



OCAsional News

PUBLISHED BY THE ONTARIO CAMPING ASSOCIATION

APRIL 1996

Breakfast Club Gathering A "Healthy" Event

On February 29th, a group of camp staff and health care professionals met at the OCA Office to discuss (over muffins and yogurt) current concerns in camp health care.

Many thanks to Linda Enright, Carrie Crear and Bev Unger of the OCA Health Care Committee for attending, fielding questions and fine tuning our knowledge in various issues!

And The Best Tips Are . . .

Allergies

- take a polaroid shot of each camper with an allergy and post it

in the kitchen - call the group your "super kids"

- keep epi pens available at strategic locations around camp and have an extra with you while on outtrip
- a training/educational kit is available by writing to Allerix Lab Ltd., 580 Terry Fox Drive, Suite 408, Kanata, ON K2L 4B9; enclose a cheque for \$5.00 (payable to Allerix) for each kit, to cover postage and handling charges
- have your camp's wellness centre located near the dining hall and have a nurse present in the hall during meals
- keep on hand individualized mini

servings of ham, honey, etc. so that kids with allergies won't have to share possibly contaminated supplies

- make sure you always have a peanut-free treat selection in the tuck shop
- before outtrips, weigh kids to determine amounts of meds needed
- liquid Benedril absorbs faster than tablets(although tablets are easier to pack for outtrips)

Insect Bites

- tea tree oil, though expensive, works well on insect bites

Continued on Page 15

You On The OCA Photo Master File

The Public Awareness Committee is compiling photographs of member camps' children and activities for the purpose of media coverage of the OCA. The photographs will be stored on compact disc and enclosed in media press kits for circulation to over 100 provincial newspapers and magazines.

Please send in five of your best "print" photographs for the Master File. The print will be scanned on to disc for future circulation and reference. Slides or negatives cannot be accepted - sorry!

Send your photo to the OCA Office - c/o Public Awareness

KEITH PUBLICOVER
PUBLIC AWARENESS COMMITTEE

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"THE MAN WHO REMOVES A MOUNTAIN
BEGINS BY CARRYING AWAY SMALL STONES." - CHINESE PROVERB

Dear Journal

I was at the celebratory service for Tim Heming last week and one of my former camp staff who was there said that it felt a little like an OCA Conference. There were many familiar faces gathered around to support Rob and Laurie Heming, as well as to lend their voice to the celebration of Tim's life, and the comparison was a reasonable one. Tim certainly left a mark upon those whom he met and it was easy for some of us to understand how widespread the expression of sympathy to the family has become. As such things often do, it got me thinking . . .

I got thinking about it in earnest when I read about a friend of mine who is now lecturing to first year medical students about humanizing their future medical practices. She is a former nurse now pursuing a PhD in spite of some personal medical setbacks. It is because of those setbacks that she is able to speak about her perceptions as a patient under various doctors' care. She talks about each patient coming into the hospital as a whole person with a lifetime of dreams, aspirations, hopes and worries (not simply as a body with an affliction). She pleads with doctors to personalize every encounter with a patient and to keep their care "patient-centred" rather than illness centred.

"Patient-centred" translates as "camper-centred" in our business. Tim demanded it because he was so clear about letting you know that, although he was in a wheelchair, he was a whole person there before you - complete with his energy, spina bifida, love of sports, caring family, wheel chair, sense of adventure, interests, dreams, hopes

As the registration numbers in each of our camps grow or peak for the summer ahead, it is time for us to look beyond the business of filling bunks or spaces to that of seeing the individual campers coming into our care. Each one of them is so different, so unique. We must eliminate the dangerous categories of charmer, homesick, special need, bully, strange or psychotic and build a whole picture of the whole children coming into our care.

Tim would expect nothing less, neither should we.

When we have done all that - recognized a camp full of individuals, the task also becomes one of building community. This brings me to my second point, Journal

. The OCA should be disbanded.

Well, disbanded is a strong word. The OCA should re-examine some of its fundamental goals and objectives. There are still camp members in this Association who do not appear to find benefit in promoting the existence of a professional organization of camping. They not only choose to display their camps in advertising without any reference to the OCA but some do not even include the OCA in the presentation of their camp brochure. ORCA certified - yes, St. John's/Red Cross trained - you bet, RLSS - of course Accredited by the Ontario Camping Association - nowhere to be seen.

Support of the work of the camping association and support of some other members of the association in work and deed seems

so fundamental to what we do that I am troubled that it need be addressed. If we can't sing the praises of camping in general, the OCA, in particular, and then our camp specifically then I predict that we will continue to degenerate into (Pepsi/Coke) Cola Wars pretty quickly. It is not a pretty thought. So what do we believe in? What are the common things which bind us together as a community? How do we celebrate our differences while celebrating our similarities?

