



# OCAsional News

PUBLISHED BY THE ONTARIO CAMPING ASSOCIATION

MAY 1997

## Promoting Environmental Stewardship

In last month's OCAsional News Board Member Kate Moore suggested that it is time for OCA members to pay more attention to environmental issues. It is certainly true that many businesses now consider environmental impacts of their operations more than ever before. This article describes what environmental responsibility means to business and how it could be done in the camping industry.

In the growing field of corporate environmental management, businesses usually centre their efforts around an environmental management system (EMS). This involves setting a wide range of environmental standards for a company, monitoring and reporting them. Many corporations, particularly in natural resource industries, include environmental reporting in their annual report; some even publish a separate environmental annual report.

There are several areas that most businesses must consider in their environmental management system. First is the nature of the product itself. For OCA members this would be the camping programs. Do the programs promote good environmental stewardship? Do the programs themselves cause environmental harm? Fortunately the OCA members are in a business where it is easy to have a positive impact by teaching children to respect the environment.

Other issues addressed in a standard EMS include:

- ◆ energy consumption
- ◆ transportation
- ◆ waste reduction and recycling
- ◆ use of toxics
- ◆ monitoring and reporting
- ◆ purchasing

The fundamental behind environmental management is a realization that if life is to continue on this planet, then we must operate within the capacities of the earth. That means not consuming at a rate faster than nature can produce, and not putting waste into the environment faster than the waste can be assimilated. Our ideal goal would be to live within the generation and absorption cycles of nature. We assess

all of our activities through this lens. Are our activities progressing towards this goal or leading away from it?

As an industry, the OCA could provide leadership both by example, in business operations; in program operations and directly via education. Now is the time to join other industries in taking a more active role in environmental stewardship. Should each camp take their own initiative, or should the OCA begin by developing a generic EMS which could be used by any camp? Should environmental performance be part of OCA certification? These are some of the questions which should be addressed so that the camping industry in Ontario can take its place as responsible corporate citizens. After all, in the end, environmental responsibility is a way of ensuring that there will always be a place in nature for summer camps!

*SUBMITTED BY JANE INCH, PENG, MSC  
ENVIRONMENTAL CONSULTANT*

### INSIDE THIS ISSUE . . .

FROM THE PRESIDENT'S DESK	2
COUNSELLOR CONFERENCE 1997	3
MANAGING LIFE THREATENING ALLERGIES	4
HEALTH CARE BREAKFAST	5
CLASSIFIED ADS	6
EMOTIONAL BAGGAGE	7
A SALUTE TO LARRY BELL	8
CAMPING MAKES THE WORLD GO ROUND	9
MAKING THE MOST OF OUR RESOURCES	11
CALENDAR OF EVENTS	12

"HE WHO PLANTS A GARDEN PLANTS HAPPINESS" CHINESE PROVERB

"And your phone number?"

"921-73 . . . no that's not right." All our boxes and furniture have moved and I wake up in a new home each morning but my mind comes up with our old phone number without any conscious effort on my part. Ah . . . transitions: the ending, an in-between and then a beginning.

Before embracing a beginning, we must end what was before. Whether the change is desired or not, experiencing the ending allows us to let go of what was - to disengage. The importance of endings encourages me to look at class farewell parties, a final family gathering, closing campfires and the various ceremonies of life in a different light and recognize the importance of closure. Letting go of the old situation may be difficult even when the change is eagerly anticipated - and can be excruciatingly difficult if the change is not welcomed or anticipated or what was expected. With an ending, a threshold has been crossed and there is no return.

Between an ending and a beginning there is an in-between time. Physically moving to a new place does not mean that you have moved intellectually or emotionally. Staff arriving for pre-camp may be delighted to be at camp but the conversation may revolve around school and some will have a faraway look in their eye while thinking "last week at this time". It takes time to disconnect.

Meanwhile, a new role, a new job or a new status begins the processes or re-connection, re-orientation and re-identification proceed.

Now if I could just remember my address.

### Things to do this month

- ✦ Get ready for a BIG DAY on May 24th - "FILLING YOUR KNAPSACK: Preparing for Adventure and the HEALTHCARE WORKSHOP
- ✦ Sign up for a Skills Weekend stream
- ✦ Talk to folk about the concept of an OCA charitable foundation
- ✦ Learn to commute

BARB GILBERT  
OCA PRESIDENT

Source: Bridges, William *Transitions: Making Sense of Life's Changes*, Reading Mass.: Addison-Wesley, 1980



# Waterloo Bedding Co. Ltd.

## Manufacturer of spring and foam mattresses since 1908

141 Weber Street S., Waterloo • 1-800-203-4293 • Tel (519) 742-4447 • Fax (519) 742-6251

It's getting so much better all the time . . .

Let's not dwell on the weather as a great indication of the summer ahead. Looking forward to a summer at camp is easy. May of you have marked your calendars with Saturday May 24 as an important pre-camp date. In fact, your input has been the reason the Counsellor Conference 1997 has enjoyed the success that it has with less than a month to go!!!

With that in mind, here's the latest and the last on the conference ahead. Thanks so much for helping us "prepare for the adventure" - the exciting sessions to be offered are the result of your individual and collective requests. Jocelyn Palm, as our keynote speaker, has attracted much attention and inquiry about the conference and we look forward to hearing her speak. A variety of sessions fill the roster - from the A,B,Cs of counselling to

nature and environmental sessions, crafts, back pocket games and tricks, "show me the money" and pop culture.

