



FEBRUARY 1990

EDITOR: JANET ADAMSON

The greatest natural resource that any country can have
is its children. --- Danny Kaye

COLE'S NOTE

RECYCLED PAPER

At a recent meeting of the OCA Board, a motion was passed unanimously stating that our newsletter is to be printed on recycled paper starting with the current issue. As well, there is a strong recommendation urging everyone to use recycled products wherever possible. All of us on the Board realize that this move is certainly of no major significance as far as our utilization of paper products. However, it was the wish of the Board members to make a statement letting everyone know that the environment is sure to be the major issue of the coming decade. All of us who work with kids and at camp should be doing whatever we can to instill the values that are going to be necessary for us to live in harmony with our world in the years to come. We are also researching a list of suppliers who sell recycled paper and when this is compiled we

will publish it in a forthcoming newsletter.

Hope everyone had a great holiday and a great time at the Conference!

TED COLE
President

LETTERS TO THE EDITOR

Dear Janet:

As an organization dedicated to our natural environment, it seems only fitting that we make a visible commitment in the form of recycled paper in our newsletter. Maybe we could even devote a small space on the back of an issue in order to describe our reasons for choosing an environmentally sound paper stock. At any rate, I feel that glossy paper sends a mixed message about OCA's environmental attitudes, and may indeed undermine rather than enhance our image.

DAVE NEWNHAM
Environment Committee Chair

Dear Janet:

Congratulations on producing excellent issues of OCA'sional News; the items are very timely and interesting.

I quite agree with Madelene Allen's comments about "glossy paper" and our responsibility in the world of camping to model environmental responsibility. We must lead the way in saving and healing the environment.

SHIRLEY FORD
Presyterian Church in
Canada

EDITOR'S NOTE

We are pleased to announce that the OCA's newsletter is now being printed on recycled paper. We hope that the membership will enjoy the speckled tone, ivory text.

JANET ADAMSON
Editor

LET'S INTEGRATE TOGETHER

His name is Aaron and he is 13 years old. Our first year together he poked me in the stomach every time we met; by the second year he had progressed to shooting me with his thumb and forefinger and telling me "you're fired". Doesn't it seem like a typical Director-Camper friendship?

Let me backtrack a bit. In 1988, I got a phone call from Aaron's mother, who wanted him to be fully integrated into a "normal" camp. At the time I welcomed the chance to make our clientele more diverse, but pondered the challenge it would provide my staff, as we have a very limited capacity to deal with special needs campers at Harbourfront.

Aaron is developmentally delayed, but his language skills are good; in fact he can recite whole movie scripts off by heart. But, in new situations, when overstimulated, or during interaction with his peers, he requires one-on-one support to integrate and participate fully in the camp programme.

In 1989 Aaron participated in the Pathfinder programme; canoeing; sailing; swimming; arts and crafts; games; and a two-day camping trip. Support was provided by his one-on-one counsellor, whose salary was paid through funding received from COMSOC. This counsellor helped Aaron set goals, develop confidence in his physical abilities, and feel a sense of accom-

plishment and greater self esteem.

In general this has been a very positive experience for everyone concerned. But there are issues to be resolved for 1990. For instance, where will Aaron's counsellor's salary be found if COMSOC stops its funding? Also we recognize that more specialized and intensive training than we can provide is required by his counsellor and the rest of my staff to better handle special needs camps. The task ahead is a difficult one, but we have taken a step in the right direction!

ROSEMARY BELL
Harbourfront Summer Camps

An Integration Success Story

This past summer, Camp Kakeka took its first step toward integrated camping. With the assistance of an organization called "Reach for the Rainbow", our camp hosted four handicapped kids each week. Disabilities included developmental delays, autism, cerebral palsy, mobility impairments, and other difficulties. Each of these children had a counsellor, called a "facilitator", assigned to him 24 hours a day. As well, the camper's cabin mates were given an explanation of his disability at the beginning of each session.

In our camper surveys, our boys aged 8-16 responded well to the "Reach Kids":

*When asked how they felt about having the Reach Kids

at camp, 34 of 111 responses were neutral, such as "OK", "not bad". "fine", or "so-so", etc. The remaining answers were positive.