When will we be ready to endorse whole heartedly that it is less important that a child goes to our particular camp than that the child goes to some OCA Camp? When will we be prepared to demonstrate that our camp's survival is directly related to the survival and growth of camping as a concept and that our expectations of ourselves are as high as our expectations of our staff and campers?

Things To Do

- Invite some OCA members to attend a day long workshop of the Active Living Alliance
- Thank Dave Ward and Camp Creations for their work bringing the OCA Internet Domain to a reality and the Office online
- Congratulate the 1997 Conference committee for their early and exciting work on next year's event
- Register the OCA with PRO (Parks & Recreation Ontario)
- Mark up my spring calendar with Director Days (and evenings), Skills Weekend, Spring Training, OCLW Weekend and Health Care Workshops
- Build an agenda for the April Advisory Council which sets the stage for a renewed Action Plan for the year ahead
- Work with Larry Bell to package our various award pieces into a comprehensive awards program
- Contact Past Presidents about the Honourary Life Member Honour Roll
- Bring together the notes from Barb Gilbert, Deirdre Billes, Jim Janzen and myself around regional responsibilities and development in their two regions
- Discuss the development of the entire OCA Guide on a computer disk format so that commercial members may access it for mailings, etc.
- Touch bases with Pam Tracz and Walter Petrie about plans for the OCLW Weekend
- Thank Rob Heming for his help in conducting some Office Systems Review for the OCA.
- Check with Marj Booth and Bobsie Ebbs over the computer system changes we are implementing.

JOHN JORGENSON
OCA PRESIDENT

Good Public Awareness Feeds on Feedback

Dealing with the varying camper or parent expectations is a reality in our business. There are many contributing factors to a successful camp experience for campers and their parents; and to address these factors a clear approach to gathering information about and understanding the experience is needed.

Feedback, if gathered correctly can be very helpful in managing your operations; as well as developing a happier, more committed camper family and customer. Your best-selling tool is your happy camper/parent. Here are some suggestions to help develop happier camper families.

- * Establish "family-friendly" feedback channels that allow the campers and parents to provide you with the necessary feedback about their experience. These channels should remain open throughout the year as information is exchanged during the year between campers, parents, and camp management.
- * Train staff in receiving feedback. How they gather it and respond to it appropriately is as important as the feedback itself. Counsellors and other "frontline" staff/volunteers are closest to the experience and possess a great deal of information to help camp directors in managing the camp.
- * Establish mechanisms to process the feedback once it is obtained. Ensure that families receive responses to information they give you. Telling them what actions you are taking is an important step in establishing two-way communication.
- * Communicate clearly and up front. If campers and families are clear about what they can expect from the camp experience before it happens there is likely to be less of a "gap" in meeting that expectation.
- * Keep lines of communication open so opinions can be received as situations arise. Many camps are now encouraging families to contact the camp to ask questions during the camp session. This allows the camp and the families to dialogue first hand about issues and quickly resolve concerns before they escalate.
- * Prepare yourself for hearing the things that may make you uncomfortable, but are important things to know about.
- * Be honest and sincere in receiving the information. Do not fall into the trap of appearing to play lip service to the family or their opinions. It will catch up to you in the end.

Some examples of proven feedback mechanisms are: suggestion boxes; focus groups with parents and/or campers; mail back feedback evaluations/surveys; telephone surveys; feedback request form on specific areas of operation, i.e. food service, facilities.

KEITH PUBLICCOVER
PUBLIC AWARENESS COMMITTEE

If you have other strategies to receiving and responding to feedback please write us and we will share your ideas with your fellow OCA members. Happy camping! This column is written by Keith Publiccover on behalf of the OCA Public Awareness Committee.

Send your thoughts and feedback to the Public Awareness Committee at the OCA Office.

President: John Jorgenson, Tawingo, RR#1 Huntsville, Ont. P0A 1K0 H: 705-789-8701. B: 705-789-5812. Fax: 705-789-8624. E-Mail: tawingo@vianet.on.ca

Vice President: Barb Gilbert, 13 Maple Ave. Toronto, Ont. M4W 2T5 H: 416-921-7384. Fax: 416-922-4523. Portfolio: Regional Reps.

Past President: Larry Bell, Robin Hood, 158 Limestone Cres. Downsview, Ont. M3J 2S4. 416-738-4443. Fax: 416-738-9971. Portfolio: Nominations, PRO.

Treasurer: Marj Booth, Rosedale-Moore Park Association, 148 Crescent Rd., Toronto, Ont. M4W 1V2. 416-922-3714. Fax 416-922-4523. Portfolio: Fundraising.

