

March 2003

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Women's Health Matters Forum & Expo

January 17th and 18th saw 18,000 participants and 140 exhibitors at the Metro Toronto Convention Centre, Women's Health Matters Forum & Expo. The title, "Women's Health Matters" caught my attention the first time I read it. I like the fact that I can read it two ways...my favourite is "Women's Health Matters!" I took a day off work to attend the forum because I decided that I matter, that my health matters, and that the health of those around me matters. I ended up getting two solid days of nourishment. There were great sessions and workshops by health professionals covering topics from body image issues to handling personal anxiety; book signings with four great authors (including Michael Runtz – famous nature photographer and Barbara Coloroso – famous bullying expert). There were "highly medical" presentations and more reflective workshops. I was amazed at the breadth of information and expertise and at the Forum's ability to reach a wide range of participants – teenagers to seniors.

When I think about this Forum and Expo with respect to the OCA, I see a huge opportunity for us as camping professionals. Firstly, by being in the exhibit hall, we had a HUGE population of mothers, grandmothers, aunts, and godmothers, (and bunches of men in relative roles!) as a captive audience as we spread the word about children's summer camps in Ontario. Health issues affect us at all levels in our camping organizations from our own health (which we all too often disregard as we care for everyone else!), the health of our staff members, and of course of our campers.

The Exhibit Hall was a hub of activity at all times. The Hall opened with the most incredible live magic show I've ever seen. I'm still not sure how Andrew Pogson got Bill the duck to magically appear from a huge wad of toilet paper. Presentations on a large, impressive stage with a great sound system happened all day. We saw dancers, yoga, and inspirational women's exercise groups. Most of the shows were uplifting, humorous and highly entertaining, and I thought it was just an exhibit hall! The exhibitors were as varied as the rest of the forum. Almost anything you can think of to do with health (women's and men's) was represented. The bookstore was wonderfully well organized and had a fantastic spread. They sold \$20,000.00 in books over two days. My husband and I bought four books and could have bought 50 if we'd allowed ourselves such luxury!

Here's what other OCA members thought of the event...

The View From Here

One of the most important things we learn at camp is that with every privilege we have, we also have a responsibility - something we need to remind our campers and staff about on a regular basis, not just in camp but in the world. Membership in the OCA does bring with it certain privileges - the strength garnered from being one of about 300 camps which can reassure parents that their children go to camps that maintain specific standards for their children's camping experiences. Important too is the benefit of having very capable people lobbying the government in matters of mutual concern (recent examples would be WATERWORKS and MINIMUM WAGE). Certainly, our educational programs aid our members - over 75% of our camps take advantage of one or more of our programs each year. OCA members benefit significantly from being able to take advantage of the special insurance rates through association with the CCA. Of course, there are many other benefits, but these seem to be the most important to our members.

Sometimes some of us need to be reminded that we can benefit from being more mindful of our responsibilities as well. These too can make our Association stronger – such things as:

• Always using the OCA logo in your advertising and on your camp promotional material reminds campers and parents of our commitment to adhere to OCA Standards

• Making new non-member camps aware

of the benefits of OCA membership and encouraging them to join us

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'7 High School Skiers Killed In Avalanche',

screamed headlines in the Toronto Star. A special trip gone terribly, terribly wrong because of an act of nature. My mind immediately went back to that dreadful day in June 1978 when Lake Timiskaming took so many young lives from St. John's School. (See book review p.10)

When we take youngsters into the wilderness, indeed, when we go ourselves, there is an element of risk. As camp professionals, and responsible adults, it is our job to minimize those risks. Some might argue that we should not be taking children where there IS risk. The Star poll reported 71% of respondents voted against these excursions. We, as outdoor leaders, look at the experience more positively.

The challenge is to find the balance between opening hearts and minds to the magic of the Canadian wilderness and keeping the body safe, and teaching the individual to stay safe. This is the role of mature, experienced leaders. Leadership goes beyond experience; leaders must have wisdom to know when it is "too far, too deep, too windy, too cold, too … anything." Leaders must remember that those in their charge do not have the stamina that they have, and how much they can ask of others less experienced.

I never slept very well when Ouareau had canoe trips out. Yes, the trips were well planned, and yes, the campers were qualified. (I even had a couple of parents pull their children out of camp because we said they were not qualified enough to go on a trip.) My staff were qualified, but, and this is the big but, did they <u>really</u> have the wisdom to know when to "sit it out." We all know the feeling.

We all know how hard it is to say to a group of excited, keyed up, expectant youngsters— "NO, not today", when today is the only day possible for the adventure. The wisdom, the courage to say no, and the humility to know that "it can happen to us," are the ingredients that go into bringing them back, not only alive but safe and having "grown in wisdom and stature".

Our hearts go out to the families who have lost children, to the students who have lost friends, and to the school who now has to cope with the loss and the great decisions to come.

Madelene "Ferg" Allen

ocaeditor@ouareau.com

View From Here, Cont. from page 1

• Volunteering some of your special skills as individuals to assist in task forces and projects, such as those initiated by the Board and the Human Resources Committee.

• Providing more opportunities for children with special needs to participate in our camp programs.

• Participating in our LABEL PROGRAM, the revenue from which is used for administration, and is an important factor in subsidizing our fees.

If each of us were to implement two or three of these five things, we all would benefit from a stronger Association and from even finer camps for our campers and staff. Please give these thoughts some consideration and, where you can, give your support.

Brian Blackstock

Human Resources Committee

Someone from the HR Committee will be contacting you shortly about upcoming events in your Association. However, sometimes camps do get missed so we are enclosing this just to update you! We would welcome your participation in some great activities:

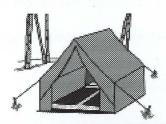
- Breakfast/Evening Meetings
- Skills Weekend
- Counsellor Conference

As you know, the OCA relies heavily on the work of volunteers. If you or any of your staff would be interested in offering a little time please let your HR representative or the OCA office know. We'd be happy to outline the ongoing work of committee and task forces and help you find something that suits the amount of time that you would have to give! If you have questions about volunteering for committees or need clarification on events, please feel free to contact your HR rep or e-mail me.

Thanks for your help and I look forward to meeting you at one of the upcoming events!

With warmest wishes for a happy and safe spring!

Patti Thom, Chair, OCA Human Resources Committee p_thom@softhome.net



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Camps and the Employment Insurance System

1) Are Records of Employment (ROEs) required for all camp staff ?

According to Human Resources Development Canada the employer must issue a ROE within five calendar days of the interruption of earnings. The Employment Insurance Commission uses the ROE to determine if a claimant is eligible for insurance benefits and a claimant requires a ROE in order to make a claim. The preparation of 50 to 100 or more ROE's at the end of the summer is undoubtedly a burden and since the majority of camp staff are students and never make a claim for EI, often perceived as a useless task. For this reason, many camps do not automatically prepare ROEs, but will issue one when an employee requests one.

However, the fine for not preparing a ROE can be as high as \$2,000.

Within the situations that exempt an employer from issuing a ROE automatically the one most likely to be interpreted as relevant to camps applies to part-time, casual or on-call workers. This exemption specifies that if the interruption of earning is for more than 30 days, a ROE should be issued. Nevertheless, I believe it is acceptable for a camp to not issue a ROE to summer staff unless requested by the employee simply because the federal government has no reason to use the form except when a claim is made for EI.