*88% of the campers had never lived with a handicapped person before.

*Those who liked the handicapped kids outnumbered those who didn't by 10 to 1.

*The most common complaint about the Reach Kids was noise.

*83% of the respondents said they helped the facilitators care for the handicapped children.

PETER BERGS
Camp Kakeka

THE GREEN SCENE

Last month's **Green Scene** on composting at camp raised an important question. Some members asked, "What are other camps doing to make composting a regular part of camp life?"

To begin, keep in mind the benefits of composting:

1. It's a great opportunity to role-model a positive environmental habit to campers and staff.
2. It adds a new aspect to the campers' sense of responsibility to the camp community.
3. It creates opportunities for creativity and fun at mealtimes.

Here are some ideas to get started:

BEFORE EACH MEAL: Announce to the campers which leftover food items from their plates can go into the compost bin. Compostable

scraps include: vegetables (without cheese or buttery sauces), apple cores, orange and banana peels, shells from hard-boiled eggs, etc. A blast of fanfare and the entrance of the wacky entourage of the "compost queen", for example, who announces the compostable waste for the meal, can add lots of fun to the composting program and to the dining hall in general.

AFTER THE MEAL: Campers can scrape compostable scraps into the "Compost Bucket" and scrape non-compostable items (e.g., meat scraps, baked desserts, scrambled eggs) into the food waste bucket. If your camp is already weighing food waste, you can still weigh the compost bucket along with the food waste bucket after each meal, but the compostable materials don't end up as garbage!

Try designating a cabin or tent group each day to be responsible for taking the compost bucket to the bin. En route, they collect the compost pail from the kitchen (filled with fruit and vegetable peelings, coffee grinds and eggshells). Shovels and pitchforks can be used to turn the compost, and a layer of grass clippings or leaves added if the time is right; moisten if necessary and check the progress of already filled bins.

Compost fertilizer can be used as an all-natural fertilizer for your camp garden. Also, if you have horses, don't forget that manure can be an excellent starter for each successive

bin in order to speed up the process and add some additional nutrients to the end product!

These are only a few ideas; there are limitless other ways to develop your own participative composting program at camp, while at the same time reducing your contributions to the local landfill site by 25%! Remember: "When we lump our waste together, we have garbage, but when we separate it, we have a resource."

For further composting information, write to:

Recycling Council Ontario
P.O. Box 310, Station P
Toronto, Ont. M5S 2S8

Ont. Recycling Information Service
Ryerson Energy Centre
350 Victoria St.,
Toronto, Ont. M5B 2K3

Coming Attractions:

Earth Day 1990 - Apr. 22/90
An international celebration of commitment to the health of our planet. More details to come!

DAVE NEWNHAM
Environmental Concerns
Committee Chair

**O C A C A L E N D A R
O F E V E N T S**

- Counsellor Conference.....**
.....May 26, 1990
- Nurses' Conference.....**
.....May 26-27, 1990
- Ontario Camp Directors
Workshop.....**
.....May 31-June 3, 1990
- Skills Weekend.....**
.....June 8-11, 1990

**Y E A R - R O U N D
E D U C A T I O N**

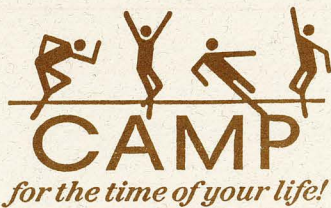
In June 1989, the Select Committee on Education completed its second report on the length and organization of the school day and school year. In this report, changes were recommended to the Education Act to allow local school boards to adjust the semester lengths and the implementation of pilot projects to bring year-round calendars to selected areas.

The present time frame for the school was established when Ontario was more agrarian and students were required in the summer months to assist with harvesting. For the large part, this is no longer the case in Ontario. In year-round education, children would still receive the same number of teaching days each school year; however, they would be spread out across twelve months.

Public hearings were conducted in March and April 1989; from the recreation sector, the committee only heard from the association involved with private campgrounds.