Director: Jeff Bradshaw, Couchiching. 4 Ripley Ave. Toronto, Ont. M6P 2Y9. 416-769-2233. Fax: 416-769-0204.

Director: John Malcolmson, Brébeuf, R.R. #1, Rockwood, Ont. N0B 2K0. 519-856-4671. Fax 519-856-2441.

Director: Kate Moore, Camp Allsaw, 36 Evelyn Ave. Toronto, Ont. M6P 2Y9. 416-766-4204 Tel. and Fax.

Director: Ellen Nash, Northland B'nai Brith, 3995 Bathurst St. #200, North York, Ont. M3H 5V3. 416-630-1180. Fax: 416-630-8561.

Director: Keith Publiccover, Tim Horton Children's Foundation, RR #1, Campbellville, Ont. L0P 1B0. 905-854-1999. Fax 905-854-1990.

Director: Andy Rodford, Onondaga, 12 Bruce Park Ave. #101, Toronto, Ont. M4P 2S3. 416-482-0782. Fax 416-482-6237.

REGIONAL REPRESENTATIVES

Eastern Ontario (Ottawa): Deirdre Billes, Omagaki Wilderness Centre, Box 4, Pembroke, Ont. K8A 6W5. 613-732-0780.

Northeastern Ontario (Sudbury): Dave Ward, John Island, 185 Lloyd St. Sudbury Ont. P3B 1N1. 705-674-8315 Fax 705-674-3236. daveward@mcd.on.ca

Northwestern Ontario (Thunder Bay) Elaine Kalnbach, Dorion Bible Camp, Dorion, Ont. P0T 1K0. 807-857-2331.

Southwestern Ontario (London). YMCA-YWCA Camping, George White Outdoor Centre, RR #5, Clarke Sideroad, London, Ont. N6A 4B9. 519-455-2519 or 519-867-3300. Fax 519-455-2419.

CAMPING MAKES THE WORLD GO ROUND

Ladies and Gentlemen of the OCA, start saving your pennies for the experience of a lifetime, as the program of the Fourth International Camping Congress in St. Petersburg, Russia, in September 1997, is unveiled. Picture yourself in the world class Pribaltijskaya Hotel for six nights, for \$270.00 U.S. (\$480.00 U.S. for single accommodation). Picture yourself at all congress and cultural programs, including lunch and supper each day for six days for a Congress fee of \$495.00 U.S. for International Camping Fellowship Members, or for \$555.00 U.S. for non-ICF members. Picture yourself at the Grand Opening Ceremony inside The St. Petersburg Opera.

Picture yourself on a ferry cruise ship on the final day of the Congress, travelling to the summer palace of Catherine the Great, for a private banquet, and a pri-

ate presentation of "Swan Lake" by the Kirov Ballet Company. Picture yourself meeting, talking, sharing and learning from 1500 Russian Camp Directors. Picture yourself as one of at least 300 international delegates expected to attend. Picture yourself flying over on a charter flight with other Canadians. All this for \$765.00 U.S. plus airfare. WOW!! Watch for more details and please feel free to call me if you have questions. I hope you will set aside September 15 - 21, 1997 for the experience of a lifetime, as the world of camping comes together one more time.

JANE MCCUTCHEON

INTERNATIONAL CAMPING FELLOWSHIP TREASURER
AND CANADIAN REPRESENTATIVE

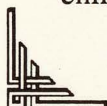


The Camping Cradle

Congratulations to Patti and Bruce Nashman on the birth of their 7 1/2 pound daughter, Hannah Lior, on January 16, 1996. Harold and Yetta Nashman are the proud grandparents.

And, Camp Kandalore has a new member. Sarah and Mike Moore have had their second child, a son Jamie Michael, born on Saturday, March 9th. Mother and baby are doing fine.

Grandfather Bob Smith, CCA Treasurer, is proud to announce the birth on December 29, 1995, of his second grandchild, Brandon Andrew Smith.



WELCOME TO THE ONLINE MAGAZINE FOR CAMPS

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Eastern Ontario Events

Ottawa Area Camp Directors are a friendly bunch who gather each month to work on regional events for professional development, marketing, and fund raising. For several years now this volunteer organization called the Ottawa Area Camps Committee has been raising awareness about the camping profession through camp fairs, radiothons, and a local camp directory. The annual counsellor conference, first aid and health care workshops provide venues for camp staff from the Ottawa region to network. They are excellent forums for staff from diverse camping backgrounds to share knowledge and experiences.

The regional committee functions because of its membership policy: to belong is to be an active participant. Each director, whether involved for their first year or having been a founding member, must play an active role in the committee.