We are pleased that GB Catering will supply lunch and munchies once again and happy to announce that Tim Horton's will provide a hearty breakfast for all delegates. We have exciting prizes to win, practical resources to take home and plenty of great music to enjoy. No need to fill your own knapsack before the day; just register now as spaces are limited.

Just a reminder; transportation is available from various locations. Contact the OCA office for more details 416-781-0525. Come and experience what is sure to be a unique opportunity in camp preparation. See you on the 24th!

JEN SIPOS

COUNSELLOR CONFERENCE COMMITTEE '97

**OCA BOARD MEMBERS**

President: Barb Gilbert, R.R.#4, Brighton, Ont. K0K 1H0 H: 613-475-1689 Fax: 613-475-2938

Vice President: Bob Smith, 142 Hillhurst Blvd., Toronto, Ont. M5N 1N8 H: 416-483-8346 Fax: 416-483-2113 Email: bobsmith@pathcom.com *Portfolio:* Regional Reps

Past President: John Jorgenson, Tawingo, RR#1 Huntsville, Ont. POA 1K0 H: 705-789-8701 B: 705-789-5612 Fax: 705-789-6624 Email: tawingo@vianet.on.ca *Portfolio:* Human Resources

Treasurer: Marj Booth, Rosedale-Moore Park Association, 146 Crescent Rd., Toronto, Ont. M4W 1V2 416-922-3714 Fax: 416-922-4523 *Portfolio:* Fundraising, Finance Committee

Director: Jeff Bradshaw, Camp Wenonah, 1477 Reynolds Ave., Burlington, Ont. L7M 3B8 H: 905-319-0163 E-mail: campwenonah@sympatico.ca *Portfolio:* Archives, Integration

Director: David Latimer, Kilcoo Camp, 150 Eglinton Ave. E., #204, Toronto, Ont. M4P 1E8 416-486-5264 Fax: 416-486-3854 *Portfolio:* Fundraising, Public Awareness

Director: Kate Moore, Camp Allsaw, 36 Evelyn Ave. Toronto, Ont. M6P 2Y9 416-766-4204 Fax: 416-766-4204 Email: allsaw@interlog.com *Portfolio:* Diversity, Membership

Director Keith Publicover, Tim Horton Children's Foundation, R.R. #1, Campbellville, Ont. L0P 1B0 905-854-1999 Fax: 905-854-1990 Email: kdp@globalserve.net *Portfolio:* Healthcare, Standards

Director: Andy Rodford, Onondaga, 12 Bruce Park Ave. #101, Toronto M4P 2S3 416-482-0782 Fax: 416-482-6237 Email: onondagacamp@sympatico.ca *Portfolio:* Editorial, Counsellor Conference, Legislation

Director: Dave Ward, YMCA John Island Camp, YMCA, 185 Lloyd St., Sudbury, Ont. P3B 1N1 1-800-465-9622 Fax: 705-688-0751 Email: ymcajic@vianet.on.ca *Portfolio:* Camping Guide, Members' Directory, Skills

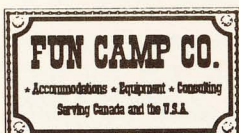
**REGIONAL REPRESENTATIVES**

Eastern Ontario (Ottawa): Deirdre Billes, Omagaki Wilderness Centre, Box 4, Pembroke, Ont. K8A 6W5 613-732-0780 Email: omagaki@fox.nsyn.ca

Northeastern Ontario (Sudbury): Dave Ward, John Island, 185 Lloyd St. Sudbury Ont. P3B 1N1 705-674-8315 Fax: 705-674-3236 Email: ymcajic@vianet.on.ca

Northwestern Ontario (Thunder Bay): Elaine Kalnbach, Dorion Bible Camp, Dorion, Ont. P0T 1K0 807-857-2331

Southwestern Ontario (London): Jim Janzen, YMCA-YWCA Camping, c/o George White Outdoor Centre, 1795 Clarke Road, London, Ont. N5X 3Z6 519-667-3300 Fax: 519-455-2519



**CONESTOGA STYLE  
COVERED WAGON SLEEPER**

*'Kids love them'*

**FEATURES**

- Sleeps eight, bed size 30" x 72"
- Sponsor name may be put on wagon cover
- Vinyl covered foam mattresses
- Concrete wheels, low maintenance
- Ventilated, screen at one end
- Clothes Hang
- Luggage Storage
- Water Proof, bright and cheery
- Non-combustible cover

**AVAILABLE AS**

- Completely assembled wagons
- Complete kits, pre-cut, pre-drilled
- Parts, bill of materials, assembly drawings



**FUN CAMP CO.**

69 Dante Crescent, Brantford, Ontario Canada N3P 1B9 Telephone, Voice, Fax (519) 756-9825

## MANAGING LIFE-THREATENING ALLERGIES AT CAMP AROWHON - ON TRIPS

The following article is based on many conversations with the magnificent Thom Benson, R.N., who does camp nursing at Arowhon and as well teaches a course on camp nursing at George Brown College. I am not a medical professional, so these notes are not to be taken as medical gospel. Take them only as what they are - guidelines that one camp director uses in training camp tripping staff.