Although EI could take action against a camp for not issuing a ROE within five working days for all terminated staff, I have not heard of any camps that have had this happen. I do not think it would happen as long as the employer issues a ROE on request – this practice would meet the intent of the regulation, if not the precise letter of the law. In the circumstances typical of camp summer employment, I found in discussion with EI officials some who said that it is a must and others who claimed that it was acceptable to issue on request.

If a summer staff is not a student, then it would be prudent to issue a ROE on termination; however, my experience is that even when we don't there has been no problem. A number of times employees have called us to get a ROE many months after their termination in order to make a EI claim. We issue one with no apparent problem with EI.

2) When you do complete a ROE

The method of calculating the required information is not straightforward. Since eligibility for EI is based on hours worked and insurable earnings, employers must report insurable hours of employment, start and finish dates of employment, and insurable earnings. Reporting insurable hours of employment may be difficult for camp summer staff who are paid a lump sum for the summer and work ridiculously long hours each day six days a week.

So how do we do it? If an employee is salaried, as are camp summer staff, and if the employer does not know the actual number of hours worked, the employer and employee are supposed to agree on the number of insurable hours for which he/she is paid. The first thing to be decided is the pay period type. Pay period types can be weekly, bi-weekly, semi-monthly, or monthly. Once you chose a pay period figure out what an acceptable number of hours for that period would be. You may want to say that insurable hours are 35 hours or 48 hours a week, or 174 or maybe 200 hours per month. This does not necessarily mean that the employee actually worked 48 hours a week or 174 hours a month, but it does mean that a person's eligibility for EI will be based on having worked those number of insurable hours.

Eligibility for EI is based on having worked a minimum of 420 to 700 hours, depending on the rate of unemployment in the region where the person makes the claim. The advantage of a using a higher number of hours per pay period is that they will meet the minimum hours requirement for eligibility sooner. The disadvantage is that they will be eligible for a smaller benefit because their earnings over a period are divided by a higher number of hours. Benefit rates are set at 55% of insurable earnings over the pay period; fewer hours a week of insurable work will mean that the person will take longer to qualify but will receive a higher benefit.

If there is no agreement between the employer and employee, the procedure is for the employer to divide the insurable earnings for the period of employment (of which there can be no dispute) by the provincial minimum wage in effect on January1. The result cannot be more than seven hours per day or 35 hours per week. Start and finish dates are easy. Insurable earnings is also easy. For most camps it will be what the employee was paid, although in some cases it could include other benefits such as room and board.

Leon Muszynski, Camp Arowhon

Information on the ROE and how to fill one out is available online from the HRDC web site. http://www.hrdc-drhc.gc.ca/ae-ei/pubs/roe-2002.shtml

WISDOM FROM THE PAST

Hedley Dimock on Leadership

"Leaders have certain personality traits that likely increase the probability of their taking on leadership functions, but their success as a leader is largely dependent upon the situation.

A person who is a leader in one situation may not be a leader in another, and, a person who gives leadership to one group may not be a leader in a different group. Further studies have shown that in some cases several people may be providing leadership almost simultaneously. This has led to the conclusion that leadership is probably best thought of as a group quality, where there are many functions to be carried out in the group and many members contributing to these functions. This new concept of shared or participative leadership highlights the role flexibility of members, as groups should be flexible in assigning leadership functions to different members as conditions change in order to utilize all the skills within the group.

Any member who helps the group achieve its goals or influences the behavior of the group is a 'leader'. Most members are leaders of the group at one time or another, hence, we must study a corps of leaders and differentiate among members according to the amount of leadership they contribute to the group, and not by calling one person a leader and the rest followers.

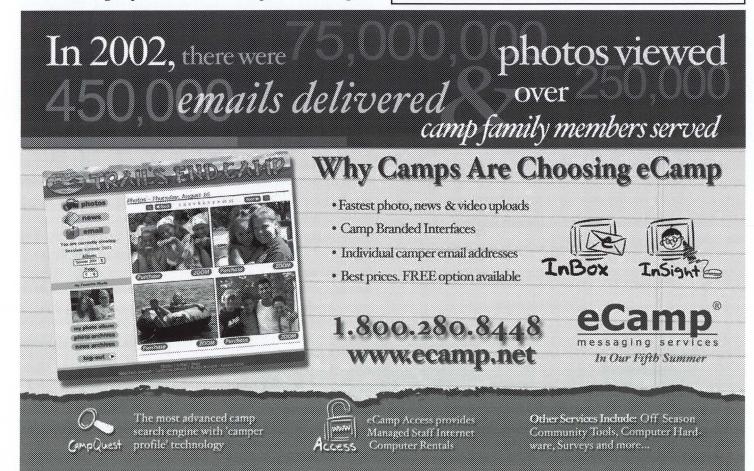
Members are not born with leadership skills, but rather learn them in group situations. Leadership, like other aspects of behavior, is best thought of as a continuum with a person displaying varying degrees rather than having it completely ("he is a leader") or not at all.

In youth groups physical size has some relation to leadership potential. In adult groups, size (height and weight) does not appear related to leadership acts. Members most active in leadership roles also have more energy (and likely better physical health) and a more tidy and attractive appearance than the other members of the group. 'Leaders' usually have slightly greater personal capacity such as intelligence, insight, fluency of speech, initiative, ambition, soundness of judgment and originality."

Edited from "Factors in Working With Groups" 1970 pp. 6-9

Important Notice regarding West Nile Virus & Horses

The West Nile Virus is of particular concern to camps that have horses on site. Please contact your vet immediately to discuss the advisability of vaccination. Time is of the essence since the vaccine must be given prior to the onset of mosquito season and requires two shots given a few weeks apart. The vaccine is not costly and likely worth the expense since the mortality rate of horses is higher than other animals. Check out www.horse-canada.com for more information.



Ontario Camp Leadership Workshop

Helping to Keep Sharing in the Camping Community

The Ontario Camping Leadership Workshop has provided the camping community a forum for sharing for over 48 years. Designed to meet the leadership needs of camp directors and resource staff, in a "back to our roots" camp setting, delegates attending this non-profit organization trade in their jackets, pumps and briefcases for sleeping bags, bug repellent, and flashlights.

Since 1955, this unique weekend conference, held annually at the end of May, has given camps an opportunity to meet with their staff in a casual and inexpensive environment. The OCLW captures the magic of camp. For many years the conference was held at the legendary Bark Lake Leadership Centre; since then the setting has moved twice, first to Gay Venture and then finally settling in for it's 4th year at beautiful YMCA Camp PineCrest in Torrance.

Like many great organizations, the leadership of the OCLW is a volunteer body of professionals and enthusiasts. The committee meets twice a year, for a weekend pooling of knowledge and experiences, to develop a well-organized and animated conference. Upon registration, you are considered a full member of the OCLW. All members are given a vote to elect the steering committee and are eligible to put their name forward for the election held during the workshop.

The workshop strives to offer interactive, enjoyable sessions concerning program, administration, site and staff development for residential and day camps. Because of its camp setting an adventure stream is set as a registration option. Using YMCA Camp PineCrest's high ropes course with a qualified adventure instructor, one can learn the thrills and techniques of adventure leadership.

Now be honest, how many of you have given up on morning dip when Boy George was still popular? Early morning dips are re-experienced, campfire songs are shared, and chatting to a new friend during mealtime (without having to get up to make an announcement) is to be cherished. There is plenty of time set aside to mingle and network with other camp professionals, as well as time to meet with your own staff. The importance of friendship, sharing, and adventure is valued and is as meaningful as the sessions given.

This little light has glowed for almost half a decade – inspiring, informing and motivating camp leaders and pioneers. Thanks to the volunteers, advisors and dedicated members, the Ontario Camping Leadership Workshop has been a part of the growth of the Ontario camping community for 48 years. Here is to 48 more!