There are some great things happening in Ottawa this spring. You and your staff are welcome to participate in any of the following events:

April 20

Health Care Workshop, 9:00 to 9:30

April 20-21

Standard First Aid certification course

May 26

The "Just can't wait for camp" Event (Counsellor Conference), 11:00 - 4:30
To be held at the Hunt Club Riverside Community Centre.

Some of the session titles are:

- "I'm awesome-you're rad" (the power of self esteem and how to nurture it)
"Shaking out the wiggles" (great new games and tricks to get campers going)
- "Farts-they're not just hot air" (dealing with the embarrassing topics campers love to talk about)
- "Friends or Employees?" (Tips on working as senior staff with same age staff)

Lunch is provided and the day will be great fun.

OCA Standards session - a presentation by Steve Gillick will take place during the "Just can't wait" event, **starting at 11:00 a.m.**

June 7-9

Certification/Review weekend at Camp Kalalla.

Three great courses:

- Waterfront NLS
- Wilderness First Aid
- Canoe Tripping Refresher

To receive a brochure or to register for these events please contact:
Deirdre Billes, Omagaki Wilderness Centre, RR#4, Pembroke, Ont. K8A 6W5
omagaki@fox.nstn.ca 613-735-7351 or fax 613-735-2899

DEIRDRE BILLES
EASTERN ONTARIO OCA REPRESENTATIVE

SPRING TRAINING LEADERSHIP CONFERENCE

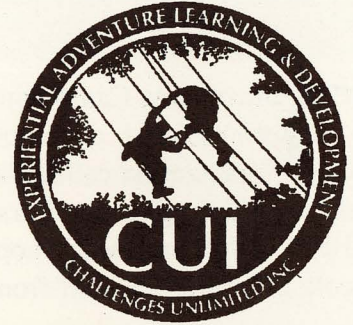
SPRING HAS SPRUNG AND LEADERSHIP IS BLOOMING OR **BROADENING HORIZONS!**

Included in your April OCA's Newsletter you will find a registration form for the 1996 Spring Training Leadership Conference. What a better way to begin your staff training but by registering them to attend this outstanding leadership event on May 25th at Seneca College-King Campus. The conference deals with a wide variety of issues and topics that will benefit staff from any background. Whether a daycamp counsellor, first time special needs counsellor or CIT at a residential camp, this conference will teach and show your staff skills they will find invaluable. Sessions will include: conflict resolution, crisis management and programming techniques to name just a few.

Staff are one of the most important parts of creating a successful camping experience and we need to give them the skills to be effective, creative and wonderful camp leaders. This conference will help you prepare your staff for their camp experiences this summer. Please make this important investment-your staff and campers are worth it.

Register before May 10th to receive the Early Bird fee on both individual and group registrations. The cost will include lunch, bus transportation from Toronto and a ton of learning and fun! A great deal any way you look at it. I will look forward to seeing you all on May 25th at Seneca College-King Campus!

MAIJA ZEIBOTS
CHAIR, 1996 SPRING TRAINING



**THANK YOU
TO THOSE WHO STOPPED
AT OUR OCA EXHIBIT BOOTH
TO TALK & PLAN!**

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Ontario Water Ski Association

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Membership Survey Results - Part 2

Last fall, the total OCA membership was surveyed as part of the annual membership package. As a result of the completed responses (126 in all — thanks to everyone who answered, and thanks to Caryl Colton for collating all the material), each member of our Board of Directors has been examining the results for each Portfolio Area.

Today's update deals with the Standards and Health Care Portfolio.

Health Care Workshop

Positive Feedback

A good event; helpful; feedback has been great from medical staff who attended; excellent content at great price.

Suggestions

- Offer more instructional sessions
 - *Looking at some new dynamic speakers*
- Offer regional workshops
 - *Future plans may include this option; present improvement is the newly produced binder of helpful monographs on topics of interest to health care staff. These articles synthesize many of the items touched on at last year's workshop. Binder is available from the OCA office.*
- Offer scenarios about camp events in less horrific way; staff must not be so freaked out that they panic and quit.
 - *Caution is healthy, horror stories are not; suggestion will be taken to heart.*
- Offer sessions and material for physicians as well as nurses
 - *At present fewer member camps are staffed by physicians than by nurses; committee will have to consider this suggestion for future years.*

Standards and Accreditation

Positive Feedback

- Process is good; very beneficial to have contact with other directors; system is working well; keep it up!; enjoy going on visits
 - *Thank you for visiting; we are glad you enjoy doing the visits. It's great when a situation is win-win!*