### 1) What Is Anaphylaxis?

A rapid, severe allergic response. It happens when a person is exposed to an allergy-causing substance. **Death** can occur within minutes.

### 2) Who Will Get Anaphylaxis?

Anyone can, although people with a history of allergies are more vulnerable. **Each anaphylactic episode may be more serious than the last.**

### 3) What Can Cause Anaphylaxis?

- ⇒ stings of bees, wasps, hornets, yellow jackets and fire ants
- ⇒ foods including peanuts, milk, eggs, shellfish, whitefish, other nuts, some food additives
- ⇒ medications, including some antibiotics (especially penicillin), seizure medications, muscle relaxants, even aspirin and anti-inflammatory drugs
- ⇒ exercise in rare cases
- ⇒ the cause is unknown

### 4) Prevention:

Avoid substances that can cause it. On trips, check EVERY SINGLE FOOD and ALL LABELS to make sure none of the following ever go on a trip: peanuts, peanut butter, bagels or bread with sesame or other seeds, chocolate snacks of any kind, cereals that contain peanut or other nut oils

Examine ALL containers going on trip to make sure there are NO traces of peanut butter in them. If in any doubt, use a clean new plastic bag to line the Nalgene containers.

Make sure no campers or staff bring any peanut or peanut-oil products as snacks on trip. N.B. Many chocolate bars, cereals and other packaged foods contain peanut products! **READ THE LABELS BEFORE PACKING THE FOOD!**

### 5) Symptoms: What To Look For:

Symptoms can appear 2 seconds or 2 hours after exposure. Look for any of these signs:

- ⇒ flushed or itchy skin
- ⇒ agitation and terror, the chest feels tight
- ⇒ a rash or hives or swelling, especially swelling of the face
- ⇒ wheezing, shortness of breath, coughing, hoarseness
- ⇒ headache
- ⇒ nausea, vomiting, abdominal cramps
- ⇒ loss of consciousness

### 6) Treatment:

If a person is flushed and agitated, and you suspect an allergic reaction, **immediately** give them 2 tablets of Benadryl. Try to calm them.

Watch closely - and listen - for wheezing.

If the person starts to wheeze, that means their airway is closing. Do not delay. They need an Epi injection **FAST**.

Arm the 1 Epi-Pen injection ( or 1 dose ANA injection) **NOW!** Wait 15 seconds: Count out loud 15 seconds. If the person is no better, give the Epi injection.

While the tripper is getting the injection ready, assign a responsible person to start timing now.

(Time info is crucial.)

(Details on giving Epi injection: Inject into the arm or thigh, NOT through clothes. Count 10 seconds while you leave the Epi needle in. Then take it out, and massage the area to speed absorption.)

Make sure your timer person is timing.

Dose 2: Wait 2 - 5 minutes before considering a second dose. After 5 minutes, if the person's wheezing is worse, lips are blue, fingernails not pink, in short if the person is not moving air, give a second Epi injection (Dose 2). Do not give Dose 2 in the same limb as Dose 1.

Dose 3: Same exact 5 minute waiting period and procedure (with timer) as Dose 2.

Do not give more than 3 doses. Start CPR if necessary.

Additional important info: Immediately after giving Dose 1, the tripper must give emergency evacuation instructions to his/her staff helpers. Start evacuating the person immediately after giving Dose 1. **Make sure to bring the other Epi-Pens/Ana kits along on the evacuation, because you may need them for more doses. Also bring the Benadryl.**

After Epi-Pens, give 1-2 Benadryl tablets every 2 hours. Any Epi-Pen injection constitutes an emergency requiring evacuation. The person must be evacuated as fast as possible to the nearest telephone, access point or camp, whichever is closest.

JOANNE KATES,  
DIRECTOR, CAMP AROWHON

### Attention Camp Directors

Is your tripping staff qualified to lead your trips safely?

## WANAPITEI WILDERNESS CENTRE

IS OFFERING INSTRUCTIONAL COURSES

SRT- Swift Water Rescue Technician June 21-22

WFR- Wilderness First Responder  
Wilderness Medical Assoc. June 20-28

ORCA-II Canoe Trip Leadership  
19 and Moving Water II June 15-

ORCA-I Canoe Tripping and Moving Water May 17-19  
Custom Certification Courses Available (min 6 participants)  
Call 1-888-637-5777 To Register

## HEALTH CARE BREAKFAST REPORT

On Monday March 24, 18 women gathered to share their thoughts about hot topics in the field of health care. Linda Enright and Cindi Alexander, both nurses with years of camp experience, led the discussion and gave us tips and insight into issues which seem to plague camps each year.

1. Lice: Over the past year a strain of lice has developed which does not respond well to Nix or other shampoos. There is a debate around whether one needs to pick the nits once the camper has been shampooed, but most people do wish to comb out the eggs. Other tips include teatree oil used at the base of the neck and around in the ears and using coconut shampoo as preventative methods. The brand R & C has proved more successful.

2. Parental Consent: When do you call parents if a camper has an illness or sees the doctor? The group reported a range of practices from calling parents of every camper who see the doctor, to letters being sent home or calling only in extreme cases, ie. a hospital visit.

