



OCTOBER, 1981 -- BULLETIN No. 118

THE PRESIDENT'S MESSAGE

DEAR O.C.A. MEMBERS:

As this edition of the OCCAsional News goes to press, we are under sail without a Captain - Eanswythe Flynn, after many years of editing the O.C.A. News, has resigned because of a heavier workload in other areas of writing. She will be indeed sadly missed and a great deal of appreciation is sent to her for the years of effort, enthusiasm and dedication she gave to the Newsletter.

Hopefully by next month a new Editor will be on the job, meanwhile this edition endeavours to bring you some current news.

Best wishes,

JANET ADAMSON (Mrs.)

THAT MISSING BOOK IS STILL MISSING!!!

In June we discovered that a volume of bound copies of the Canadian Camping Magazine - Volume 5 containing the years 1969 to 1976 - was missing from the library. This book is bound in dark blue leather.

The information in the missing book is invaluable to the Association and is not replaceable. If, by chance you have it in your possession, please advise the OCA Office so that we can make a note of it in our library records and we would ask you to return it as soon as possible.

THE LIBRARY COMMITTEE

REPORT TO THE MEMBERSHIP . . . FROM O.C.A. TASK FORCE

SUCCESS WITH THE 1st ANNUAL O.C.A. CANOEING WEEKEND!!

SUCCESS WITH THE 1st ANNUAL O.C.A. CAMP NURSES' CONFERENCE!!

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Think back to the Spring of 1981 when a new Task Force of O.C.A. undertook two major pilot projects designed to meet specific needs of O.C.A. Camp Staff.

Here is a brief summary of the 2 events:

1. O.C.A. CAMP NURSES' CONFERENCE

On Saturday, July 13, 1981, Forty-eight O.C.A. Camp Nurses arrived at Forest Valley Day Camp for our 1st ever Nurses' Conference. Thirty O.C.A. Camps were represented, staff shared information, about health and safety procedures at Camp, the role of the Camp Nurse, camp sanitation and the treatment of illnesses, accidents and emergencies (among others!) Dr. Jim Fallis, the Director of Emergency Services at the Hospital for Sick Children and former camp doctor at an O.C.A. member camp conducted the major portion of the Conference. Dr. Fallis' warm personality set the tone for a terrific day of sharing between delegates.

Mrs. Mary Casey, author of *The Nurse and The Health Program at Camp*, was the principal organizer of the day's events, and my thanks are extended to her for her hard work and dedication.

Thanks are also due to Bert Fine, Director of Forest Valley Day Camp, for the use of his camp facility - it was a perfect setting for us.

Evaluations of the Conference were all positive! Everyone agreed that the event a) long overdue, b) most informative, c) a lot of fun and d) needed again!

Evaluation comments from Delegates:

- *a fantastic insight into camp nursing!*
- *as this is my first year as a camp nurse, my level of confidence has increased!*
- *Dr. Fallis - excellent!*
  - *The Doctor was excellent!*
- *good audience involvement - relaxed and informal!*
- *extremely well done!*
- *as I have never been a camp nurse, it was a stepping stone for this summer and well appreciated!*
- *I will feel more secure in my role as Camp Nurse and be more aware of my duties.*
- *surpassed my expectations!*

The response of O.C.A. camps was overwhelming! Thank you all, and I know that the Conference in '82 will see your continued support.

2. O.C.A. Canoeing Weekend

June 11 - 14, 1981 marked the beginning of our O.C.A. skill development programs for staff. Our canoeing workshop was held at Glen Bernard Camp, with John Jorgenson of Camp Tawingo and Bryan Dumouchel of Camp Tawingo providing leadership

The 3 day event took delegates through the basics of setting up a safe camp canoeing program. Areas covered included -

1. philosophy and objectives of camp canoeing
2. skill progressions
3. teaching progressions
4. history and resources
5. canoeing safety and waterfront set-up.

TASK FORCE REPORT cont'd.

'Think and Discuss' sessions were interspersed with 'Heard and Do' activities - social recreation programs enabled the group to become a single unit designed to benefit our campers through their canoeing experiences.

Perhaps the best evaluation of the course can be summed up with excerpts from a letter received by one of the delegates:

*"Reflecting back on my experiences as Canoe Instructor and Tripper, I have only positive feelings toward the O.C.A. Canoe Weekend!"*

*'After taking the course I felt not only a great improvement in my skills but also motivation to learn much more about canoeing, tripping and woodsmanship.'*

*'I would highly recommend this course to anyone considering a position of a canoeing skill staff. I found everything that was covered to be important, useful and interesting. The leadership was fantastic and the camp spirit was something that stayed with me right through the summer.'*

My thanks are extended to the following people:

1. all camp Directors who submitted a tender for the Course. Particular thanks go to Mr. Robert Smith of the Koshlong Outdoor Centre for his support.
2. John Jorgenson and Bryan Dumouchel for their tireless efforts.

