



# OCA *Asional* news

VOLUME 8

NOVEMBER 1989

Editor:  
Janet Adamson

Excellence is to do a common thing in an uncommon way - Booker T. Washington

## COLE'S NOTE

### Algonquin Park Being Changed Again

I recently represented OCA at a hearing here in Toronto at Queen's Park to make a presentation to the management committee of Algonquin Park. When the original management plan was brought in some 15 years ago, it was to be reviewed every 10 years according to the mandate it was given. They are five years late in their review and so the later part of this past summer, and through the fall, hearings have been held in a number of sites throughout the province to obtain the input of various individuals and organizations as to the future of Algonquin. Input has been received by approximately 350 organizations and individuals and we have been told that whatever plans are in the offing will be brought down sometime in the spring for everyone's views.

Algonquin Park is a resource that about 50% of

the camps in Ontario have used over the past few years and is the last area in this province that is readily accessible for those who want a variety of canoe tripping experiences and hiking. The Government hired a consulting firm, Laventhol Horvath, to come forth with a plan for the future. Among their suggestions is a motor hotel; increasing the number of camp sites on the lakes along the Highway 60 corridor for use by day travellers; the introduction of crash courses in certain skill areas that would allow people to think they are more competent in what they do when they go tripping; cutting back on the engine horse power allowed on certain lakes, including those used by the OCA member camps that have been in Algonquin for years. In addition, they are talking about a 100% reservation system for canoe trips.

It is most important that all of us stay vigilant on this Algonquin Park issue. It affects more of us by far than the issue of Tema-

gami, even though many camps use the Temagami area. There are groups that would like Algonquin opened up to mining, unlimited snowmobiling and unlimited hunting. I would ask that, should any of you come across any information about the future of Algonquin, that you get in touch with the OCA office immediately so that we can keep on top of it.

The basic thrust of my comments to the committee was that the travelling public has all kinds of options for their camping - there are literally thousands of parks both public and private, for them to do their camping in -; for those of us who enjoy canoe tripping and hiking the options are limited indeed, and we want Algonquin Park left alone with no further development. At the OCA Annual Meeting in January, I will be presenting my full talk that I gave to the committee. Should anyone feel that they would like to become involved in this issue, I ask that they contact me directly so that

we may form a committee to look after what we feel are the best interests of OCA. We are on the cutting edge of what could be major development in Algonquin over the next several decades unless we are vigilant. Stay tuned for further information as we get it!

TED COLE  
President

### PARC QUIZ

1) Fitness is often described in terms of the a) 4 C's, b) 4 H's, c) 4 S's, or d) The Ten Commandments.

2) The minimum exercise requirement to show increase in aerobic fitness is \_\_\_\_\_ times a week per \_\_\_\_\_ minute session.

3) In a recent newspaper article Dr. William Fry, of Stanford University, likens laughter to "inner jogging". Dr. Fry claims that laughing 100 times a day is equal to \_\_\_\_\_ strenuous minutes on a rowing machine.

(For answers see page 4)

### CONGRATULATIONS TO...

Marilee and Richard MacFarlane, the proud parents of OCA's newest member, Kendra Mary, born September 26, 1989 at 2:21 p.m.!

### OCA INSURANCE PLAN UPDATE

Exciting things are happening with the CCA Insurance Plan in 1989. Originally designed to offer Broad Form Liability and Accident/Sickness coverages only, the plan was expanded to include Broad Form cov-

erage on Buildings, Contents, Watercraft and Horses. The Accident & Sickness portion, originally available only for campers, is now optional for staff as well.

Underwriters were pleased to see 50 camps enrolled in year one, and Renewal Bonus Premium Credits were introduced in April 1989 to show their appreciation of members' support. The Asset Protection Package carries deductibles which are geared to your own operation's size and, while rates are very competitive, the pricing is designed to respond individually to your own construction characteristics and loss experience.

Other attractive built-in features of this Asset Protection Package include:

- Pressure Vessel Explosion and Machinery Breakdown;
- Coverage at Other Locations;
- Extra Expense Coverage providing money to keep the operation going after an insured loss;

- Transit Coverage. Optional features include Business Interruption Comprehensive Crisis coverages.

For information, applications and cost comparisons, contact:

Mr. Peter K. Wood, Dale & Co. Ltd., 145 Wellington St. W., Toronto, Ont. M5J 1H8. Tel. (416) 591-2535.

### FOR SALE

Woods Prospector Tents - New - Size: 10' x 12" x 6½' x 3' - 10 oz. wt.; \$250 ea.; call 705-286-3555.