Gabrielle Raill, Senior Staff, Camp Ouareau

COMMENTS about Workshops

...a great way to get pumped for the upcoming summer. The committee makes the workshop seem like camp for the staff

Rick Romman, Director, Circle R Ranch

It is an opportunity for the greater camp community to gather, to share knowledge and concerns and to rejoice in the life that is summer camping. The workshop is a great chance to network and reconnect with others in the industry, to hone your skills, to learn new ideas and to become energized for the season ahead. I look forward to my years on the committee and to Glen Mhor's continued presence at the workshop!

Beth Allison, Director, Glen Mhor Camp

Since the earliest days of camping Ontario, OCLW has been an integral part of some camps' preparation for the up-coming summer. Founded by a dedicated group of volunteers, it continues to cultivate the same level of commitment in other camp leaders to this day. The energy and enthusiasm for its purpose is infectious - thank goodness. You need only attend one OCLW workshop to understand why it will survive as a camp training model for years to come.

John Jorgenson, Past President - CCA/ACC

The Ontario Camp Leadership Workshop (OCLW) has, and continues to be one of the most beneficial professional development events of my career. It is definitely the workshop for Directors, Assistant Directors, LIT/CIT and other senior staff. The hands on "what I need to know and can use for this summer" presentation of a variety of workshops has exceeded my expectations. There is something for everyone and I believe that if you learn one thing, and I always learn more than one, then any workshop is beneficial, particularly this one.

> Bill Stevens, Director, Camp Big Canoe; Past Director, OCLW



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NON-SUMMER SAFETY BEST PRACTICES

As our summer programs become increasingly successful, many OCA Accredited Camps have begun looking for ways to remain successful on a year-round basis. As a result, many camps are now far more than summer-only operations. The OCA Accreditation program, however, only speaks to standards for the "summer camp" portion of what we offer. At the same time, due to the distinct nature of non-summer programs, some camps use different standards for their non-summer operations than they do for their summer operation.

I believe that the time has come for the OCA to begin to examine the non-summer portion of what we do. However, a slow and methodical approach will be necessary to truly reflect the diverse nature of these programs and their participants, the requirements of individual school boards, and the camps that offer them.

To this end, the Board of Directors recently approved the establishment of a Task Force with the following purpose:

- To determine whether or not the establishment of non-summer best practices falls within the mandate of the Ontario Camping Association; and
- if not,
- To assess the desire of the membership for a change in mandate to incorporate this new direction; and *in any case*,
- To procure a legal opinion regarding the Association's liability exposure if such best practices or standards were established

So, this is your invitation. If you would like to become involved with the task force, or to let the Task Force know what you think of this project, just drop me a line at rkycamp@kingston.net or call (613) 546-2647 ext. 236.

Robin Squires, OCA Vice-President Chair, Task Force on Non-Summer Best Practices for OCA Accredited Camps

Women's Health Matters cont. from p 1

Barb Coloroso's session on bullying was outstanding! It was probably more applicable to camp than to school but it's a session that shouldn't have been missed by any camp leader. 'The Bully, the Bullied and the Bystander' is an excellent read also!

Jay Haddad, Professor and Camp Director

I enjoy the atmosphere of encouragement to consider options that Women's Forum presents by hosting a variety of fields represented by eager advisors who also like to listen.

Margaret Bernardo, Camp Wabikon

It was encouraging to see the large number of students (mostly female) who attended, showing significant interest in exhibitors who were displaying or discussing birth control, drugs and safe sex. I found the Forum was extremely well-organized with a wide range of interesting exhibitors and speakers. A MUST for males and females – adolescent to old!

John Latimer, Kilcoo Camp & Greenwood College

As for Women's Health Matters - it's the best deal in town. For a meagre 10 bucks, you can bear amazing speakers and check out products right at the source. For example, I learned so much about skin care and which products are right for me from a dermatologist - not a part time drugstore worker who may not have all the info. Every year I learn so much more. We are so lucky to have this opportunity to find out about so many different areas concerning our health and well being.

Melinda E. Evans, Camp Awakening Inc.

Huge congratulations to the OCA's very own Jocelyn Palm, the main organizer of this event. Thank you's all around to the 21 volunteers at the OCA booth. We gave out 1,200 OCA *Camping Guides*!

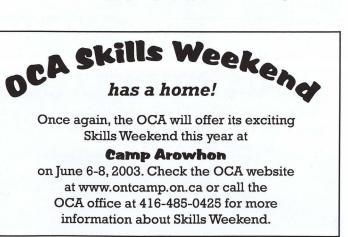
In closing, I leave you with a quotation I wrote down while listening to inspirational keynote speaker, Carol Edwards. "Happiness is not a destination, it's a way of travelling." Here's to next year's Women's Health Matters Forum and Expo, January 16th and 17th, 2004. Put the date aside for yourself, your girlfriends, and male friends. You'll be glad you took the time for you.

JJ (Jennifer Jupp), Director, Camp Arowhon

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KIDS GOT TO CAMP – SAFE AND SOUND

MedicAlert

It can begin with a bee sting, or an innocent bite of a friend's homemade cookie. The lips swell. The throat becomes blocked. The child has trouble breathing. Blood pressure drops. Camp staff scramble to get the child's EpiPen and administer it. Where possible the closest ambulance is called and the child is taken to the nearest emergency room to make sure all is well. If the child is wearing a MedicAlert bracelet, the staff at the hospital call the emergency hotline and within minutes access the child's medical and personal information, allowing for fast and effective treatment.

This can be the reality of a potential severe allergic reaction occurring at any summer camp. Severe allergic reactions resulting in anaphylactic shock are a huge and growing health problem in Canada's youth which can be brought on by any number of things – something a child eats, drinks, inhales, touches or even is near. If left untreated, the condition is almost always fatal.

There is no cure for allergies. Avoiding the triggers that cause the adverse reactions in the first place is the best prevention. Treatment is provided by medications such as antihistamines and decongestants. For ongoing protection to ensure that allergy information is known and accessible, there is MedicAlert[®].

In emergency situations, time is paramount. MedicAlert bracelets or necklets enable health professionals to quickly identify the condition and the 24-hour Emergency Hotline provides immediate access to medical information as well as the emergency contact names and phone numbers.

In a camp setting MedicAlert can support and complement existing health and medical emergency policies and procedures by acting as an immediate source of information for counselors, nurses and other camp staff. Emergency responders are trained to look for medical identification at the wrist and neck, saving valuable time and providing an alternate form of communication for the child when the child cannot speak for him or herself.

Pamela Runyon, a ten-year-old living in Edmonton, wears a MedicAlert bracelet to alert everyone to the fact that she has a potentially life-threatening allergy to wasp and bee stings. For Pamela, wearing her medical identification can mean the difference between life and death. Her mother Terry explains, "I don't think people are aware of how severe allergies can be. That's why I got her a MedicAlert bracelet. Now Pamela's allergy information is always accessible and I know she'd quickly get the help she needed if something were to happen while she was away from home."

The Canadian MedicAlert Foundation is a national member based charity that is recognized by emergency and health professionals including organizations such as Canadian Association of Emergency Physicians (CAEP) and National Emergency Nurses Affiliation (NENA) as the leading provider of emergency medical information services linked to customized bracelets and necklets. MedicAlert suggests that camp directors recommend the wearing of medical identification for campers with special needs or heath conditions such as asthma, seizures, diabetes and allergies.