3. Management of Medical Staff: How do you get your medical staff to feel like part of your camp team? You need to sit down with your medical staff during precamp or at the beginning of their stay and go over your expectations. You as the Camp Director need to know what is going on with the camper's health. There must be clear communication between the doctor

and director. Maybe your doctor should receive a copy of the camp contract.

4. Hand washing: There are several techniques to use to get your campers and staff to regularly wash their hands in order to prevent communicable disease spreading throughout the camp. All camps should be using anti-bacterial soap with dispensers in each bathroom. Have a random hand-check in the dining hall or some kind of tap or well outside the hall in order to make hand-washing fun and easy.

5. Water purification: Many illness are related to the quality of water. Camps need to check their filter system to make sure the campers are using clean water. On trips, boiling is still the best way to purify your water but some camps now use a filter system which trippers carry with them and can be used from year to year.

It is great to come together and share information. Everyone learned from the discussion. Thank you to all participants!

*AS REPORTED BY HILARY SMITH ON BEHALF OF THE HUMAN RESOURCES COMMITTEE*

## ONTARIO CAMPING ASSOCIATION'S

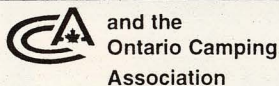
### ANNUAL GENERAL MEETING

WEDNESDAY, DECEMBER 11,  
1997

IN LONDON, ONTARIO

RECENTLY YOU RECEIVED THE CHALLENGE ROPES COURSES STANDARDS THAT WERE APPROVED AT THE LAST ANNUAL GENERAL MEETING IN JANUARY. PLEASE INSERT THIS ADDITION IN YOUR GUIDELINES FOR ACCREDITATION AFTER THE "HOCKEY/RINGUETTE" SECTION. DUE TO THE DIFFERENT "AGES" OF THE GUIDELINES, YOUR PAGE NUMBERS MAY NOT COINCIDE!

PLEASE CALL THE OCA OFFICE IF YOU HAVE ANY QUESTIONS! 416-781-0525



and the  
Ontario Camping  
Association

Baird MacGregor  
Insurance Brokers Inc.  
Your Exclusive CCA Insurance Broker



You have worked hard to provide a unique, enjoyable and safe environment for your campers and staff that meets the standards of your Camping Association.

The CCA recognizes your commitment, and, in conjunction with Baird MacGregor Insurance Brokers Inc. has designed an **Insurance Programme** to provide protection for your camp, and piece of mind, at a competitive price.

The programme includes: Property, Liability (including allegations of sexual impropriety), Accident & Sickness, Crime, Directors & Officers Liability, Employee Benefits Package for one or more full time employees, and more!

You may also retain your existing Insurance Broker and take part in this programme.

For more information, contact Peter Thoma or Nancy Brown at:

1-416-778-8000 / 1-800-263-3030 or by fax 1-416-778-4492

825 Queen Street East, Toronto, Ontario M4M 1H8

**NEW**

### This Summer

Protect Yourself Like Never Before  
Say Goodbye To Insects  
Enjoy The Outdoors with

All Natural



Deet Free

Made With 100% Pure Essential Oils

To Order Call: (416) 922-0072

Or Write:

20 Bloor St. E • P.O. Box 75046  
Toronto, Ont., M4W3T3

## THE EMOTIONAL BAGGAGE KIDS BRING TO CAMP

Another super Human Resources event took place April 15th. Joyce Epstein, a family therapist with a camp background, spoke about the crises involving loss that deeply affect campers. Examples of such crises are: divorce, death in the family, and suicide.

Joyce explained that a crisis is: unexpected; has an emergency quality to it; and it unique to the individual. Intense feelings occur. The common reactions to a crisis are disbelief, then anger, then bargaining, followed by depression, and finally resignation.

For campers aged 7 to 12, the more information they have, they better able they will be to cope. Parents should be encouraged to communicate the details to their children, and respond to their questions.

The situation changes slightly with children 12 and over. Although they are better able to comprehend the issues, they may be more prone to anger and depression, even self-blame. If extended periods of these emotions occur, professional help may be necessary.

Camp, because it is such an intense experience, tends to magnify emotions. But camp, as we know, is a very positive experience.

How can we support a child in crisis?

- ✓ listen to them and respond to their needs
- ✓ provide reassurance
- ✓ allow them to retain comforting objects
- ✓ make sure you know the background to the situation (ask the parents)
- ✓ utilize your health care staff
- ✓ do not hesitate to call upon other professionals if the situation warrants it

Good resources may be found through Bereaved Families of Ontario, funeral homes and fellow directors. Professionals in specific fields (therapists, eating disorder specialists, lawyers, etc.) may also be called upon. If you don't know exactly why a camper is acting up or is depressed, don't automatically assume there must be family problems. Chances are it's camp-

# Arts & Crafts Arts & Crafts Arts & Crafts

## We sell variety

Also available

### Solar Bear Sunscreen

bulk sizes, great price

Great Pricing \* Terrific Selection

Specials \* Fast Delivery

OCA Member



### THE PALMER GROUP

905-670-7999 1-800-387-2472

Fax 905-670-7719



## CAMP DIRECTORS:

STAFF REFERRAL APPLICANTS ARE PROMISED THEY WILL ONLY BE CONTACTED BY ACCREDITED MEMBER CAMPS. PLEASE REFRAIN FROM PASSING THE LISTING TO ANY NONACCREDITED CAMPS. YOUR COOPERATION IS VERY MUCH APPRECIATED.