The Ministry of Education will be reviewing the report but has not set a timetable for the review. Recreation organizations may wish to pursue the topic further regarding the potential implications of year-round education on their area of concern.

TERRY SMITH
Program Review Officer
Ministry of Tourism and
Recreation



WASN'T THAT A TIME!

To all the Delegates...
Thank you!
To all the Speakers...
Terrific!
To all the Exhibitors...
Fantastic!
To all the Volunteers...
Hurray!

The 1990 Annual Conference is now history. After all the hours of hard work to plan and prepare, it was tremendous to see events unfold over three days of great learning and fun.

The past two years have been a wonderful challenge for me. As Chairperson of the Conference Committee, I have had the pleasure of working with a superior group of volunteers who have succeeded in building a conference of which we can all feel proud. The comments from speakers and delegates alike confirmed the great response to this event. You should take your hats off to these people - and thank them for their hard work on behalf of the Association:

David Latimer
Diane Blair
Brian Blackstock
Chris Northey
Lynda Shadbolt
Bob Smith
Bobsie Ebbbs
Catherine Ross
John Pearse
Michael Greenbloom
Lisa Pearse
Mike Moore
Rosemary Gauvin
Sally Moore
Marilee MacFarlane

Patti Thom
Jean McIlwrick
Barb Gilbert
Jessica Breski
Steve Heming
Jeff Bradshaw
Nora Couch
John Harder
Ginny Heming
Barb McDonald
Paul Marritt
Marna Yates
Fred Zehr

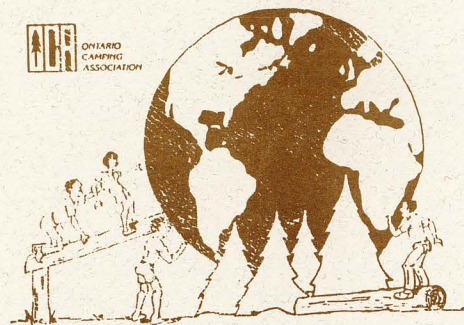
Finally, you will know by now that Catherine Ross has agreed to Chair the Conference Committee for 1991-93. We are lucky to have a leader of her calibre to break new ground for the future.
To the 1991 Conference Committee... GOOD LUCK!!!

MARJORIE BOOTH
Conference Chairperson

HELP WANTED

Camp Director for Cave Springs Camp, a resident church camp near Beamsville, Ont. To be responsible for camp operation and supervision of 20 paid staff and 6 volunteers. Resume and references to: Mrs. Madeleine Hoxie, Chair, Program & Leadership Committee, 71 Sovereign Dr., St. Catharines, Ont. L2T 1Z6; (416) 684-5320.

Assistant Director of Services for Camp Trillium. Required: degree in Recreation or equivalent camping experience; be bilingual; & be experienced with special populations. Resume and references to: Trillium Childhood Cancer Support Centre, P.O. Box 359, Bloomfield, Ont. K0K 1G0; (613) 393-2384.



MAKE A BETTER WORLD...
COUNSELLORS OF TODAY
BUILDING FOR TOMORROW

Announcing the 1990 O.C.A.
Counsellor Conference!

May 26, 1990 - Toronto

Join us for your "Blueprint for Action". Become part of the hottest "Construction Crew", building the best summer possible!
DIRECTORS! Both Individual and Group registration forms will be available soon through the OCA office - (416) 781-0525.



ONTARIO CAMP
DIRECTORS' WORKSHOP
Bark Lake-Irondale, Ont.
May 31 - June 3, 1990
"PROGRAMMING TO THE FUTURE:

A HOLISTIC VISION"

Theme Speaker:
MARJORIE BOOTH

Join us for learning, fun and camaraderie as we "program to the future". For further information and registration contact: Kathleen Wilson, 41-E Fable St., Nepean, Ont. K2J 3K4; H-613-825-2394; B-613-234-0018.