As part of its charitable mission, MedicAlert also offers membership subsidies through the KidsProtect Assistance Program for families in financial need.

For more information or to become a member of MedicAlert, call 1-800-668-1507 or visit the website at www.medicalert.ca.

Editor's Note: If parents respond 'my child wouldn't wear one of those,' tell them that there are many smart styles of bracelets including brightly coloured webbing with plastic snaps and kid type designs. Choose from Toronto Maple Leaf logo, zoo and whale patterns.

It is said that the principal element that distinguishes a profession from a business is that in a profession, one's primary obligation is to those he serves, not to himself.

Vincent Bugliosi

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CHARACTER COUNTS

Did you know that 47% of school-aged kids said they had stolen from a store within the past year? 70% admitted to cheating at school and more than one in three high schoolers said they would lie to get a job. Wow! These are our campers and staff. How many of your staff lied on their job application or in their interview? How many of your campers would consider stealing from your tuck shop or arts and crafts supplies. Is this what we want society to look like in the next decade? I trust that my colleagues in camping are with me in saying "definitely not!"

How do we improve the character of our young people at camp? First, Camp Directors must embrace the teaching of character as a camp priority. Second, all leadership staff must be educated in the delivery of character programs. Third, character programming must be integrated into pre-camp; show your staff how to best role model the character values that you want to see in your campers.

Does character education work at camp? The simple answer is yes and using the Green Acres family of camps as an example, here are just a few of the outcomes over the past few years from our character programs:

• Two of our campers put up a lemonade stand outside their house to raise money for our Pennies Makes Sense Program. (This program to help raise money for campers to go to Camp Oochigeas.)

• Our swim staff organized a chocolate egg-eating contest to raise money for the same program.

• Our staff volunteered their weekend time to bring camp to kids at the Hospital for Sick Children.

• The recording staff at camp decided to create a contest for the cabin that showed the most respect.

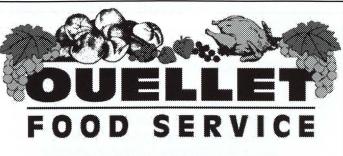
• Our coaches talked to our sport campers about public role models who exemplify our character values.

• Our swim staff taught our campers about responsibility and caring by having them clean up the deck after swim class.

The end result for your camp is campers who have lots of fun at camp while at the same time feeling safe. Each of us as camp directors and professionals must accept some responsibility and commit to do something. Camp is a wonderful place for our children to embrace character and to have fun at the same time!

More information: www.charactercounts.org

Darren Greenspoon, All-Star Sports Camp

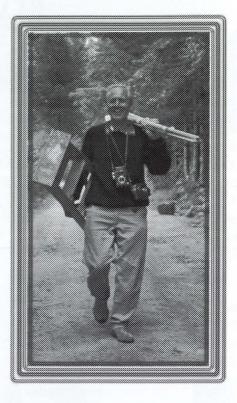


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"Lovin' Every Minute of It"





IN MEMORIAM: SAM HAMBLY

We need clean soil, water and air – that was Sam Hambly's message.

Samuel George Hambly – husband, father, grandfather, conservationist, camp director and owner, school teacher, vice-principal, Canloan officer, war veteran, Ontario Camping Association Honorary Life Member, founding member of the Society of Camp Directors, inventor and friend, died on February 19 in his 96th year.

According to Sam, it was during his time spent in the trenches during World War II that he really connected with the soil. As he lay there, he observed the strata of the soil profile and the web of life it contained. He told of how he shared the chocolate from his wife Marjorie's care packages with the worms.

While overseas he got to know a Dutch family and saw how, to survive, they successfully managed a small garden plot. He saw firsthand the connection between soil life and our life. Showing this connection to others became a passion.

That is why, at Sam's camp, Camp Allsaw, we played the nose game. The last one to put their finger on their nose scraped the plates. The food waste collected from the dining hall and kitchen was taken to Garden Five where there was a huge composter. The waste would be mixed with hay, like a birdnest, so it didn't leak. It would be left for a year to decompose before being shredded and turned into "super soil" to be worked into the garden. The campers helped in the organic gardens and the vegetables grown would be eaten in the dining hall, where we would play the nose game and the cycle would begin again.

In addition to Camp Allsaw, Sam was instrumental in

founding and developing curriculum for other environmental programs including:

• The Acres (an outdoor-ed program he ran from his own property.)

• GROE – Grass Roots Outdoor Education Program, a before and after school program which focused on gardening, that was for all children, especially those whose parents were at work.

• The Toronto Island School, an outdoor-ed center on Toronto Island that still exists today

Sam was also an inventor. He created an insulated composter that works year-round. The Recycling Council of Ontario presented Sam with an Innovation Award for its design. He won other honours including the Recycling Council of Ontario Outstanding Individual Award and the Lieutenant Governor's Conservation Award.

Sam touched and influenced thousands of lives. His environmental philosophy guided many of his campers, staff and supporters into environmental fields including astronomy, forestry, organic farming, environmental studies and working with recycling and conservation organizations. One of Sam's former staff, present at his funeral, was to facilitate a workshop immediately afterwards. She chose to dedicate it to Sam. The topic? Composting.

Sam is now with Marjorie, his wife of 58 years. He has left us with wonderful memories and experiences. He has also left us with an important message – the need for clean soil, water and air.



- The Ostrich Syndrome with John Latimer has been rescheduled to March 20 7:00 PM., 500 Avenue Rd., #1207, Toronto. You must RSVP the OCA office in order to attend!
- OCA Camp Facilities and Maintenance Conference March 26 to 28, Camp YMCA Wanakita Call the OCA office at 416-485-0425 for details and registration forms.
- HR Educational Event: Get The Skinny on Body Image Issues at Camp, April 8, 7:00 pm, home of Joanne Kates, 72 Lyndhurst Ave., Toronto. You must RSVP the OCA office in order to attend!
- OCA Spring Training Conference Saturday, May 24[,] Seneca College, King City email MBakker@centennialcollege.ca for details
- OCA Healthcare Workshop Saturday, May 24, Seneca College, King City email pearl@camprh.com for details
- Ontario Camp Leadership Workshop (see p. 5) May 29 to June 1, YMCA Camp PineCrest email info@oclw.ca for more details
- OCA Skills Weekend June 6 to 8, Camp Arowhon email adventure@rkycamp.org for details
- Day Camp Summit June 13-15, Camp Wenonah call Barb Janicek at 905-631-2849 for details

KATIMAVIK, Canada's National Training Program for young Canadians aged 17 -21, financed by the Department of Canadian Heritage, seeks candidates for the position of:

PROJECT LEADER

The Project Leader is responsible for the implementation of educational programs, the supervision of participants and the management of a project, as well as the development and maintenance of good relations with the local community.

For more information on career opportunities with Katimavik, please visit our website at www.katimavik.org, or contact us at: Katimavik-Ontario 298 Elgin Street, Suite 101, Ottawa, ON K2P IM3 Phone: 613-722-8091 Fax: 613-722-1359 sphypers@katimavik-ont.org





Deep Waters – Courage, Characer and the Lake Timiskaming Canoeing Tragedy

James Raffan

"On the morning of June 11, 1978, 27 boys and 4 leaders from St. John's School in Ontario set out on a canoeing expedition headed from James Bay along an old voyageurs' route. The day was warm and they made good time by noon; but by evening the same day, all four canoes were overturned and floating aimlessly in the wind and 12 boys and one leader were dead. The rest huddled over a weak fire at the base of a cliff, waiting for the light of morning, and rescue." This is the opening of a fearful story of misplaced belief in a system, incompetence, tragedy and sorrow."