### STANDARDS OPEN FORUMS....

#### WE NEED YOU!

Many thanks to all the members who took the time to offer comments and suggestions on the DRAFT PROPOSAL of the Guidelines for Accreditation (Resident Children's Camps) that was distributed to all members before the summer.

The Standards Committee will be holding three OPEN FORUMS to provide additional opportunities for members to discuss the DRAFT PROPOSAL.

We need your input before we present a final draft to the Board by early December. If it is accepted by the Board, the membership would then vote on the final draft.

Toronto - Monday, November 6, 1989 - 7:30-9:30 p.m.  
Metro Toronto School Board Office, 45 York Mills Rd. (at Yonge)  
Contact Barb Gilbert, (416) 921-7384

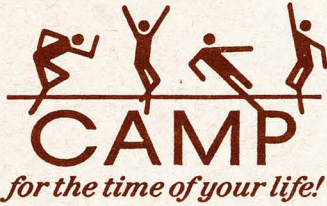
Ottawa - Thursday, November 9, 1989 - 7:30-9:30 p.m.  
Boy Scout Headquarters, 1345 Baseline Rd.  
Contact Brian Edey, (613) 225-2770

London - Thursday, November 7, 1989 - 7:30-9:30 p.m.  
Circle R Ranch, Delaware  
Contact Rick Romman, (519) 471-3799

The more input - the better the final product!

BARB GILBERT  
Chairperson,  
Standards Committee

WHAT'S HAPPENING



OCA CONFERENCE  
January 25-27, 1989

You won't want to miss our terrific seminars on Thursday, January 25. Choose a full-day seminar or pick two half-day seminars.

FULL-DAY SEMINARS:

"EFFECTIVE COMMUNICATION AND PROBLEM SOLVING", Dr. Sandra Shiner, Ontario Institute for Studies in Education  
Participants will have an opportunity to understand and to practice effective communication skills and learn how to teach these techniques to camp staff.

"VALUING DIFFERENCES", Jeanne Allen, Girl Scouts of the United States  
This seminar will provide an in-depth study of the skills needed to work effectively in multi-racial and multi-cultural groups.

MORNING SEMINARS:

"WHAT BAGGAGE WILL THE BUSES BRING THIS SUMMER? - CAMPER BAGGAGE", Dr. Pat Pearce & Dr. Susan Maloney, State University of New York, Fredonia College  
This session will examine changes in the family, substance abuse, physical & sexual abuse, peer pressure and other stressors.

MORNING SEMINARS (cont'd):

"BASIC CAMP MANAGEMENT - WHAT EVERY CAMP DIRECTOR NEEDS TO KNOW", Bev and Armand Ball, American Camping Association & Alpha Beta Consultants  
Some of the areas to be reviewed: program development, staff recruitment, camper recruitment and preparation, staff orientation and training.

"WORKING WITH VOLUNTEER BOARDS", John Wilkinson, Ontario Theological College  
This seminar will help you to evaluate the present status of your Board as well as present ways and means of helping your volunteers become more effective.

AFTERNOON SEMINARS:

"WHAT BAGGAGE WILL THE BUSES BRING THIS SUMMER - STAFF BAGGAGE", Dr. Pat Pearce and Dr. Susan Maloney  
This session will focus on finding and keeping staff, staff commitment, 'selfless communication' and other issues.

"BASIC CAMP MANAGEMENT - WHAT EVERY CAMP DIRECTOR NEEDS TO KNOW", Bev and Armand Ball  
This session will deal with program operation, support service, evaluation systems, etc.

"FUNDRAISING", Craig Copeland & Mary Lynn Conzelman, Christian Children's Fund of Canada  
This seminar will enable you to apply basic principles of fundraising to your own specific situation.

MARK THIS ON YOUR CALENDAR!

Wednesday, January 24, 1990  
7:30 p.m., Inn on the Park

Topic: Proposed Goods and Services Tax  
Speaker: Brian C. Pel, McCarthy and McCarthy

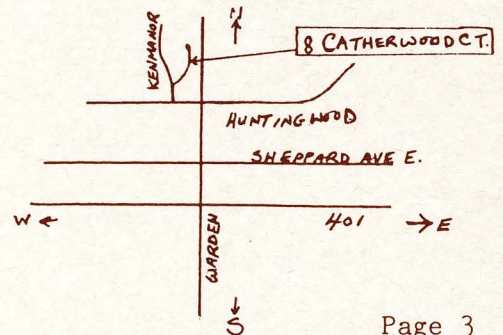
Brian Pel co-authored a paper on the G.S.T. recently presented at the Canadian Tax Foundation Ontario Conference. He will educate us on the specific affects to the camping business of this proposed tax. All are welcome.