ONTARIO
CAMP DIRECTORS'
WORKSHOP 1990
BARK LAKE



MAY 31 - JUNE 3

IRONDALE, ONTARIO

"PROGRAMMING TO THE FUTURE: A HOLISTIC VISION"

The year 1990, the start of a new decade and the year in which The Ontario Camp Directors' Workshop will turn its attention to the PROGRAM aspects of camping. Organizations and institutions in society today are beginning to realize that our world can no longer be segregated and consumed without thought for the future. We must see things not for their separateness, but for, as Nature teaches us, their interdependencies. The purpose of this workshop is to provide an opportunity for professional development for directors, senior staff, board and committee members of agency, church and other non-profit camps. Participants will gain practical ideas, resources and inspiration. Join us as we explore programming alternatives in the 90's, and share in a "Holistic Vision" of our future.



Theme Speaker: **Marjorie Booth**

Marjorie's list of credentials associated with the camping field is impressive. She has been a fellow with the Society of Camp Directors since 1986, and holds an honours BA in Recreation from the University of Waterloo. Marjorie is the General Manager of the Rosedale-Moore Park Association, a position she has held since 1984. An Executive Director of the Canadian Camping Association from 1979 to 1984, Marjorie's sense of the state of camping in Canada comes from having worked in YMCA camps in the provinces of New Brunswick, Quebec and Ontario. Her Ontario Camping Association functions are extensive. Now a board member, she has served as a conference chair for 2 years and has sat on almost every OCA committee there is. Marjorie's experience goes beyond the provincial and national levels to include involvement in both the 1st and 2nd International Camping Congresses held in Toronto in 1983 and Washington D.C. in 1987.

A warm, energetic, insightful and innovative person, we are excited to have Marjorie share her **Holistic Vision** as we **Program to the Future**.

ONTARIO CAMP DIRECTORS' WORKSHOP
MS. KATHLEEN WILSON
41-E Fable St.
Nepean, Ontario
K2J 3K4

In Co-operation with:



Ministry of
Tourism and
Recreation

Ministère du
Tourisme
et des Loisirs

Recognized as an educational event of:
THE ONTARIO CAMPING ASSOCIATION



For Office Use: () Payment Received \$ _____
() Cheque; () Money Order; () Cash
() Acceptance Mailed

REGISTRATION: \$110.00 per person - includes meals, accommodation
and all the resources of the workshop.
Cancellation fee \$10.00. No refunds after May 14, 1990.
Send completed Registration Form and payment to:

OCDW REGISTRAR

Ms. Kathleen Wilson
41-E Fable Street
Nepean, Ontario
K2J 3K4

(613) 825-2394 - home
(613) 234-0018 - work

Arrival: 6:30 pm (no dinner provided) Thursday May 31

Departure: 12 noon (bag lunch provided) Sunday June 3

Transportation: We encourage energy conservation and so
facilitate car pools. A list of participants will be sent to all
delegates in May.

PROGRAM AT A GLANCE

Thursday May 31

Arrive in the evening to register, then settle in and select your sessions. After an official WELCOME, join us for an evening of fun and musical entertainment and a late BUFFET.

Friday June 1

Morning activities and reflection time before breakfast.
 KEYNOTE ADDRESS by Marjorie Booth.
 Morning continues with two hour sessions.
 Following lunch, DISPLAYS in the Rec Hall along with the Canadian Camping Association Bookroom.
 For remainder of afternoon stay and enjoy displays or attend active outdoor sessions.
 Following dinner, a lively evening of SQUARE DANCING in the Rec Hall with George Layman.

Saturday June 2

Morning activities and reflection time before breakfast.
 Morning continues with sessions two hours in length.
 After lunch choose from several one hour sessions.
 Finish the afternoon with leisure activities.
 After dinner, a second KEYNOTE ADDRESS by Marjorie Booth.
 A CAMPFIRE will conclude the evening.

Sunday June 3

Morning activities and reflection time before breakfast.
 Programming SWAP SHOP.
 WORSHIP service and REFLECTIONS.
 Bag lunch for the trip home.