James Raffan is described as "one of our foremost writers of the wilderness," with two other books to his credit. Unfortunately, this book is, in my opinion, a good 'first draft'. It is poorly illustrated; there are no pictures or diagrams of the canoes (which were central to the tragedy); in fact, no pictures at all and only two rather basic maps. The map giving the local locations is placed <u>after</u> the appropriate chapter. Harper Flamingo should be ashamed of the editing; the book is full of repetitions and the grammar is 'iffy', for example, many sentences end with prepositions. For a book like this to be published without an index is inexcusable.

However, that said, it is an important read for those involved in outdoor wilderness education. The tragedy has hung over all of us, and the author makes a good attempt at explaining what happened and why.

Don't spend \$35.00 on this one – I am passing my copy on to the OCA library. (Autographed by author too!)

Madelene Allen



I.C.F. AUSTRALIA

I.C.F COMMITTEE

Front: Sako Tanaka (Japan), Linda Pulliam (USA) Genaro Ortiz (Mexico), Pedro Paredes (Venezuela)

Middle: Mantha Christou (Greece) Don MacDowall (Aust) Jenny Bowker (Aust - new ICF Chair), John Jorgenson (Canada Secretary)

Back: Bill Oakley (Aust), Valery Kostin (Russia)

Bruce and Carol off canoeing





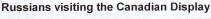
Don MacDowell - Chair 6 th ICC Jo Prior, Executive Director, CAV Donna Wilkinson, President CCA

CANADIAN DELEGATION

Front: Carol Southam, MEgan Snapes, Donna Wilkinson Carol and Bruce Hodgins

Middle: Sally Moore, Marj Booth, Diane Blair, Linda Assel Janis Clarke, Dave Graham, Johanne Forbes

Back: Dave Lyon, Duncan Robertson, John Jorgenson, Jill Dundas







Sam Butcher of Onondaga Camp (I) and Leigh Fettes of Camp Manitou take a break from distributing just a few of the over 1,000 Camping Guides distributed from the OCA booth at the Women's Health Matters Forum & Expo in January 2003.



and a camping professional's fancy turns to thoughts of training!

Healthcare Workshop

May 24, 2003 Seneca College - King Campus Garriock Hall King City, ON

Spring Training Conference

May 24, 2003 Seneca College - King Campus King City, ON

Call the OCA office at 416-485-0425 for details or visit the website at www.ontcamp.on.ca!

Classifieds

Attention all camp directors! Camp Wahanowin is looking for staff for May and June only. Please refer summer staff looking for additional work and experience in the spring to the Wahanowin Outdoor Centre. Contact Bruce or Pete at 416-482-2600, or fax résumé and references to 416-482-2860, or email to info@wahanowin.com, or visit www.wahanowin.com.

Greenwood College School is seeking "camp-type" people who can be mentors to boys and girls ages 12-15. You must be a positive role model for the students, setting examples for the entire school. Duties include assisting the students with individual needs such as assignments or even extra help with certain subjects. Also, take an active role in co-cirricular activities and off-campus events during the school year. For more information contact David Latimer at 416-486-5264 or John Latimer at 416-928-0961.

2003 Standards Visits

Enclosed with this issue of the OCA News, you will find information about Standards Visits for the summer of 2003.

- A number of camps will receive letters notifying them of an upcoming visit this summer.
- We have also included information for those interested in volunteering as Standards Vistors.

Please call the OCA office for more information.

The official newsletter of the Ontario Camping Association, the OCAsional News is published monthly from October to June of each year.

The newsletter helps to keep the OCA membership informed about developments both in and out of the Association pertaining to children's, youth, and special needs camping.

Views expressed by contributors are not necessarily those of the Ontario Camping Association.

Queries regarding submissions and letters are welcome. Please direct all correspondence to ocaeditor@ouareau.com; tel: 705-533-0238 fax: 705-533-0550

Wherever possible, all submissions should be sent via email attachment, saved in .doc, .txt or .rtf format.

Editorial Policy towards submissions: with the exception of minor grammatical changes, the editor will contact the author for approval of changes.

Display Advertising

Advertisers may purchase display ads at single or multiple insertion rates. There is an additional fee of \$50,00 for nonmembers. Contact the office for information regarding sizes and rates.

416-485-0425 or oca@ontcamp.on.ca

Classified advertising:

OCA members: \$20 for basic 25 word ad. Increments of 25 words ~\$15 per increment.

Non-members: \$35.00 for basic 25 word ad. Increments of 25 words ~ \$30 per increment.

Paid advertising space will not exceed editorial content.



and the Ontario Camping Association



Hugh Wood Canada Ltd. Your Exclusive CCA Insurance Broker

As an accredited member of the Ontario Camping Association, you qualify to participate in the official National Insurance Program.

The CCA in conjunction with Hugh Wood Canada Ltd., International Insurance Brokers, has designed an Insurance Program to provide protection for your camp, and peace of mind, at a competitive price.

This program includes Property, Liability (including allegations of sexual impropriety), Accident & Sickness, Crime, Directors & Officers Liability, Automobile Insurance and more!

You may also retain your existing Insurance Broker and take part in this program.

For more information, contact Nancy Brown at:

(416) 229-6600 / 1-800-349-8679 or by fax (416) 229-6800

or

Visit us online at www.nbrown.com

REGISTRATION FORM

Name: _____

Address:

Home Phone:

Alternate Phone: _____

Camp Affiliation:

2003 Camp Position:_____

Receipt Address: _____

Whom should the stream information package be sent to:

Delegate Email: _____

- Participant at above address
- Address below: _____

While it is your responsibility to get to Skills Weekend, there may be opportunities for carpooling:

- Have a car, can offer a ride to passengers
- □ Need a ride

Please register in one of the following streams:

- Wilderness First Aid Certification
- ORCA Canoeing Certification
- **ORCA Kayaking Certification**
- □ Crafts & Culture
- Eco & Enviro Education
- Leadership
- Outtripping
- Program Potpourri
- Theatre/Drama and Music
- Trust, Initiatives and Ropes

Theatre/Drama and Music

This stream will concentrate on the growing theatre/drama and music programs present in many camps.

- Designing a specific program to meet the needs of your creative campers
- Teaching tips and techniques
- Developing individual and instructional skills
- Sharing of ideas, participation in our campfire, and hands on practice.
- Focusing on all the small but important pieces that make up a successful theatre/drama and music program

ORCA CANOEING *

Skills Weekend will again be offering Ontario Recreational Canoeing Association (ORCA) Lakewater Level 1 Certification. During the weekend participants will learn and perfect tandem and solo skills. Specific emphasis will be placed on:

- Pivots
- Sideward displacement
- Slalom canoeing
- Canoeing first aid and safety
- Canoeing dynamics

In addition, participants will have the opportunity to learn games for all age levels, styles and techniques of teaching, canoe program development and much, much more ...

***THIS PROGRAM STREAM WILL BE RUN** CONCURRENTLY AT RKY CAMP FOR CAMPS IN EASTERN ONTARIO; PLEASE CONTACT BRIAN SHELLEY AT (613) 546-2647 ext. 235 FOR MORE INFORMATION

WILDERNESS FIRST AID

Returning for the 2003 Skills Weekend, this 16 hour program includes certification in the administration of injectable epinephrine for anaphylactic reactions. The program's goal is to equip participants with the basic knowledge and skills to adapt standard first aid techniques to the demand of remote locations. In conjunction with the anaphylactic focus, other environmental emergencies will be covered. Improvisation skills will be developed through simulation with theatrical make-up and video feedback.