**A big Thank You to our  
industrious volunteers who  
came out to help with last  
month's "stuffing".**

**Sue Crosthwait  
Barb Gilbert  
Jen Palacios  
Maija Zeibots**

## THE EMOTIONAL BAGGAGE KIDS BRING TO CAMP CON'T

related and something you can remedy.

In pre-camp, you may wish to:

- ✓ role play
- ✓ discuss scenarios
- ✓ explain your policy regarding confidentiality

The camp's confidentiality policy is extremely important. Some camps have a "no secrets" policy: no counsellor may accept a secret from a camper. Campers are immediately told this if they whisper to their counsellor, "I have a secret I want to tell you but you have to promise not to tell anyone...". Chances are good they will tell you anyway if you explain to them you cannot keep a secret if someone's health is at risk. Keep in mind that a crisis may affect other campers

and staff who are not directly involved. For example, when a camper's parent dies (while the camper is at camp), his/her cabinmates and possibly the entire section may be profoundly affected. We are human, after all, and we sympathize with another's person's loss. We discussed how camps react to this compounding of feelings: with open discussion, quiet sharing times, music, and if necessary, professional assistance. One camp has its staff members identify their area of experience - perhaps one has undergone the loss of a parent, another has had a sibling with anorexia, yet another has experienced a loss through suicide. This makes them uniquely able to empathize and it may be helpful to call upon them should the need arise. Society pressures people to "get over" their crisis quickly. Camp can be a heal-

ing and supportive environment but sometimes it just isn't the best place for a child suffering a loss. Using our judgement and in consultation with the parents, we must make the best decision for the camper.

THANKS to Joyce Epstein for her expertise; JANET ADAMSON for hosting the event at her home; ELAINE COLE for her delicious desserts!

AS REPORTED BY FIORA HAWRYLUK FOR THE HUMAN RESOURCES COMMITTEE

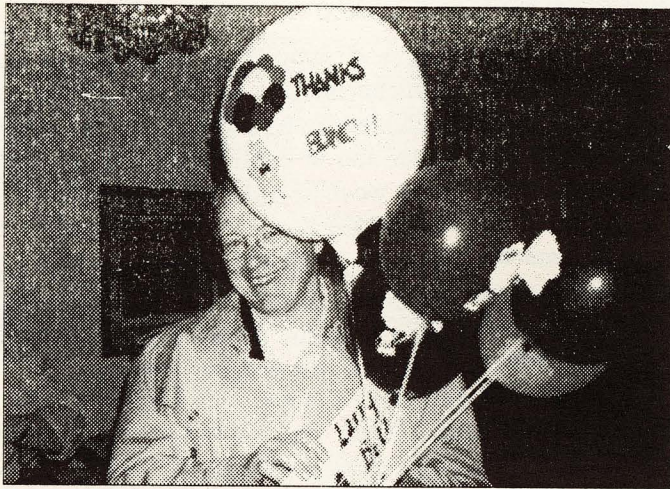
We can't spell  
**Success**  
without U

A proud member of  
the Ontario Camping  
Association

FOODSERVICE INC.  
**SERCA**

Hamilton: 905-547-9881  
Ottawa: 800-268-0538  
Kitchener: 519-744-6591  
Toronto: 416-745-6000  
London: 800-263-6510

ONTARIO CAMPING ASSOCIATION



### HUMAN RESOURCES COMMITTEE SALUTES LARRY BELL

The Human Resources Committee was privileged to have had Larry Bell as our Board liaison for the past two years. At a recent committee meeting (hosted by Patti Thom, our Chairperson), we said thank you to Larry in our own special way. A giant card, with messages from all of us. A mug with his picture on it, and our names on it. A tee-shirt, with the message "We're all in this together", again with our names on the back. And balloons!

Larry has been so much more than the Board liaison. He has been our mentor, our friend, our support. His enthusiasm and creativity have inspired us! He has kept us on track when we got too carried away, and encouraged us at other times.

The great news is that we haven't lost Larry: he has joined our committee as a regular member. From all of us, Larry: thank you!

*SUBMITTED BY FIORA HAWRYLUK, HUMAN RESOURCES COMMITTEE*

Editor's note: Thanks to Larry and to all the other Board members who provide support and mentoring to OCA committee members during their term of office.

### ATTENTION ALL CAMP DIRECTORS... DONT MISS OUT!!!

June 20 to June 23, 1997

*Manitou-wabing Sports and Arts Centre, ParrySound*

### 5th ANNUAL WATERSKI INSTRUCTORS' COURSE

A waterski instructors course geared specifically to Instructors and boat drivers at camp waterski programs. The four day course covers skill teaching techniques for beginner to advanced students, including barefoot and trick skiing instruction. The emphasis of the course is on boat driving, safety and risk management at the camp waterfront.

### 4th ANNUAL TENNIS INSTRUCTORS' COURSE

An intensive on and off court training program for tennis instructors. Group lesson instruction for beginners to advanced players, lectures and demos on stroke production fundamentals, result-producing drills, proper lesson planning, evaluation techniques, important strategy sessions for singles and doubles, tournament organization, fitness and rainy day programming are part of the curriculum.

Participation is open to all waterski and tennis staff holding a 1997 contract at an O.C.A. camp.