Proposed Additional Sessions:

- Arts & Crafts
- Waterfront Ideas Beyond Swim Lessons
- Co-operative Games
- Music
- Program Planning & Evaluation
- Earth Education
- Children at Risk
- Activities to Avoid Burnout
- Rainy Day Activities

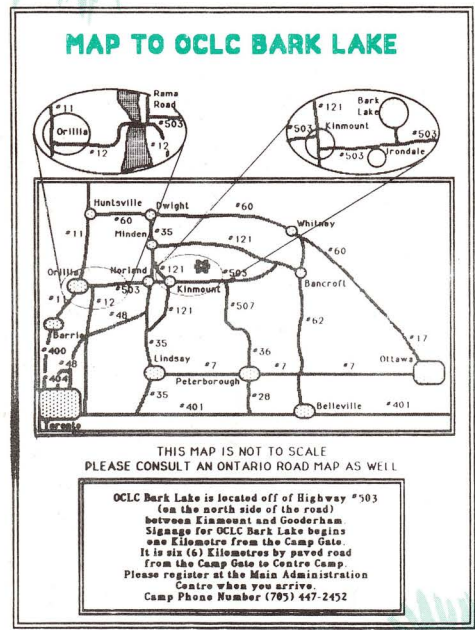
- *DISPLAYS
- *CANADIAN CAMPING ASSOCIATION BOOKROOM
 -books will be available for purchase.

*PROGRAMMING SWAP SHOP - Due to the overwhelming success of last year's swap of site and facilities ideas, we are again providing an opportunity to trade interesting and valuable ideas related to camp programming. Make a display, do illustrations, bring equipment or provide some samples of the things that make your program tick. Swap Shop will be a time to share your ideas and tote away others, so do some digging and bring something along!

WORKSHOP FEATURES

- *WELCOME - Fun and Musical Entertainment
- *KEYNOTE SPEAKER - Marjorie Booth
 During two keynote addresses and throughout the workshop, Marjorie will be on hand to help us develop our holistic vision of programming to the future.
- *SQUARE DANCING - with caller George Layman
- *PRE-BREAKFAST ACTIVITIES and REFLECTION TIME
- *LEISURE TIME - canoeing, kayaking, swimming, hiking...
- *SESSIONS - Choose from among these topics and session leaders:

- Environmental Lifestyles & Attitudes (Composting & Recycling) - Dave Lyon
- Integration - Judith McGill
- Pre-Camp Training for Day Camps - Larry Bell
- Work/Service Projects for Campers & Staff - Grant Linnie
- The Natural Way, Naturally - Ernie Giles
- Dramatic Programs - Brenda Carr
- Innovative Religious Programs - Scott Sinclair
- Initiative & Ropes Course Activities - Brian Lisson
- Cats Cradle (String Games) - Camilla Gryski
- Storytelling: How do I get Started? - Jim Blake
- Storytelling: Where do I go from Here? - Jim Blake
- Activities for Group Building - Rob Heming & Sally Moore
- Unit Centred Programming - Brian Lisson
- Native Heritage Programs for Camp - John Jorgenson
- Staff Training Ideas - Sally Moore
- Five Minutes Before Dinner - Dave Paddock
- Environmental Wide Games - Rick Romman
- Physical Activities in the 90's and You(th) - S. Kate Moore
- Scheduling Ideas - Ted Yard Jr.
- Wellness - Laurie Heming



Emergency Phone Number at Bark Lake: (705) 447-2452

A reminder ... the Ontario Camp Leadership Centre, Bark Lake is a smoke free facility.

1990 REGISTRATION FORM

PHONE:

NAME:

1990 REGISTRATION FORM

NAME: _____ PHONE: _____

ADDRESS: _____
Apt Street City Province Postal Code

POSITION AT CAMP: _____ AGE (if under 20) _____ SEX: F M

NAME OF CAMP: _____ LOCATION: _____

OPERATED BY: _____ #OF YEARS ATTENDING WORKSHOP: _____

Do you have any special dietary needs? yes no

O.H.I.P. #: _____ EMERGENCY PHONE # _____

EXPECTED ARRIVAL: _____ (am/pm) on _____ (day)

NO. OF REGISTRATIONS: _____ (at \$110.00) TOTAL _____

Cancellation Fee - \$10.00

No refund after May 14, 1990

Make cheque or money order payable to ONTARIO CAMP DIRECTORS' WORKSHOP