This first ever Canoe Course was run on the basis of encouragement from member camps who indicated a real need for programs of this type. Although the registration numbers did not reflect the anticipated support, I do feel the program was a tremendous success. The positive comments from the participants exemplify the importance of such an experience, and we are looking forward to greater participation in our 1982 program.

JANE McCUTCHEON  
TASK FORCE CHAIRMAN

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ON RECYCLING

Canada's first recycling information service has been opened by the Ontario Recycling Information Centre in Toronto.

The Centre's staff will answer, by telephone or mail, inquiries from throughout the Province on how to recycle household waste such as newspaper, cans and bottles. The staff will also be able to provide information on local recycling programs, answer questions about waste reduction and recycling and supply guidelines for setting up new recycling programs.

The Centre, located at 41 Laird Drive, Toronto, M4G 3T4, can be reached by calling

1-800-268-6100 (toll free).

Toronto region callers should telephone

423-6555

The Ontario Recycling Information Centre is sponsored by the Recycling Council of Ontario, a private organization established in 1978 by waste managers, community business leaders and local citizens from more than 45 Provincial centres.

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FROM THE CONFERENCE PROGRAM COMMITTEE

WE NEED IDEAS!!

The 1982 Directors' Conference Program Committee has already begun it's session planning. Some 80 Sessions need to be developed and ready for printing by the first week of November!

We are calling for Session Ideas, Topics, Presentors. Do YOU have an Idea? - send it in to the Committee through the O.C.A. Office.

*IT IS UP TO YOU!*

*THIS IS YOUR CONFERENCE!..*

ALBERTA CAMPING ASSOCIATION

In the Spring of 1981, the C.C.A. National Travel Leaders Course was held at Banff, Alberta. The Alberta Camping Association developed and hosted this National Course. An excellent manual of resource material was developed by the Alberta Camping Association and a copy forwarded to each Provincial Association by the C.C.A. This manual is available in the O.C.A. library and provides excellent browsing material. To entice you the following is offered from this manual's introductory pages:

*One of the secrets of life is to understand and accept where you have been and then to consider where you are going and why.*

*Experience is not what happens to you, it is what you do with what happens.*

*Aldous Huxley*

*To truly know a thing one must experience it. To understand other people one must come into contact with their lives and see their deepest needs. Then one can teach with true sympathy and what one has to give will be well received.*

*I. Ching*

*The most important thing in life is not to capitalize on your gains, any fool can do that. The really important thing is to profit from your losses. That requires intelligence and it makes the difference between a man of sense and a fool.*

*William Bolitho*

*Our biggest role as leaders is not to lay on experiences but to provide opportunities where people can experience and discover themselves.*

*You cannot teach a child to take care of himself unless you will let him take care of himself. He will make mistakes and out of these mistakes will come wisdom.*

*Henry Ward Beecher*

*If I never try anything, I never learn anything. If I never take a risk I stay where I am. If I go ahead and do it, that effects how much I continue wanting to do it. When I hold myself back, I trade appearances for the opportunity to find out what I am like.*

*A.J. Stanley*

*The important thing is not whether you reach the top of the mountain; it is the journey you take to get there.*

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A MESSAGE FROM ST. JOHN AMBULANCE

The number of camps using St. John Ambulance First Aid courses grew last summer because camp operators are realizing it's a bonus in more ways than one.

Randy McMahon says parents and campers told him it was an asset in the camp program. He is residential camp director of the Boy Scout's Camp Samac in Oshawa.

"The campers thoroughly enjoyed the Lifesaver course, took great pride in passing, and the parents I spoke to were impressed that a program such as this was offered at our Camp."

Laurent Filiatrault uses St. John courses to teach French as well as first aid. He's director of L'Auberge des Pionniers in Mattawa, which offers French immersion and outdoor education as well as the customary camp activities.

"I think the first aid and safety training is a plus for campers, and when they go home they can use it, and they can use it at school."

He says the St. John teaching approach, combining film, instruction and practice, works for teaching both language and First Aid.

"When they see someone doing first aid and talking about it, then when they do it, they learn, and they don't forget it. And at our camp, they're also learning another type of vocabulary in French".

St. John courses are taught with an emphasis on safety and accident prevention, and can be related directly to accidents that could happen at camps, on wilderness trips, anywhere outdoors.

The courses complement other outdoor safety and skill training for staff, counsellors and campers.