Suggestions

- Workshop/orientation session so helpful; should offer more than one, and in more than one location.
 - *The committee is pleased to announce that three workshops are being offered this year. The first one, held at Conference, was very well attended. Forthcoming workshops will take place in May in both Toronto and Ottawa.*

- Certification for visitors should be considered; this would provide a professional and serious cadre of visitors.
 - *Committee has begun to discuss the potential for implementing this suggestion possibly as early as 1997.*
- Accreditation guidelines are too expensive; should be part of fee.
 - *A camp's first copy of the guidelines is part of the membership fee. However, if extra copies are required (due to loss or the desire to provide to more people) there is a nominal charge for these extra copies. Camps should keep a copy as part of your permanent administrative library.*
- How do we get involved?
 - *Any camp or individual member can be involved in either visiting or in the ongoing work of the committee. Contact committee chair, Steve Gillick, at (416) 484-4450. You can even do both and have double the fun.*
- Have day camp professional visit day camps, and residential camp professional visit residential camps; concerns are different.
 - *This is done wherever possible. Sometimes, there are not sufficient visitors of each type for a particular area, and visiting is done by willing and enthusiastic volunteers regardless of type of camp. But more visitors are always welcome. Again, contact the OCA office or Steve Gillick.*

Thank you to all who provided input. Come out and get involved in the process of maintaining and improving the system.

ELLEN NASH
BOARD MEMBER

The Ontario Camping Association is pleased to present . . .



1996 OCA SKILLS WEEK-END

June 7 to 9, 1996
at Kilcoo Camp, Minden, Ontario

1996 Streams Include:

- Arts and Crafts
- Boardsailing
- Canoeing
- Environmental Programming and Leadership
- Inclusions
- Kayaking
- Leadership Skills for Supervisory Staff
- Program Potpourri
- Ropes and Initiatives

Our mandate at OCA Skills is to provide:

*each participant with tools for continuous program development
a forum for exchange of information
an incentive to translate philosophy into safe, effective camping practices*

Camp Directors can expect to see specific benefits from sending their staff to the OCA Skills Week-end. Participants take away significant contributions for this summer's program and gain a broader perspective on programming in the specific skill stream which they join.

9 Great Streams To Choose From . . .

In Memoriam

Goodbye Tim,

On Saturday morning, March 9th, Tim Heming died at the Hospital for Sick Children in Toronto.

Tim was 12. Tim is the son of Rob and Laurie Heming, brother of Katie and Jesse.

Tim loved hockey and baseball, he loved going to summer camp at YMCA John Island Camp, he was recently chosen as one of Ontario's junior citizens. Tim was also born with spina bifida and a long list of other complications. Tim was "not expected" to live past his first birthday, "not expected" to talk, "not

expected" to be able to read. Tim, with the support of family and friends, did all these "not expecteds". Tim overcame so many obstacles, recovered from so many operations that, even knowing all of the dangers of his most recent surgery, we believed that he would overcome again.

Tim had a wonderful sense of humour, could rhyme off sports statistics, asked lots of questions, was sensitive to the feelings of others and sometimes teased his sister and brother. He was a regular kid who overcame very difficult and often painful challenges in extraordinary ways.

The notes of remembrance which appear in the OCA's News are usually about members of the camp community who have lived long lives. Tim's life was not long but it was rich with experience and accomplishment. He touched a lot of people's lives in so many important ways. He taught us about courage and giving and looking beyond our own needs to the needs and feelings of others.

On Saturday morning when I received the call, I felt a large gaping hole open inside me. When I looked out my window the sun was shining brilliantly. How can the sun shine on a day filled with such sorrow? But Tim knew that life is meant to be celebrated. He asked that songs be sung and stories be told at his service and a party be held to celebrate his life. Another gift from Tim.

The Hemings are long-time members of the Ontario camping community. Tim's dad, Rob is Associate Director of Camp Tawingo. Donations can be made in memory of Tim to the Tim Heming Bursary Fund, c/o Camp Tawingo, R.R. #1, Huntsville, ON., P1H 2J2. This fund has been set up to provide support for other children with special needs and assist camps or other programs that work with children with special needs.

Stories were told, songs were sung and a party held in Tim's memory on Sunday March 17, in Minden, Ontario.