ECO & ENVIRO EDUCATION

The environment and our nature are worlds filled with mystery and wonder. This stream offers participants an introduction to principles and solid programming ideas in the areas of:

- Nature games
- Earth Education
- Sensory awareness activities
- Interpretation techniques
- Nature arts and crafts
- Environmental exploration
- Program Development

Participants will gain valuable hands-on experience and learning tools while working in the natural world.

2003 Ontario Camping Association Skills Weekend Friday, June 6 – Sunday, June 8 At Camp Arowhon in Algonquin Park

What is OCA Skills Weekend?

It is a development and training weekend for staff in the camping and recreation field. The mandate of our program staff is to provide:

- · Each participant with the tools for continuous program development
- A forum for exchange of information
- An incentive to translate philosophy into safe, effective camping practices
- An experience to remember...

OCA Office

250 Merton Street, Suite 403 Toronto, Ontario M4S 1B1 Phone: 416-485-0425 Fax: 416-485-0422 info@ontcamp.on.ca www.ontcamp.on.ca



For further information or if you are interested in being involved, please contact:

> Tim French 905-436-3376 kennebeccamp@hotmail.com

> > or

Brian Shelley 613-546-2647 x235 brianshelley@rkycamp.org



TRUST, INITIATIVES & ROPES

This stream will provide staff theoretical knowledge and hands-on experience. Trust activities that involve little or no equipment to low rope elements that can be constructed with limited budgets to climbing and high ropes programs will be covered in this stream. The weekend will focus specifically on programs that work with people of all ages, managing physical and psychological safety of groups and individuals, challenge by choice, goal setting, problem solving, program design and more.

PROGRAM POTPOURRI

This stream is geared to assist and arm staff with new programming ideas and activities which will translate into a fruitful, fun and positive summer experience. Participants can expect to review programming philosophies and goals, to create new and innovative programs, to learn and take home ideas in many different activities, and to realize the importance of positive and exciting programming in a recreational setting. This session will be extremely experiential. Be ready to play games and use initiative style activities in all areas of your home program.

CRAFTS & CULTURE

This year's craft stream will take on a new dimension. On top of brainstorming, sharing and experiencing typical arts and crafts programs and activities, this year's program will also explore a new discipline within the arts known as culture. During the weekend participants will explore new programming ideas, and involve themselves in hands-on experience in general arts and crafts, music, theatre and fine arts. Participants will work on various projects throughout the weekend to take back to their organizations. This is a fun and energizing weekend that is sure to fill your brain with great program ideas!!

ORCA KAYAKING

ORCA-Ontario Recreational Canoeing Association Lakewater Level 1 Kayking certification. This stream is designed for those individuals who are responsible for organizing and running a kayaking program at a camp or in a recreational setting. The emphasis will be on flatwater programming. The course will focus on:

- Safety instruction tip and techniques
- Teaching tips for beginners
- Kayaking games and activities
- Equipment review
- Developing and creating kayak programs
- Personal skill development

LEADERSHIP

This workshop is designed to provide leadership program staff working with LIT/CIT/SC's a unique opportunity to gain hands-on experience in delivering leadership training. Although the focus is for Leadership Directors, workshops are equally as valuable and transferable to any recreational setting. Stream content will cover the following training and supervisory techniques:

- Goal setting
- Evaluation
- Motivation
- Group development
- Effective communication
- Programming ideas

OUTTRIPPING

While actually on trip participants in the Outtripping stream will be exposed to technical skills, trip planning, organization and risk management as well as many other facets of tripping. This 2 day/ 2 night weekend trip will focus on:

- Hiking and canoe trips
- Risk management
- Programming for memorable trips
- Route planning
- Environmental ethics
- Trip prep the physical side and psychological
- Hands-on tips for menu planning
- Equipment knowledge and repair tips

FEES 2003 OCA Member \$160 Non Member \$180 Wilderness 1st Aid \$270 ORCA Certifications \$350 All Fees include GST

Cancellations:

Before May 30 a refund will be issued less a \$50 administration fee. After May 30 no refund will be given.

Payment Method:

Cheque (enclosed) payable to Ontario Camping Association

	V/ICA	
_	VISA	#

Expiry Date: _____

Name on Card: _____

Signature:

Please forward completed registrations and payment c/o:

OCA Skills Weekend 250 Merton St., Ste. 403 Toronto, ON M4S 1B1 Fax: (416) 485-0422 If faxing, VISA payment only.

GST #R122423106

Confirmation of registration will be sent out with stream information kits. Remember, stream space is limited.

The Many Benefits of Volunteering as a Standards Visitor

By Karen Gordon, Chair, OCA Standards Committee

Why volunteer to do an OCA Standards Visit this summer?

- I It's FUN to visit other camps in action and make new friends!
- 2 It's a great opportunity to learn creative new ideas from other camping professionals!
- It's a good way to take a short break from your own camp responsibilities or other summer commitments.
- 4 It gives your own camp staff a chance to shine when they show you how well they can run things in your absence.
- 5 It gives you an occasion to share your knowledge and experience with other camping professionals.
- 6 It gives you a chance to make a wonderful and significant contribution to the important work of the OCA.

The Standards Program is fundamental to the work of the OCA. It is important for all member camps to be involved, and we can't do it without you. If you would like to accompany an experienced visitor on a Standards Visit this summer we would be happy to arrange that.

Please complete the Visitor Volunteer Form and mail or fax it back to the OCA office before March 26.

An informative workshop for visitors and camps to be visited will be held on Monday, April 28th, from 7-9 p.m. at the Girl Guides of Canada offices at 50 Merton St., Toronto.

Thank you for your involvement and support!





Ontario Camping Association





Standards Workshop

Monday, April 28, 2003, 7:00 p.m. to 9:00 p.m.

Girl Guides of Canada National Office Board Room 50 Merton Street, Toronto (a short walk from Yonge and Davisville subway station)

The Workshop will:

Provide all the necessary materials for your visit.

2.

Guide you through the steps to a smooth, productive Standards Visit.

3.

Identify the most frequently misunderstood standards.

4.

Answer all your questions about specific standards or the visitation process.

The Standards Committee strongly encourages you to attend this valuable workshop.

OCA Standards Visitor Volunteer For Please return to: Ontario Camping Association 250 Merton St., Suite 403, Toronto, ON M4S I fax: 416-485-0422	Camp: Main Visitor:		
Name:			
Winter Address:			
Winter Phone:	WinterFax:		
Winter Email:			
Summer Address:			
Summer Phone:			
Summer Email:			
What date do you go to your summer address?			
Total number years of camping experier	nce:		
Will this be your first time as a Visitor?		yes O	no C
Would you prefer to accompany an exp		yes O	no (
Have you volunteered previously, but no		yes O	no (no (
Would you be willing to have a First-Tin Please list some of the camps you have b		yes O	no c
Would you prefer to Visit a: Ore	sidential camp Oday camp	Ono preference	
Please indicate, in the following list, th three areas of the province which are most convenient for you to visit: (please limit it to 3)			
Northwestern Ontario	Chatham/Windsor	Toronto north	to Barrie
Temagami/North Bay	Goderich/Sarnia	Haliburton	
Hunstville/Muskoka	Hamilton/Brantford/St. Catharines	Eastern Ontario)
Thunder Bay/Sault Ste. Marie	Midland/Owen Sound		

\star get the skinny on body image issues at camp \star

Body image issues and eating disorders are rampant in the population of young people we lead at camp. How can we deal with campers, their parents and their peer groups positively, firmly and professionally? Join Joanne Kates, your colleagues and your friends to better understand the issues and to learn practical strategies applicable to the summer camp environment.