Training can be arranged in several ways. Staff and instructors can take courses in their home communities during the winter. If the camp has a Workmen's Compensation Board number, some of them can be trained at WCB expense. St. John can also arrange training at pre-camp sessions and during camp. Camps may also have someone on the staff trained as a St. John instructor to conduct training at the camp's convenience. This is the option taken by many businesses and industries.

For information, contact the

DIRECTOR OF TRAINING, St. John Ambulance, 46 Wellesley St., E., Toronto, Ont. M4Y 1G5

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WE WELCOME TO O.C.A. THE FOLLOWING NEW INDIVIDUAL MEMBERS

- |                 |                      |                   |
|-----------------|----------------------|-------------------|
| PHILIP BERTRAND | MARJORIE KIRKPATRICK | ANN R. PREWITT    |
| MARC BUTTERY    | ILONA LANE           | SUZANNE ROSENBERG |
| CYNTHIA HINES   | PETER MILNE          | COLIN VICKERS     |
|                 | AUDREY WILLIAMS      |                   |

also a NEW COMMERCIAL MEMBER

BAYVIEW TRANSPORTATION LIMITED  
MR. GARY BARWICK, 57 Alexmuir Blvd., Agincourt, Ont. M1V 1H3 (416)299-4045  
School Bussing & Sales Services

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DAY CAMP DIRECTOR - Camp Katonim, a Day Camp situated on Lake Simcoe - Jewish oriented - requires a Director for summer 1982. Must be 25 years or over, some experience, good references. Please contact.

MRS. COHEN (416)488-2629

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DIRECTOR WANTED - man or married couple required for small boys' camp established 1946. Salary and/or interests negotiable.

(416)261-4111

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DIRECTOR WANTED - Bayview Glen Day Camp, in Don Mills, requires a Director for 1982. To start immediately on a part time basis. Camping & programming experience necessary. Campers' ages range 2-12 years. Contact;

JERRY SHACK, Bayview Glen Day Camp 449-7740

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FOR SALE - 200 feet of 2 inch hose in 50 foot sections; good condition - \$200.00. Phone:

CLIFF LABBETT - 489-1032

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DATES TO REMEMBER

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|-----------------|---------|---|
| <u>OCTOBER</u>  | 13      | <u>O.C.A. STANDARDS COMMITTEE</u><br>9:30 A.M. - 11:30 A.M.<br>O.C.A. Board Room<br>1806 Avenue Road, Toronto |
| "               | 13      | <u>O.C.A. EXECUTIVE</u><br>2:00 P.M.<br>O.C.A. Board Room   |
| "               | 14      | <u>O.C.A. EDUCATION COMMITTEE</u><br>9:30 A.M.<br>15 Wychwood Park, Toronto                                   |
| "               | 15      | <u>1982 O.C.A. CONFERENCE COMMITTEE</u><br>7:30 P.M.<br>Family Services<br>22 Wellesley St., E., Toronto      |
| "               | 16 - 17 | <u>O.C.A. BOARD WEEKEND</u><br>7:00 P.M. Friday to<br>7:00 P.M. Saturday<br>Nottawasaga Inn, Alliston, Ont.   |
| "               | 20      | <u>CONFERENCE PROGRAM COMMITTEE</u><br>7:30 P.M.<br>O.C.A. Board Room   |
| "               | 21      | <u>DAY CAMP FALL WORKSHOP</u><br>For information call<br>Gord Meslin - (416)222-2929                          |
| "               | 21      | <u>AQUATICS COMMITTEE</u><br>7:30 P.M.<br>245 Roxhampton Ave., #606<br>Toronto                                |
| <u>NOVEMBER</u> | 3       | <u>O.C.A. BOARD MEETING</u><br>5:30 P.M.<br>O.C.A. Board Room   |
| "               | 10      | <u>O.C.A. EXECUTIVE MEETING</u><br>2:00 P.M.<br>O.C.A. Board Room   |

PLEASE NOTE

CAMP DIRECTORS & SENIOR STAFF

HAVE YOU REGISTERED FOR THE FALL WEEKEND?

DATE: FRIDAY, NOVEMBER, 6, 7:00 P.M.  
TO  
SUNDAY, NOVEMBER 8, (UNTIL AFTER LUNCH)  
PLACE: BOLTON EDUCATION CENTRE  
BOLTON, ONTARIO

"INTERESTED IN PUBLIC RELATIONS?"

The O.C.A needs to create a greater amount of public interest. Why not help out in this important and crucial task. To find out what is involved, come to a meeting of the P.R. Committee.

DATE: Wednesday, October 21, 1981  
TIME: 7:00 P.M.  
PLACE: Killcoo Camp  
160 Eglington Avenue, East  
Suite 206  
Toronto, Ontario