JIM BLAKE
INDIVIDUAL OCA MEMBER

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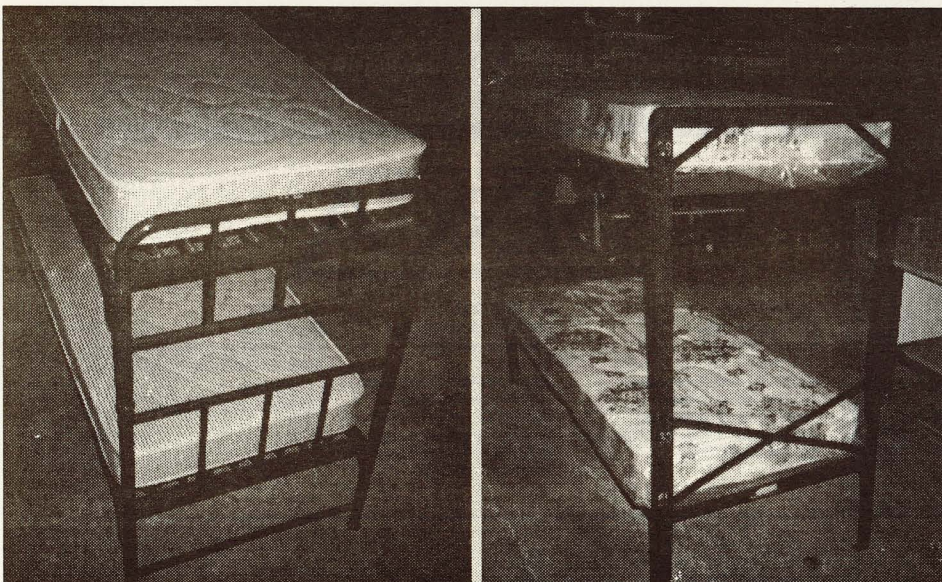
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May 23 - 24, 1996

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10:00 a.m. - 6:00 p.m.
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Instructional courses available for camp staff: Swift Water Rescue Technician - June 22 - 24 - \$200/person (3 days); Wilderness First Aid & First Responder - May 3 - 10 \$640/person (8 days); ORCA Courses: Canoe Tripping 2 & Moving Water Level 2 - June 17 - 21 \$350/person (5 days); Moving Water 1 - June 15 - 16 - \$150/person (2 days). All courses include food and accommodation and equipment. Custom ORCA certification courses also available (minimum 6 participants) e.g. 3 day Moving Water I & Canoe Tripping I - \$200/person (all inclusive), \$100/person (instructors only). For further information, contact Shawn Hodgins, Wanapitei, 14-393 Water St., Peterborough, ON K9H 3L7, Tel 705-745-8314, fax 705-745-4971.

Sailboats: optimist 8' trainer for junior sailing programme (\$1850 ea.). Byte 12' for intermediate sailors (\$2750 ea.). Quantity discounts available. Replacement invitation hulls now available (\$2950 ea.). Inquire about other boats and parts. Waubaushene Marine Industries. Fax/phone - 705-538-0987.

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Beds for sale. Single camp cots. Lots available. Contact Ted Cole, Camp Walden. 416-635-0049.

For Sale: Large quantity of used Kevlar canoes, available for possession May 15, 1996. Taking orders now. We can deliver. Call Pat at 705-647-6549.

Ontario Camp Leadership Workshop -Come and join Camp Directors and Senior Staff at Camp Gay Venture May 30 to June 2, 1996 for workshops in the categories of Leadership, Site and Administration, Programme and Day Camp. We are also excited to offer you full day workshops on "Programming for Leaders in Training" and "Storytelling", and a weekend long programme of "Building Groups through Adventure Programming" with EdVentures. **NEW!** **DIRECTORS COLLOQUIUM** - In-Depth Discussions of Current Issues for Directors. The topics will include "Making Better People Of Your Staff", "Communication Skills For Directors", "Inclusion of Persons With A Disability" and "Creative Funding". For more information or a registration form, call the Ottawa-Carleton YMCA YWCA Camp Office 613-729-6226.

Looking for a camp with facilities including classrooms to accommodate 40-50 children/adults in late July for 3-4 weeks, meals included. AmeriCan. Fax 416-323-9684; Tel 416-323-0462.

International Programs

A variety of calls are being received at the OCA Office on providing camping opportunities in Ontario for campers from other countries. At the present time, the OCA is identifying the Camping Guide as a resource for contacting camps but we are pleased to provide a 'short list' of these camps with resources, leadership, facilities, experience or interest in cultivating international programs bringing small groups or delegations. This type of camp program is slightly different than hosting individual campers from other countries. For more information on short and long term opportunities, please register your interest at the OCA Office before April 15.



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SEVENTY TWO YEARS OF LEADERSHIP IN THE FOOD SERVICE INDUSTRY

IN MEMORIAM

Tim Heming. On Saturday March 9, Tim Heming, son of Rob and Laurie Heming, and brother of Katie and Jesse passed away at the Hospital for Sick Children in Toronto. Donations can be made to Tim Heming Bursary Fund c/o Camp Tawingo. This fund has been set up to provide support for other children with special needs.