> WHEN: Tuesday April 8th, 2003, 7:00 p.m. WHERE: The home of Joanne Kates 72 Lyndhurst Ave., Toronto (near St. Clair and Bathurst)



FREE TO ALL OCA MEMBERS

RSVP: <u>membership@ontcamp.on.ca</u> or call 416-485-0425



THE OSTRICH SYNDROME Is your head in the sand with regards to today's staff?

Come and meet with colleagues and friends to discuss today's staff...who are they, where are they coming from and what are they bringing with them? How do we as Directors deal with the reality of this new generation of leaders? John Latimer will facilitate a lively discussion; be sure to come and join in!

> WHEN: Thursday March 20th , 2003, 7:00 p.m. WHERE: The home of John Latimer 500 Avenue Road, #1207



FREE TO ALL OCA MEMBERS

RSVP: <u>membership@ontcamp.on.ca</u> or call 416-485-0425

PLEASE JOIN US FOR THE ABOVE EDUCATIONAL SESSIONS, AND LOOK FOR INFORMATION ABOUT AN UPCOMING SESSION ON WEST NILE VIRUS!



SENECA COLLEGE, KING CAMPUS

SATURDAY, MAY 24, 2003

HELLO TO THE CAMPING COMMUNITY!

Spring is just around the corner (thank goodness!) and the summer isn't far behind it! My daughter, Caitlin, awakes each morning to tell me about another camp dream! All across Ontario we continue to experience record enrolment numbers, and are very busy hiring and getting ready for another fantastic summer!

This May we will again be holding our annual Spring Training Conference at Seneca College, King Campus, on Saturday, May 24, 2003. With the school year going longer into the end of June, this one-day training event offers the perfect complement to your pre-camp activities.

We will be offering a similar program to the expanded one-day training event offered the last two years. Sessions for all staff levels, for both residential and day camps, will be offered. The day will feature over 25 sessions including: special needs, games, programming, leadership, behaviour management, tripping, and religious programming.

We are thrilled to welcome Joe Richards from Taylor Statten Camps (no stranger to camping!) as one of our two keynote speakers.

Please fill in the survey on the back of this flyer and return it to me so that we will have a better understanding of your wishes and needs, and might be in a better position to provide for you at this year's conference.

Michael Bakker, Chair, 2003 OCA Spring Training Conference

Name:	Camp	
Position	Phone#	

What type of staff would you be interested in sending to this staff-training event?

CIT/LIT	Program	
Counsellors	Section Head	
Assistant Director	Admin	
Instructors	Other	

How many staff do you think you might send to the conference?_____

What types of sessions do you think would be most helpful for the staff you would send?

Do you have any feedback from the 2002 spring training conference that would help us in planning this year?

pring is just around the contact (thank goudness)) and the summer ian't far behind by desighter, Caltha, awaker each morning to thill the about enother camp dramt. muss Ontario, we continue to proverience strong such sets been purphers, and each sets area.

Would you be interested in being a presenter/speaker? If so, on which topics?

Do you know of anyone who might make a valuable addition to the conference as a session leader?

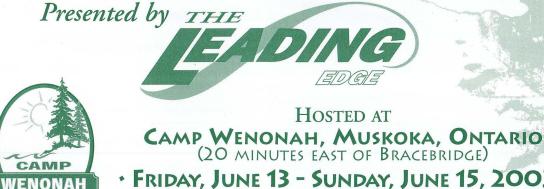
Would you be interested in being a volunteer to help on the day?

PLEASE SEND REPLY TO: MICHAEL BAKKER, CHAIR

Email: <u>mbakker@centennialcollege.ca</u> Fax: 416-289-2646 Mail: Centennial College, Progress, C2-26 P.O. Box 631 STN 'A' Scarborough, Ontario M1K 5E9

HE 2003 ONTARIO DAY CAMP PRE-SUMMER SUMMIT

Program and Leadership Training for Summer Day Camp/Day Program Directors, Supervisors and Staff



 FRIDAY, JUNE 13 - SUNDAY, JUNE 15, 2003 (Friday evening arrival...Sunday afternoon finish)

THE SUMMIT features general sessions and workshops devoted to instruction and information exchange in a wide variety of areas of specific interest to day camp leaders.

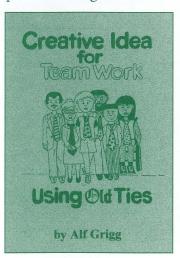
HOSTED BY ALF GRIGG C.P.F., R.D.M.R.

N N N S

PRE-SUMME

Alf works for the City of Toronto Department of Parks and Recreation as a Training Co-ordinator in the South Region. He was a graduate of Bark Lake and on staff there for three years. For eight years he held different senior staff positions with the former Y Camp Wangoma, directed Y Camp Norval and Connemara Camp. In 1984, Alf founded and directed the Toronto Teen Leadership Camp for fifteen years working with inner city teens and visible minorities. Alf has taught for twelve years at Sheridan, Centennial and Seneca College in the Recreation and Leisure Services Programme. He has published six publications related to leadership training and special events. Most recently, he represented Canada as a facilitator at the World's largest public meeting in New York, getting public opinion in regards to the new concepts for building where the

Twin Towers stood. A piece of his work using "Old Ties for Team Building" is published in Professor Jim Cain's new book "Racoon Circles". Alf will host the Ontario Day Camp Pre-Summer Summit as well as run workshops over the course of the weekend. He brings a wealth of knowledge and experience, and an outgoing spirit that promises to get every participant's creative juices flowing.



FEATURING A KEYNOTE BY **BRIAN LISSON**

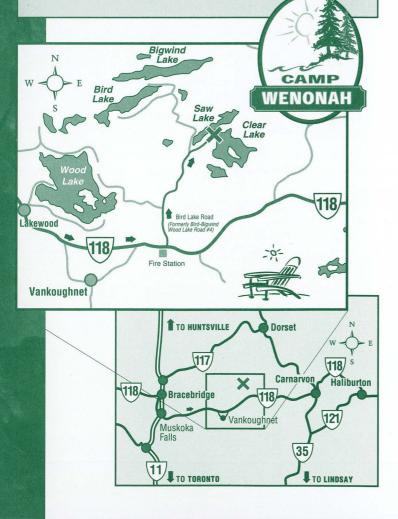
Brian has been involved in experiential and adventure-based programming since the early 1980's, facilitating programs for camp staff, schools, corporations, and community organizations. He began his career in camping, working at Canterbury Hills for 13 summers. Brian spent his final four years as the Camping Coordinator. Brian's work history includes 9 years as the President of Adventureworks! Associates, Inc. Brian taught as a Sessional Lecturer in the Kinesiology Department at McMaster University from 1994-2000, and continues to guest lecture in college and university programs. Brian has presented extensively in the field of experiential education, including international presentations at the Association for Experiential Education and the Association for Challenge Course Technology. Brian is currently the Director of Professional Development Programs at Outward Bound Canada.





