp Music

-Kevin Jones

Campfire Extravaganza

-Dave Newnham

Street Theatre

-Leida Englar

International Programs

-Bernie Burnett

Backpocket Games

-Bob Demare

Getting More out of PreCamp

-Sally Moore

Spirituality at Camp

-Kate Faulkner-Lichty

Younger Campers

-Gail Parsons

Campers with Learning Disabilities

-Andy Bilodeau

PLUS OODLES OF MORE PRACTICAL HANDS ON  
SESSIONS:

- \* Sharing Sessions For: Leadership Trainers  
Section Heads
- \* Environmental Programs
- \* Storytelling Techniques
- \* Sessions in French

WITH RENOWNED O.C.A. ARCHITECTS!!!