PEOPLE ON THE MOVE

Keith Publicover is the new Executive Director of The Tim Horton Children's Foundation. He will be overseeing their 4 camps across Canada which welcome 2500 underprivileged children each year as well as representing the Foundation's national activities.

Bob Demare is the new Director of YMCA Camp PineCrest. He has served as the Assistant Director of Camp PineCrest for the past two years and has been associated with the YMCA resident camps of London, Sudbury, and Hamilton/Burlington.

991 King St. W., P.O. Box 89102,
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Training Workshop Information:**

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OTTAWA	1513 Merivale Road K2G 3J3 Ph/Fax (613) 225-3550
SCARBOROUGH	1654 Victoria Park Avenue M1R 1P7 Ph/Fax (416)757-1392

“Eleven Commandments”

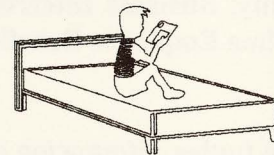
1. Help each other be right . . . not wrong
2. Look for ways to make new ideas work . . . (not for reasons they won't)
3. If in doubt, check it out! (don't make negative assumptions about each other)
4. Help each other win and take pride in each other's victories.
5. Speak positively about each other and about your organization
6. Maintain a positive mental attitude no matter what the circumstances
7. Act with initiative and courage as if it all depends on you
8. Do everything with enthusiasm . . . it's contagious
9. Whatever you want . . . give it away
10. Don't lose faith . . . never give up
11. Have fun!

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Camp Couchiching

is celebrating its 50th year with the following events!

- | | |
|----------|---|
| April 26 | Dance at Palais Royale, Toronto, Ontario. 7:30 p.m. with cash bar and silent auction. |
| April 27 | Campfire Service at St. James Cathedral, Toronto, Ontario (King and Church Streets). 2:30 p.m. reception to follow. |
| June 22 | Special Day at Camp Couchiching.
11:00 a.m. 4:00 p.m. |

Call 416-769-2233 for tickets and information



THE CANADIAN CAMPING ASSOCIATION

INSURANCE PROGRAMME

Baird MacGregor Insurance Brokers Inc. is proud to be the official Insurance Broker for the CCA Insurance Programme.

We extend our warmest greetings to the CCA membership and are happy to announce to Insurance Programme participants that we have begun the process of preparing their camp insurance policies for renewal.

We are pleased to have added several enhancements to existing coverages (already in effect),and additional improvements will be included with the May 1, 1996 renewals. We are committed to ensuring that all CCA members receive the best insurance coverages possible.

Your CCA Insurance Programme offers a variety of insurance coverages that can be custom tailored to suit the requirements of every member camp.

Here are just some of the coverages offered:

Property, Liability, Business Interruption, Crime, Directors and Officers Liability, Auto, Accident and Sickness, Full Time Employee Benefit Packages, and more....

If you would like further information or a quotation for your camp's insurance coverage please contact any of the CCA Insurance Team Members at Baird Macgregor Insurance Brokers Inc. - we are here to assist you!

Peter Thoma

Nancy Brown

Joanne Salmon


1-800-263-3030

1-800-268-1424

416-778-8000

or by fax

416-778-4492

Baird MacGregor 
Insurance Brokers Inc.

Breakfast Club Gathering A "Healthy" Event

(Continued from Page 1)

- to prevent infection, have the campers shower before retiring so that their skin is clean (kids scratch during their sleep and if their skin is dirty . . . watch out!)
- organize shower parties held to music to encourage cleanliness

General Policies

Sun Protection

- sunscreen sticks are easy to apply, especially for facial areas - if your camp has a "don't touch the camper policy", these sticks may be handy to have around
- no tank tops!

Feet

- closed-toe shoes will ensure feet survival - discourage tevas and open-toe sandals - educate parents and staff in handbooks

Wellness

- provide wellness kits, one per group/cabin (to contain extra toothbrushes, paste, sunscreen, sanitary pads)
- encourage campers to have it refilled at the wellness centre
- have first aid kits at all swimming areas - staff can sign them in and

- out from the wellness centre
- get counsellors involved in wellness - have them check campers for head lice and hand in wellness reports to the camp nurse

Heads and Hats

- enforce the "don't exchange hats" policy
- charge a penalty for not wearing a hat
- have bandannas on hand for kids who forget their sunhat - these are easy to wash and can be rinsed out in cold water for a refreshing touch.

FIORA HAWRYLUK

HUMAN RESOURCES COMMITTEE

The Breakfast Club gatherings are organized by the OCA Human Resources Committee. Check the Calendar of Events in this issue of the OCAsional News for upcoming events.