THE 2003 SUMMIT PACKAGE ALSO INCLUDES:

- Accommodation at Camp Wenonah Friday and Saturday evening *(three season cabins, traditional summer camp style!)*
- Camp Wenonah facility use (canoeing, voyageur canoe, kayaking, climbing wall, vertical playground and more!)
- Great meals (Friday evening "welcome snack", three meals Saturday, Sunday continental breakfast and brunch)



ALL SUMMIT PARTICIPANTS will also be able to select from a multitude of workshops held over the course of the weekend, such as:

- Rainy Day Programming
- Staff Motivation
- Dealing with Problem Campers
- Think Outside the Crate
- Communication at Camp
- Dealing with Difficult Parents
- Wild & Wacky Field Games
- Pre-Camp Cracker-Barrel
- Developing Leadership Through Games
- Dealing with Bullying
- Songleading 101
- Leadership Development Programs
- Crafting on a Budget
- Keeping Camp Safe

and more!





Summit Participants will also benefit from the formal and informal opportunities available for discussion with Day Camp colleagues from around Ontario.



For more information, please contact: Shannon Wilson (Registrar - Ontario Day Camp Pre-Summer Summit) Camp Wenonah - Main Office 3584 Commerce Court, Burlington, Ontario L7N 3L7

Telephone: (905) 631-2849 e-mail: shannon@campwenonah.com

REGISTRATION

able to vet

2003 ONTARIO DAY CAMP PRE-SUMMER SUMMIT

Friday, June 13 - Sunday, June 15, 2003

Main Contact:	
Camp/Organization:	
Address:	
City:	Postal Code:
Phone Number: ()	FAX Number: ()

** Please note that registration kits will be sent to the above address beginning May 1, 2003.

REGISTRATION - THE 2003 ONTARIO DAY CAMP PRE-SUMMER SUMMIT:

PARTICIPANT'S NAME	MALE (x)	FEMALE (x)	DIETARY RESTRICTIONS
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			
11.			
12.			
13.			
14.			
15.			

200	3 ONTARIO DAY CAMP PRE-SUN FEE SCHEDULE	
	PRIORITY REGISTRATION (Payment received in full by April 15, 2003)	REGULAR REGISTRATION (Payment received in full after April 15, 2003)
Single Registration (4 or less)	\$ 160.00	\$ 175.00
Small Group Registration (5-9 participants)	\$ 150.00	\$ 165.00
Large Group Registration (10+ participants)	\$ 130.00	\$145.00

PAYMENT SUMMARY

Ontario Day Camp Pre-Summer Summit

Total # of Participants x fee per person	=	TOTAL
--	---	-------

Registration Notes:

- Fees quoted above are per person and include 2 nights accommodation at Camp Wenonah; snack Friday night, 3 meals Saturday, continental breakfast and brunch on Sunday; all workshop materials and program expenses.
- All fees are PST/GST exempt.
- Final date for receiving registrations is Wednesday, June 11, 2003
- An information kit will be sent beginning May 1st to the main contact as indicated on this registration form . Kit includes schedule overview, directions to Camp Wenonah and details about the Summit experience.
- Sign-ups for all Pre-Summer Summit workshops take place Friday night upon arrival at Camp Wenonah.
- Please make all cheques payable to THE LEADING EDGE.
- Refunds (minus 10% handling fee) are available if cancellation is made by Friday, June 6, 2003. There will be no refund if cancellation occurs within a week prior to the event.

CHOOSE ONE OF THREE EASY WAYS TO REGISTER!!

1. By **MAIL** - please send registration (including this form and a cheque for the total payment payable to THE LEADING EDGE) to:

Camp Wenonah - Burlington Office 3584 Commerce Court Burlington, Ontario L7N 3L7

- 2. By PHONE reserve your position(s) by calling (905) 631-2849 and follow-up with payment by mail.
- 3. By FAX fax your registration form to (905) 631-2850 and follow-up with payment by mail.



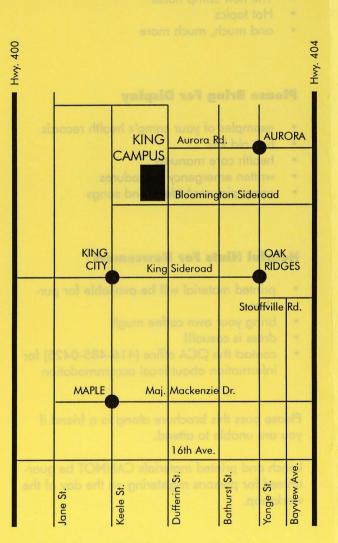
The Ontario Camping Association's Healthcare Committee came into existence in 1981 to plan the annual spring workshop for camp nurses and other interested camp staff. This Committee is now a standing committee of the OCA.

The Committee's objectives are to raise the awareness of camp managers, health care staff and camp families regarding pertinent camp health care concerns. The Committee is comprised of enthusiastic and experienced camp nurses.

> Hall ar fax form & payment fee 2ntone Comping Association 16-485-0425 or: 416-485-0422 mail: infe@onteorsp.on.co mail: infe@onteorsp.on.co 357 reg. # R122423106

Map to Seneca College King Campus

(a nominal charge will apply for parking)



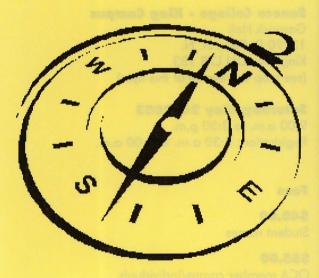
Seneca College - King Campus Garriock Hall 13990 Dufferin St. King City, ON L7B 1B3 Phone OCA 416-485-0425 for emergencies only (messages will be picked up periodically)

45 minutes north of downtown Toronto 1.7 kilometers north of King Sideroad

Camp Health Care Workshop

Saturday, May 24, 2003

Garriock Hall Seneca College - King Campus





presented by the Ontario Camping Association **Healthcare Committee** The Ontario Camping Association's Healthcare Committee presents this one-day workshop for camp health care staff, camp directors, senior staff and other interested persons.

The workshop offers valuable current health information, suggestions for the management of camp health programs and an opportunity to network with experienced health care staff and to renew aquaintances.

Please bring this flyer for verification of six contact hours of continuing education.

Seneca College - King Campus

Garriock Hall 13990 Dufferin St. N. King City, ON L7B 1B3 (see map on reverse of this flyer)

Saturday, May 24, 2003

9:00 a.m. to 3:30 p.m. Registration: 8:30 a.m. to 9:00 a.m.

Fees

\$40.00 Student nurses

\$55.00 OCA member camps/Individuals

\$60.00 Non-member camps/Individuals

\$70.00 If registering at the door

Fees include GST, lunch and beverage breaks.

Refunds:

\$25 cancellation fee before May 16, 2003 NO REFUNDS after MAY 16, 2003

Program Topics

- Eating Disorders
- Outbreak Update
- The new camp nurse
- Hot topics
- and much, much more

Please Bring For Display

- examples of your camp's health records
- first aid kits
- health care manuals
- written emergency procedures
- camp pictures/videos and songs

Helpful Hints For Newcomers

- printed material will be available for purchase
- bring your own coffee mug!!
- dress is casual!!
- contact the OCA office (416-485-0425) for information about local accommodation

Please pass this brochure along to a friend if you are unable to attend.

Lunch and printed materials CANNOT be guaranteed for persons registering on the day of the workshop.

For more information, call the OCA office: 416-485-0425 or email to info@ontcamp.on.ca.

Registration Form	CONTRACTOR OF THE
(Full payment must accompa	ny this application.)
Name:	
Address:	
City & Postal Code:	
Phone:	
Email:	be be the section
Camp Affiliation:	
Are you a:	
Are you new to camp health	care?
Method of Payment:	
Visa <u>mbo</u> beoneneoke b	
Name on Card:	29
Card #:	
Expiry:	
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OCA Hawkie Come Washak

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Receipt available at workshop.



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March 2003 (please post)

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