Cost: \$325.00\* per person (plus applicable taxes)

\* includes accomodation and 3 meals daily, full course fees and training manual.

For more information call Manitou's office at: (416) 245-0605.

## Second Annual The Timmy Heming Memorial Golf Tournament

**Thursday May 29, 1997**

11 am : 9 hole, scramble  
at The Blairhampton Golf Club \$40  
& mid afternoon BBQ

BBQ only for the non golfer \$20

**RSVP** you or your staff

Fundraising for  
The Tim Heming  
Bursary Fund



## Ten to Three Series

Each daily workshop, from 10am to 3pm, will be the forum to share information. Staff motivation, supervisory techniques, risk management concerns, creative staff training techniques, discussion of related OCA standards, games and programs are among the suggested discussion topics.

Mon, June 16: Assistant Directors  
Tues, June 17: Head Counsellors  
Wed, June 18: Program Directors  
Thu, June 19: Waterfront Directors  
Fri, June 20: Tripping Directors

\$25  
Includes  
lunch

An Interactive  
Workshop Series by  
Creative Challenges Inc

To Register Call Sally Moore 705-286-4922/416-759-5275



## CAMPING MAKES THE WORLD GO ROUND

In 1988, there were no organized camping associations in South America. As a result of the energy and enthusiasm of Terry Lucas, a camp director from Caracas, the Venezuelan Camping Association was created. Terry had attended the Second International Camping Congress in Washington in 1987, and she became the South American regional representative to the International Camping Fellowship. Through her efforts, Camp Directors from across Venezuela began to meet. Since 1988, they have organized several conferences and have begun an accreditation program.

Following Terry's term as ICF regional representative, another enterprising Camp Director named Pedro Paredes accepted the position. His camp is situated in the middle of a coffee plantation!

Through Pedro's incredible volunteer efforts, he has helped with the creation of the Mexican Camping Association (May 1996) and the creation of the Colombian Camping Association this past winter.

On May 1st, these three Associations are coming together for the first ever gathering of the three groups. If all goes well with airflights and tickets, Jack Pearse and I will be joining them to celebrate the incredible accomplishment. They are already very excited about their delegation who will travel to St. Petersburg for the Fourth International Camping Congress in September.

There is phenomenal energy that is created when new associations are born. There is incredible knowledge

in the minds of those who have been a part of camping associations that have been in existence for a long time. When those two groups of people come together, even more energy abounds.

OCA and its volunteers have an energy that is unmatched in any camping association that I have ever known. I believe that Canada is well respected in the field of camping, and folks in the International Camping Fellowship who belong to other camping associations would love to share their thoughts, concerns and questions with Canadians. I urge you to become involved in this international energy - you get what you give - and it will come back tenfold when you share with the world.

Let it begin with your participation in Nevsky Forum 1997 in Russia. Come and meet Camp Directors from at least 35 countries. Treat yourself to a conference that will live in your memory forever.

Finally, we have secured for Canadian Congress participants a superb airfare, but you must act quickly! Details are included in the confirmation package after you have registered. Don't delay!!

JANE McCUTCHEON  
INTERNATIONAL CAMPING FELLOWSHIP  
CANADIAN REPRESENTATIVE

### **WHY TAKE A CHANCE ON YOUR WATER SKI STAFF?**

Your water ski staff handle some tough situations. Be sure they're properly trained!  
The **Canadian Water Ski Instructors' Course** is:

- Now in its 37th year
- The only course offering National Coaching Certification (NCCP)
- Designed specifically for summer camp and ski school staff
- Focus on safe boat operation and the latest instructor techniques
- The only course approved by Water Ski Canada/ Ontario Water Ski Association
- \$ 398 (plus OWSA membership and GST)

**Canadian Water Ski Instructors' Course- June 14-19, 1997**

**Ontario Water Ski Association**

1185 Eglinton Ave. E., North York ON M3C 3C6 (416) 426-7092 fax (416) 426-7378

**ARMY BUNK BEDS:** Steel, tubular, separable 36". Angle iron non separable 30". Mattresses available. All items used. Limited supply. Simon's Army Surplus Simcoe, Ontario. 519-426-1271.

**BEDS FOR SALE:** Single camp cots, large quantity available. Contact Ted Cole, Camp Walden. Before June 15, 416-635-0049; after June 15, 613-758-2365.

**CAMP RENTAL:** Adult or youth groups, reunions, retreats, conference. Spectacular shoreline, canoe routes, gorgeous beach, trails, classrooms for up to 120, surrounded by 1/4 million acres of Crown Land Forest. Cabins with private washrooms. Two hours to Toronto. Sale/joint venture inquires welcome. 416-224-1842

**HIGH SCHOOL FOOD SERVICE TEACHER** with 10 years of summer camp catering experience looking to work in a camp kitchen from June 24 to September 1, 1997. Fax to the attention of Jim Fraser: 705-726-5422 or contact at 705-725-9862 (residence).