SEXUALITY AT CAMP?!

- SPRING WORKSHOPS -

CAMPING OUT offers dynamic workshops to help your staff deal with sexuality issues at camp.

FEEDBACK FROM 1995:

- * *Delivery of the material is delicate and appropriate.*
- * *I laughed a lot at my own assumptions!*
- * *I hope that you will be available to offer your expertise to our 1996 summer staff.*

CALL **CAMPING OUT** @
(416) 340-7476



Register Early for the OCA Spring Events

You can get in on the Early Registration fees even if you do not yet know which staff you are going to send. We can add the names later.

Healthcare Workshop

Saturday, May 25

An all day program for Camp Health Care Staff and Directors.

At the North Toronto YMCA, Sheppard Ave. East at Yonge & Hwy 401.

Cost: \$40 (\$43 non-OCA) or \$50 at the door.

Spring Training Leadership Conference

Saturday, May 25

Specially designed for the first year counsellor and LIT. Also sessions for Senior Staff and the Directors.

At Seneca College, King Campus.

Cost: \$20 (\$22 non-OCA); Groups of 10 or more \$18 (\$21 non-OCA); After May 10, \$23 (\$28 non-OCA)

Skills Weekend

June 7-9

For camp staff who will be involved in programming for a specific skill.

At Kilcoo Camp, Minden.

Cost: \$139.10 (\$160.50 non-OCA); Groups of 5 or more from an OCA camp \$123.05; After May 24, \$155.15 (\$176.55 non-OCA)

WELCOME NEW MEMBERS

New Provisional Camp Members

Aurora Lutheran Bible Camp, FutureKids Computer Learning Centre, The Magic Forest Day Camp, Omagaki Wilderness Centre, Sunshine Day Camp, Time Travellers.

New Commercial Members

Swift Canoe & Kayak. RR #1, Oxtongue Lake, Dwight, Ont. P0A 1H0. 705-635-1167, Fax 705-635-9456. An affiliate of Algonquin Outfitting. Canoes, kayaks, and camping equipment.

Tambrands Canada. c/o Pierce Communications, 160 Bloor St. East #160, Toronto, Ont. M4W 1B9. 416-961-5328, Fax 416-961-4251.

THANK YOU

The OCA Staff extend a multitude of thanks to Fiora Hawryluk, Camp Kandalore, for her assistance during the March newsletter stuffing.

OCA ANNUAL CONFERENCE '97

will be held at the
Sheraton Parkway

January 23-25, 1997

CALENDAR OF UPCOMING EVENTS

THIS MONTH

April 10 Board Meeting 12-2 pm at Easter Seal Society

April 10 Advisory Council 3-8 pm at Easter Seal Society

April 20 Director's Day at Havergal College 8:30 am - 3 pm

April 25 Health Care Committee 7 pm

NEXT MONTH

May 1 Standards Workshop 7:30 - 9 pm at Toronto Board of Education, York Mills east of Yonge Street

May 1 "1996 Sticky Issues" 7:30 pm at 87 Inglewood Dr.

May 7 Executive Meeting 9:30 am

May 25 Health Care Workshop 8:30 am - 5 pm at the North York YMCA

May 25 Spring Training Leadership Conference at Seneca College, King Campus

May 26 Standards Workshop 11 am - 12:30 pm at the Hunt Club Riverside Community Centre, Ottawa

OCAsional News offers you a variety of ways to promote products and services within organized camping. Next deadline is April 15th for May publication.

- Display ads are sold on a single or multiple insertion rate, with a 10% discount for members. Please contact the OCA office for rates. Camera-ready art required.

- We also offer professional and business directory ads of business card size (2"x1.5"). Camera-ready art required. OCA member fee: \$35 per insert (up to 3 months) or \$28 per insert (4 to 10 issues).

- Classified ads are sold with a maximum size of 25 words for a fee of \$10 for members and \$25 for non-members. Additional space sold in 25 word increments.

- Paid advertising content will not exceed editorial space.

- The OCA's *Asional News* is published 10 times a year by the Ontario Camping Association, a voluntary, non-profit association committed to excellence in Camping. We want to hear from you. Please send your thoughts and inquiries to our editorial committee:

- Janet Adamson, Inspirational Messages 416-481-7322.

- Mary Lynn Trotter, Hot Tips 416-761-9135

- Jim Blake, Current issues 705-457-5278

- Kate Moore, Editor 416-766-4204

- Jake Benbihy, Photography 905-669-0767

- Patti Thom, Newsworthy Items, Births and Obituaries 905-338-9464

- Wendell White, Profiles 613-473-2877

The views expressed by authors in this newsletter are not necessarily those of the Ontario Camping Association.



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