CATHERINE ROSS  
Director

DIRECTORS' EVENING

Date: Tues., Nov. 28, 1989  
Time: 7:30 p.m.  
Refreshments to follow!  
Place: George & Catherine Ross' home, 8 Catherwood Crt., Scarborough, Ont. (416) 491-3894.

The OCA Education Committee invites all camp directors to participate in this evening. The moderator will be Dr. Bruno Morawetz of Camp Ponacka who has forty-three years of experience in camp directing. The topic will be camp rules for staff and their impact on staff morale and behaviour. If you are able to attend, please contact Catherine Ross no later than Monday, Nov. 27, 1989.



**ANSWERS TO THE  
PARC QUIZ:**

(Questions on Page 2)

1) c): These are STRETCH-  
ING, SPEED, STRENGTH and  
STAMINA. PARC has posters  
available depicting these  
elements in physical  
activity. Ask us for some  
if you need them. (Contact  
Kate Moore, PARC Director,  
(416) 781-4717).

2) 3, 20: A warm-up and  
cool-down period should  
accompany each session.  
When choosing your physical  
activity remember to try to  
fulfill three criteria - it  
can be done regularly, it  
is continuous, and most  
important... it is FUN!

3) 10: Such an activity can  
cause the release of  
endorphins in the brain -  
chemicals which foster a  
sense of well-being. These  
are usually released during  
forms of aerobic activity.  
Could this be another  
"lighter side" to the other  
benefits of regular  
physical activity?

JACK WINDELER,  
Ontario PARC Representative

**MEMBERSHIP  
IN OCA**

Attention Camp Directors:  
A student or individual  
membership in OCA would  
make a marvelous gift to  
your longtime staff  
members. Membership forms  
can be obtained by phoning  
the OCA Office at (416)  
781-0525.

**OCA CALENDAR  
OF EVENTS**

**November 6, 1989**.....  
.....Open Forum to Discuss  
the Revised Standards-  
Toronto

**November 9, 1989**.....  
.....Open Forum to Discuss  
the Revised Standards-  
Ottawa

**November 9, 1989**.....  
.....Open Forum to Discuss  
the Revised Standards-  
London area

**November 28, 1989**.....  
.....Directors' Evening  
(Presented by the OCA  
Education Committee)

**January 24, 1990**.....  
.....Talk on The Proposed  
Goods and Services Tax

**January 25-27, 1990**.....  
.....OCA Conference for  
Directors & Senior Staff

**June 8-11, 1990**.....  
.....OCA Skills Weekend  
at Bark Lake

**WANTED**

Properties of about 200  
acres within 2 hours of  
Toronto on which to build a  
camp for physically dis-  
abled children. Needed:  
lake frontage for swimming  
& boating; fully serviced,  
level site capable of  
handling large sewage  
requirements. Year-round  
access. Close to medical  
facilities. Contact: Ken  
Monk, Director (Finance &  
Administration), The Easter  
Seal Society, 250 Ferrand  
Dr., Ste. 200, Don Mills,  
Ont. M3C 3P2; (416) 421-  
8377/FAX (416) 696-1035.

**HELP WANTED**

**CAMP DIRECTOR** for a co-ed  
Anglican Church Camp. Must  
be at least 25, a  
university or college grad  
with camping experience.  
Resume with reference by  
November 17, 1989 to **CAMP  
COUCHICHING**, 2920 Bloor St.  
W., Toronto, Ont. M8X 1B6.

\* \* \* \*

**ASSISTANT-CAMP MANAGER**,  
year round, for established  
program. Write to **CAMP  
ALLSAW**, 9 Calais Ave.,  
Downsview, Ont. M3M 1N3.

**CANADIAN  
CAMPING  
CABARET**

When? Friday, Jan. 26, 1990  
Who's going? Delegates of  
the OCA Conference, members  
of the CCA Board, camp  
staff, and anyone looking  
for an evening of fun and  
entertainment.

Why? It's a CCA Benefit •  
It's an Auction • It's a  
Cabaret

Can I get involved? Our  
success depends on the  
donations to the auction.  
We suggest: camp keep-  
sakes, artwork, camp and  
sporting equipment,  
tickets, and so forth.

Where is it? The Toronto  
Argonaut Rowing Club,  
Lakeshore Blvd. E., Toronto

What's included?  
Transportation from the  
hotel, reception, buffet  
dinner, Camping Cabaret  
Evening

Tax receipts available upon  
request. For more  
information, contact: Diane  
Blair (416) 225-9668, or  
the CCA Office, (416) 781-  
4717. Your assistance is  
appreciated.