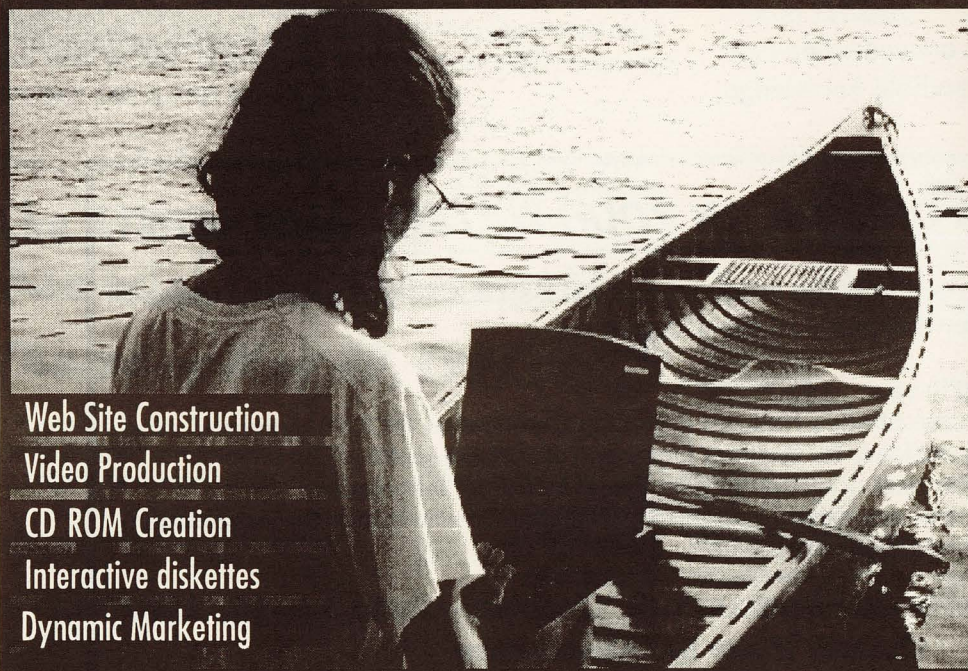
**POSITION WANTED:** Honest, dependable, extremely experienced person with strong work ethic seeks full-time year-round administrative position. Great with parents, staff and campers. Loves cats, large dogs and babies. Available Fall 1997. Please leave your name and telephone number, in confidence, with the OCA office, quoting file #1997-09.

**PROGRAM DIRECTOR WANTED!:** Top Sports & Arts residential camp seeks experienced and enthusiastic "camp Person" for full time Sales, Marketing & Programming position. Fax Resume to 416-480-0655.

**PROMOTIONAL VIDEOS:** greenhouse productions. Professional efficient productions specializing in camp promo videos. Extensive experience, award winning work. Greenhouse productions, Lynn Clark, Foresters Falls, Ontario, 613-646-7567, e-mail: greenhouse@renc.igs.net

**VOLUNTEER AT BOLTON CAMP:** Bolton Camp is looking for motivated individuals who would like to volunteer their skills/talents, time and energy to work with their mothers and children at their residential camp this summer. Various positions and programs are available such as office administration, tuck shop, children and mothers counsellors, van drivers, laundry personnel and many more...Benefits include recognition pin and banquet, meals, training, living quarters, access to camp facilities, reference letters and a valuable life experience. For additional information, contact Bolton Camp - Bob Christensen, at 905-857-3993.

## MULTIMEDIA FOR THE CAMPING INDUSTRY



Web Site Construction  
 Video Production  
 CD ROM Creation  
 Interactive diskettes  
 Dynamic Marketing



**Camp Creations**  
 incorporated

[www.camp.ca](http://www.camp.ca)

E-Mail: [info@camp.ca](mailto:info@camp.ca)  
 Voice: 416.516.2502  
 Fax: 416.539.9235

1352 Bathurst Street #301  
 Toronto • Ontario • M5R 3H7

## MAKING THE MOST OF OUR RESOURCES

A keen group of people met at the OCA Office April 10th for a Breakfast Club meeting that focused on resources for campers with special needs. Members of the OCA's Integration Committee were on hand to inform us about recent developments in this field and suggest ways we can assist families and campers who need that little bit extra.

**Foundations:** Sari Grossinger, of Camp Robin Hood, spoke on developing a foundation that will raise funds for camperships. As CRH's foundation must distribute funds to other organizations (not just their own camp), readers may wish to contact Sari at 416-736-4443 for details on how their camp may benefit.

Other potential sponsors in the community are: Geneva Centre, Trillium Foundation, Star Fresh Air Fund, Rotary and Lions Clubs, Student Councils at universities and colleges. Camps may also try contacting organizations that do advocacy for people with special needs to inquire about funds for camperships. If your organization has a charitable number, getting funds may be easier than if it is for-profit.

However, collaborating with another camp that has charitable status may

benefit both.

**Special Services and Home Funding:**

Families must apply early for this. Developmental, mental and physical disabilities must be identified by a professional and reports attached to the application. Be careful about the terminology used in the application (e.g., autism vs. PDD). Parents will be asked to contribute a portion towards camp fees. They can also apply for assistance for a support worker.

**Volunteers and Other Support Staff:**

Therapeutic programs may be a good source of volunteer staff, who require experience as part of their educational program. Contact colleges and universities that have co-op programs, too. For-profit camps can apply. Career and employment centres will also accept postings for volunteers. If you do use volunteers, check your insurance policy to make sure such workers are covered.

Have them sign a contract and welcome them as part of your staff team. SEED grants and other government assistance (especially for people under 25) may be available.

Anything helps! "Volunteer Abroad" brings foreign workers in to Canada. They are motivated and they work for free! Counselling, clean-up, maintenance, etc. - all the camp has to do is provide room and board. For more information, contact Genevieve Rondeau at 416-977-3703 (Toronto).

It was pointed out that when applying to foundations it pays to be creative! It may be easier to get funds for a specific item rather than just money towards general disbursements. A bell, for example, that can have a visible plaque on it thanking the donor, gives a clear indication of who donated the bell! New projects that innovatively utilize resources may also stand a better chance of being funded. This meeting was a great exchange of information.

Thanks again to the Integration Committee for their support and resources! The Human Resources Committee also thanks the membership for their enthusiastic support of all the events that occurred throughout the year. If you have any ideas for Breakfast Club or Evening Event meetings, leave a message with the OCA Office and when we plan for 1997-1998 we'll certainly consider them!

*AS REPORTED BY FIORA HAWRYLUK, HUMAN RESOURCES REPRESENTATIVE*

**QUARTZ CLOCK MOVEMENTS**



**\$3.95\***  
\*Qty of 30

Free hour, minute & second hand.



**KIDDER MFG**

**KIDDER PLASTICS**

**DESK PENSETS**

Make attractive desk sets. These pens come in black, brown and white complete with pen and funnel base.



**YOUR SOURCE FOR CRAFT SUPPLIES!**

**WOOD BURNING TOOL**



This professional tool has a thin handle with your fingers just inches away from your work for greater control.

**MINI INSERTS**



1 7/16" diam.  
White face with roman or arabic numerals.

**MODEL ROCKETRY FROM KIDDER**



**\$205.00**

25 Student Program

These prepackaged programs are the perfect way to start a model rocketry program. You will need a classroom and an open area about the 1/2 the size of a football field to run 4-6 one hour building, flying and learning sessions for a one to two week program.

**HIGH GLOSS EPOXY COATING**



Mix equal parts of hardener and resin to obtain a thick, hard plastic coating.

**PLEASE CALL FOR FREE CATALOGUE**

39 GLEN CAMERON RD. UNIT #3, THORNHILL, ON L3T 1P1 (905)731-6944 Fx (905)731-8424 TOLL FREE (800)263-3556

## OCA BOARD AND COMMITTEE MEETINGS

### THIS MONTH:

**MAY 7 - SPRING TRAINING COMMITTEE**  
**MAY 14 - SPRING TRAINING COMMITTEE**  
**MAY 21 - BOARD MEETING**

FOR FURTHER INFORMATION ON OCA EVENTS, PLEASE CONTACT THE  
OCA OFFICE

## OCA CALENDAR OF EVENTS

### THIS MONTH:

**MAY 24 - OCA COUNSELLOR CONFERENCE - SENECA COLLEGE, KING  
CAMPUS**  
**MAY 24 - OCA HEALTHCARE WORKSHOP - SENECA COLLEGE, KING  
CAMPUS**

### UPCOMING:

**JUNE 6 - 8 - OCA SKILLS WEEKEND - YMCA WANAKITA**  
**DEC. 11 - AGM, LONDON, ONTARIO**  
**FEB. 19 - 22, 1998 DIRECTORS & SR. STAFF CONFERENCE**

FOR FURTHER INFORMATION ON OCA EVENTS, PLEASE CONTACT THE  
OCA OFFICE

**O**CAsional News offers you a variety of ways to promote products and services within organized camping. The Ontario Camping Association welcomes articles and photo submissions. Next deadline is May 15th for June publication.

- Display ads are sold on a single or multiple insertion rate, with a \$50.00 non-members fee. Please contact the OCA office for rates. Camera-ready art required.
- We also offer professional and business directory ads of business card size (2"x1.5"). Camera-ready art required. OCA member fee: \$35 per insert (up to 3 months) or \$28 per insert (4 to 10 issues).
- Classified ads are sold with a maximum size of 25 words for a fee of \$10 for members and \$25 for non-members. Additional space sold in 25 word increments.
- Paid advertising content will not exceed editorial space.
- The OCA's News is published 9 times a year by the Ontario Camping Association, a voluntary, non-profit association committed to excellence in Camping. We want to hear from you. Please send your thoughts and inquiries to our editorial committee:
- Janet Adamson, Inspirational Messages 416-481-7322 Fax: 416-488-1686
- Rob Heming, Events 705-754-1825 Fax: 705-457-2255
- David Neal, Spirit of Camping 416-503-0485 Fax: 416-503-0485
- Andy Rodford, Board Liaison 416-482-0782 Fax: 416-482-6237 Email: onondagacamp@sympatico.ca
- Patti Thom, Newsworthy Items, Births and Obituaries 905-338-9464 Fax: 905-338-3039
- Mary Lynn Trotter, Editor 416-761-9135 Fax: 416-761-9135 E-mail: mlt@inforamp.net

*The views expressed by authors in this newsletter are not necessarily those of the Ontario Camping Association.*



OCA Office  
1810 Avenue Road, Suite 302  
Toronto, Ont. M5M 3Z2  
Tel 416-781-0525  
Ellen ext 10; Carolyn ext 15;  
Bobsie ext 11.  
Fax 416-781-7875  
Email: oca@ontcamp.on.ca  
Web site: <http://www.ontcamp.on.ca>